

## Teachers: 3-5FI

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At Home Learning for Week of

June 8 – June 12

**Directions**: Do 3 out of 4 learning activities. If you are not able to accomplish that, do what you can. 

If you want to do all 4, go ahead!

| French Language             | Word Work   | Listen to Reading                        | French Show   | Oral   |
|-----------------------------|---|--|---|--|
| Arts                        | While skipping or jumping, try to spell some of your sight words out loud. Can you say one letter with each jump? What about 2 letters?  Sight words can be found on dojo or the class website. | Listen to a French book! Suggested link: | Watch a show on Netflix,<br>YouTube, etc in French. See how<br>to change language on Netflix<br>with link on Week 1 & Week 2! | Have a conversation with a friend, sibling or other relative that can speak French (on the phone, video chat, etc!             |
| Math                        | Fact Practice   | Math Game                                | Online Math Game  | Real-World Math  |
|                             | Practice math facts with flash cards, dice, cards, or write questions down on paper.  | Play a math game with a family member.   | Play a math game online!  | Look in books, magazines,<br>newspaper or around your<br>house to find the items on the<br>math scavenger hunt!<br>See page 2! |
| SS/ Science/ Art/<br>Health | Art   | Science Experiment                       | Time Capsule<br>(ongoing choice for a few weeks)  | Summer Bingo!  |
| nediiii                     | Pick a fun summer   | Pick a fun STEM                          | (origoning choice for a few weeks)  | Try to get a line in Summer Bingo!   |
|                             | art project to try! Suggested link:   | activity to do at home! Suggested link:  | Finish up your Covid-19 Time<br>Capsule!  | See page 5!  |
| English Language<br>Arts    | art project to try!   | activity to do at home!                  |   | , ,  |

Physical Activity: Mrs. Kidney See suggestions on page 3-4!

Social Emotional health: Ms. Taylor"
"How we are feeling.."
See page 2!

Music: Mr. Peters

https://mrpetersmusic.weebly.com/

## **Suggested Links:**

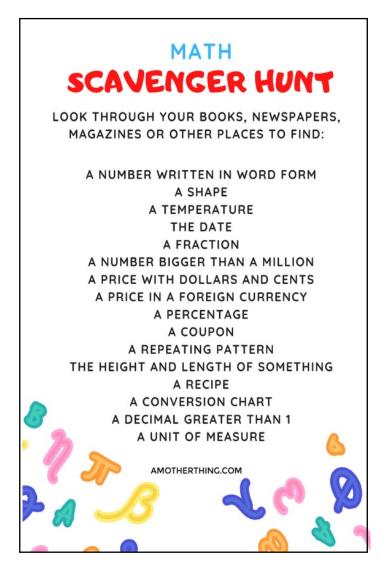
Troubillon d'emotions: <a href="https://www.youtube.com/watch?v=\_EhCrPJt8T0">https://www.youtube.com/watch?v=\_EhCrPJt8T0</a>

Summer art projects: <a href="https://www.projectswithkids.com/summer-arts-and-crafts/">https://www.projectswithkids.com/summer-arts-and-crafts/</a>

STEM activities: <a href="http://dailystem.com/wp-content/uploads/2018/04/77-STEM-activities-for-Families.pdf">http://dailystem.com/wp-content/uploads/2018/04/77-STEM-activities-for-Families.pdf</a>
Summer Bingo: <a href="https://www.kiddycharts.com/printables/day-12-summer-bingo-printable-aame/">https://www.kiddycharts.com/printables/day-12-summer-bingo-printable-aame/</a>

Chicks & Salsa: https://www.youtube.com/watch?v=jXa3m34Dww0

Summer bucket list: https://www.smartcentsmom.com/free-template-summer-bucket-list/



## **Social Emotional Health**

Happy June!! For the last week of online work, I would like you to take a moment and reflect on this experience. How did these last couple of months make you feel, was it stressful, you were happy about it, did you have some anxiety, did it make you stressful or did not affect you at all? Talk to somebody about it, write your thoughts down or take a moment and do an internal check.

