

SIMONDS HIGH

WEEKLY NEWSLETTER



November 3rd, 2023

From Mrs. Carhart

As a school and staff we are always open to feedback. It is important to us to have opportunities to grow and improve together. If you have a moment and have feedback to share we would love to hear from you!

- What is working well so far this year?
- What is not working as well as it could be?
- What ideas do you have for improvement?

Parent Tip

Research shows that reducing social media consumption and communication device use will help build strong social connections and support mental wellness. As a school community we will be moving forward with expectations for cell phone use during instructional periods. Parents can expect to see this policy in coming weeks. Additionally, students will be participating in assemblies to review the upcoming changes. Maximizing time on task and healthy social interactions is a priority for Simonds High School. This policy will help us better support our youth on their educational journey.

Mrs. Carhart



Important Dates

- November 3rd- No school students, professional learning day for staff
- November 4th Holiday craft market in the cafeteria
- November 7th HMCS Brunswicker Day
- November 8th Remembrance Day Assembly/Ceremony
- November 9th Jersey Day
- November 10th Last Day of Q1
- November 13th No School- Remembrance Day
- November 15th Grade 9 Immunization Day
- November 17th Girls Tip Off Basketball weekend
- November 20th Report cards go out
- November 24th Boys Tip Off Basketball weekend



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November 3rd, 2023 cont...

Sports Corner

Important Dates



November 3rd Varsity Girls Basketball practice 3:45pm

November 4th – Boys Football Playoff Game vs. HVHS at SHS 2:30ppm

Nov 6th 3:45–5:30pm Junior Varsity Boys Basketball Practice

Nov 6th 3:45–5:30pm Swim Practice

Nov 6th 5:30–7pm Varsity Boys Basketball Practice

Nov 7th 3:45–5:15pm Varsity Girls Basketball Practice

Nov 7th 4:30–6pm Boys Hockey Practice

Nov 7th 5:30–7pm Junior Varsity Boys Basketball Practice

Nov 7th 7–9pm Varsity Boys Basketball Practice

Nov 8th 3:45–6pm Swim Practice

Nov 8th 3:45–5:30pm Junior Varsity Boys Basketball Practice

Nov 8th 5:30–7pm Varsity Boys Basketball Practice

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November 3rd, 2023 cont...

Sports Corner

Important Dates



Nov 9th 3:45–6pm Swim Practice

Nov 9th 3:45–5:15pm Varsity Girls Basketball Practice

Nov 9th 5:30–7pm Varsity Boys Basketball Practice

Nov 9th 7–9pm Junior Varsity Boys Basketball Practice

Nov 10th 3:45–5:15pm Varsity Girls Basketball Practice

Nov 10th Cheerleading Overnighter

Nov 10th – Nov 11th Varsity Boys Basketball Tournament in SugarLoaf

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Guidance Corner

On November 14th, our school will be participating in the annual provincial Student Wellness and Education Survey. This survey is a collaborative initiative of the Department of Education and Early Childhood Development, Department of Health, and the New Brunswick Health Council (NBHC). At the high school level, we are asked to advise parents that there will be questions about drugs, alcohol, and cannabis included in the survey.

Hire Potential supports students with intellectual or developmental disabilities. They can help with preparing for employment, developing skills, and planning for post-secondary. They can also develop resumes, cover letters, and help students find the right job. They work one-on-one with clients to develop an Employment Action Plan and support them to meet their goals. The time after high school can feel uncertain, and it is always helpful to have someone there to guide you.

For more information as well as a referral form, visit www.sjacl.com or send an email to info@sjacl.ca. Hire Potential will have an information booth at Parent Teacher, Wednesday November 23rd, 4:30pm – 7:30pm.

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Guidance Corner

Options Outreach will be having an information booth at our Parent Teacher session November 23rd 4:30–7:30pm.

Options is a non-profit that offers employment counselling for those with disabilities looking for work and/or assistance when heading into post-secondary education. Options is able to start seeing grade 12 students on track to graduate in their grade 12 year now, which is very positive as it allows more time to prepare students for post-secondary. More details can be found here:

https://www.optionsoutreach.com/_files/ugd/ba2e9b_140ae56f071b4a42b631c97966f5bc7a.pdf?index=true

Options – info@optionsoutreach.com / 506-652-3977

