








Teachers: 3-5FI
 Mme. Dupuis, Mme. Green, Mme. Janes,
 Mme. Lamprea, Mrs. Hayes

At Home Learning for Week of
 May 11 – May 15

Directions: Do 3 out of 4 learning activities. If you are not able to accomplish that, do what you can. ☺ If you want to do all 4, go ahead!

French Language Arts	Tell me about it! Send your teacher a video of you summarizing a show or book you read in French	Explore a French artist Suggested link: 	French Show Watch a show on Netflix, YouTube, etc in French. See <i>how to change language on Netflix with link on Week 1 & Week 2!</i>	Oral Have a conversation with a friend, sibling or other relative that can speak French (on the phone, video chat, etc!)
Math	Fact Practice Practice math facts with flash cards, dice, cards, or write questions down on paper.	Math Game Play a math game with a family member.	Online Math Game Play a math game online!	Real-World Math Find and create a list and/or drawings of 3D shapes that you can find in your house or out in nature.
SS/ Science/ Art/ Health	Art  Make Captain America's shield using only safe items you can find at home!	Science Experiment Try the Milk Colour Explosion! Suggested link: 	Time Capsule (ongoing choice for a few weeks) If you are unable to print the time capsule, look at the pages to get ideas to make your own! Time capsule sent week 1.	Healthy Choices Go for a nature hike!
English Language Arts	Quick Write – Would You Rather Would you rather fly or be invisible? Why?	Word Work Do a Word Work activity with Mrs. Hayes! 	Read Aloud  Listen to The Case of the Missing Carrot Cake read by Wanda Sykes!	Quick Write – Change My Mind Kids should go to school in the summer. Write a paragraph to change my mind!

Physical Activity: Mrs. Kidney
 See suggestions on page 2!

Social Emotional health: Ms. Taylor
 Gratitude Scavenger Hunt!
 See page 3!

Music: Mr. Peters
<https://mrpetersmusic.weebly.com/>

Read for 30 minutes each day!

Suggested Links:

- Ezra Muqoli: https://www.youtube.com/watch?v=EiAej_sSpbl&list=RDvGYFgiaJv2E&index=25
- Milk colour explosion: <https://www.stevespanglerscience.com/lab/experiments/milk-color-explosion/>
- Word Work with Mrs. Hayes: https://www.youtube.com/watch?v=0AyCEh7lb_Y&feature=youtu.be
- The Case of the Missing Carrot Cake Read Aloud: <https://www.youtube.com/watch?v=-UO-fLPG1kg>

May 11 - May 15, 2020 Physical Education 3-5

Monday

Created by: Althea Glines (althea@nbed.net)

FIT DICE v.2



ROLL 2 DICE IF YOU ROLLED	THEN YOU'LL DO THIS EXERCISE	ROLL THIS MANY DICE FOR # OF REPS
2	BUNNY HOPS	4 DICE
3	SKY JUMPS	3 DICE
4	LEG SCISSORS	4 DICE
5	BURPEES	2 DICE
6	BELL JUMPS	4 DICE
7	ELBOW PLANK (secs)	3 DICE
8	FRONT KICKS	4 DICE
9	PUNCHES	3 DICE
10	PUSH-UPS	2 DICE
11	CURL-UPS	3 DICE
12	JUMPING JACKS	3 DICE

Tuesday

Pin Ball

Need one ball per player, and pins to knock over (ex. plastic bottles). Place multiple pins in the middle of the playing area and a player line up on opposite sides of the pins. On the count of 3, both players kick their ball toward the pins at the same time. A point is scored each time a pin is knocked down. With each successful knock down, players take one step back from the pins.

Thursday

Hallway Bowling

At the end of the hallway set up paper or plastic cups, water bottles etc. that kids can knock over. Use a soft ball or rolled up socks to roll toward the cups to knock them down. Remember when you roll a ball you bend your knees, swing your arm back, step with the opposite foot and roll the ball along the floor. Students could add multiplication facts to the bottles and solve the equations on the bottles they knock down to get points.

Wednesday

Try this Fortnite Dance Workout

<https://www.youtube.com/watch?v=MnpxQr3KXNw>

Friday

Video of a Westfield family playing a game!

<https://youtu.be/-rPlnjYtJ6o>

Notes

Please send more pictures and videos!

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Gratitude Scavenger Hunt

This week's challenge is to get outside, go for a walk, explore new part of your neighbourhood, and rediscover your backyard while you are reconnecting with nature try to find the items on the gratitude scavenger hunt.

1. Take a picture that makes you happy
2. Find something to give to someone else to make them smile.
3. Find something that you love to smell.
4. Take a picture of one thing you enjoy looking at.
5. Find something that is your favourite colour.
6. Find something that you are thankful for in nature.
7. Find items you can use to make a gift for someone.
8. Find something that is useful for you.