The second task I would like you to complete is to take a walk around your neighbourhood and find the nicest, flattest rock you can find and bring it home with you. With this rock I would like you to decorate it and write a positive message on it, then place back into your community for others to read.



# Physical Education 3-5 June 8 -12

Thanks to Open Education for these great field day activities!

Send pictures or videos betsy.kidney@nbed.nb.ca

| Event                | Attempt<br>#1 | Attempt<br>#2 | Personal<br>Best |
|----------------------|---------------|---------------|------------------|
| Backboard Bank It    |               |               |                  |
| Bowl Ball            |               |               |                  |
| Flip Your Lid        |               |               |                  |
| If the Shoe Fits     |               |               |                  |
| Keep It Up           |               |               |                  |
| Penguin Race         |               |               |                  |
| Sock-er Skee-Ball    |               |               |                  |
| Towel Flip Challenge |               |               |                  |
| Water Bottle Trap    |               |               |                  |
| Wind Bowling         |               |               |                  |



## Monday

#### SOCK-ER SKEE-BALL

10 sock balls, 1 Laundry Basket, 1 Bucket, 1 Tupperware container

Roll up the socks to make sock-balls. Stack the targets into skee-ball formation with the Tupperware inside the bucket and the bucket inside the laundry basket.

- This event is called Sock-er Skee-ball.
   The object of this game is to score points by kicking the sock ball into the skee-ball targets.
- You'll do that by using your feet to kick the sock ball into the target.
- Score 1 point for every sock ball that lands in the laundry basket.
- Score 5 points for sock balls in the bucket.
- Score 10 points for sock balls in the Tupperware container.
- You get 10 chances to score as many points as you can.
- Write your score down on the Field Day Score Card.

## TOWEL FLIP CHALLENGE

1 large beach or bath towel Lay your towel out flat on your floor and stand on it.

- This event is the Towel Flip Challenge.
   The object of this game is to flip the towel as fast as you can without stepping off of it.
- You can take small steps from one part of the towel to another. However, you can only move it when you have both feet firmly in place on top of the towel.
- The towel must be flat at the start and flat at the finish.

You have 1 minute to complete the challenge.





## **Tuesday**

#### WIND BOWLING

1 Balloon (or Paper Plate), 10 Plastic Cups Set 10 empty plastic cups at the edge of a table in single file along the edge.

- This event is called Wind Bowling. The object of the game is to knock all the cups off a table edge using only the air from the balloon or paper-plate fan.
- You'll do that by blowing the balloon up and aiming the escaping air towards the empty plastic cups. If you don't have a balloon you can wave the paper plate like a fan with the fan's air hitting the cups.
- Score a point for every cup that gets knocked off the table.
- You have 1 minute to knock down as many cups as you can.
- Write your score down on the Field Day Score Card.

## **BOWL BALL**

6 Bowls, 1 Sock Ball, Paper & Pencil to Tally Score Set the bowls on the floor in a triangle pattern 3-4 inches apart. Put a piece of paper with the point total in the bottom of each bowl. Mark a throwing line 6-8 ft. away.

Hint: Big bowls are easier than small bowls!

- The object of the game is to see how many points you can score in 1-minute.
- You do this by tossing the sock ball into the bowls and scoring points based upon where they land.
- After each throw, retrieve the sock ball and hustle back and throw again.
- If the sock lands in a bowl, use the pencil and paper to tally the points for that bowl.
- After 1 minute, calculate your tally and write your total number of points on the Field Day Score card.





## **Wednesday**

#### WATER BOTTLE TRAP

1 Empty Water Bottle, 1 Laundry Basket, 1 Sock/Tennis Ball Lean the edge of the laundry basket on top of the empty water bottle. Designate a rolling line 8-10 ft. away (the open side of the laundry basket should be facing you).

- The objective is to see how many points you can score in 1 minute.
- Do this by rolling the sock/tennis ball at the water bottle.
- To score the ball must hit the water bottle first (the roll does not count if it misses the bottle and knocks over the basket sorry!).
- Rolls that hit the water bottle first score as follows:
  - o 1 point: basket falls and traps ball only
  - o 2 points: basket falls and traps water bottle only
  - 3 points: basket falls and traps both ball and water bottle
- Write your total number of points on the Field Day Score Card.

## PENGUIN RACE

1 Sock or Tennis Ball and 2 Plastic Cups per person, set the plastic cups 15-20 ft. from each other.

You are a Penguin – the ball is an egg.

- There are 2 different ways to play: (1) By Yourself or (2) Race A Partner.
- **By Yourself Challenge** How many points you can score in 1-minute?
- Place the egg between your knees and waddle back and forth from one cup to the other. When you reach the cup, turn it over.
- If you drop the egg, do 5 jumping jacks before you continue.
- o Score 1 point for each cup you turn over.
- Race A Partner Challenge Be the first Penguin to turn over 6 cups!
- On the start signal, waddle to the first cup and turn it over
- Now hustle back to the other cup (as much as one can hustle while waddling). Continue back and forth.
- If you drop the egg, do 5 jumping before you continue.

First to turn over 6 cups wins the race (scores 6 points).





## Thursday

#### IF THE SHOE FITS

1 Tennis Shoe, Spacious Area, Clean Feet Make sure you have plenty of unobstructed space around you.

- How many points can you score in 1 minute?
- Put your foot partially into the tennis shoe.
- On the start signal, flip the show into the air.
- Score as follows:
  - o 1 point: shoe lands on its side
  - 2 points: shoe lands right side up (sole part of the shoe on ground)
  - 3 points: shoe lands perfectly upside down (no sides touching ground)
  - O points: if the shoe hits you in the head or knocks over a lamp
- Write your total number of points on Field Day Score Card.
- o Go wash your foot.

#### **BACKBOARD BANK IT**

5 Large Sock Balls, Laundry Basket or Bucket, A Wall

Roll up the socks to make sock-balls. Place the basket or bucket against the wall. Mark a distance 5' - 10' from the basket.

- This event is called Backboard Bank
  It
- The object of this game is to score as many points as you can in 1 minute.
- Do that by tossing the sock balls off of the wall and into the basket. You MUST use the wall as your backboard and bank it into the basket.
- Score a point for every sock that is banked into the basket.

Write your score down on the Field Day Score Card.





## **Friday**

### **FLIP YOUR LID**

Kitchen Spatula, 1 Tupperware/Plastic Lid Place the lid facing up on a table or floor. Get your spatula ready for some lid flipping!

- This event is called Flip Your Lid.
- The object of this game is to flip your Tupperware lid upside down to earn points.
- Place the lid facing up on the table or floor, then slide the spatula under and flip the lid in the air. Let it land flat on the table or floor.
- Score a point for every lid that you flip upside down (0 points if it lands rightside up).
- Quickly reset the lid each time you flip
  it
- You will have 1 minute to see how many times you can flip the lid upside down.
- Write your score down on the Field Day Score Card.

#### KEEP IT UP

1–3 Balloons Per Player – Blow Them Up Clear a 10' indoor or outdoor space. Start with 1, 2 or 3 balloons

- This is Keep It Up. The object is to strike the balloons up using your hands as many times as you can in 1 minute.
- Don't let it (them) hit the floor.
- On the start signal, strike the balloon(s) upward with your hands and count how many hits you can score in 1-minute.
- If using multiple balloons, alternate striking each balloon. Don't strike the same balloon twice.
- If the balloon hits the floor, pick it back up and continue.
- On the stop signal, record your score on the Field Day Score Card.







