

# SIMONDS HIGH

## WEEKLY NEWSLETTER



October 21st, 2022

### From Mrs. Carhart

As a school community we have come together in consultation with PSSC, Staff, and Principal Advisory to co-create a plan to begin to address the challenges we experience at times in our washrooms. Student engagement, learning and safety are paramount to us. In order to best facilitate a positive learning environment for everyone we are rolling out a support plan that will begin on Monday. Starting Monday we have created a supervision plan that allows for continuous monitoring of hallways and washrooms. The first step in correcting unwanted behaviors and loitering will be phone calls home. We thank you in advance for supporting us in this endeavor and as always if you have any questions or concerns please don't hesitate to reach out anytime.

### Guidance Corner

November 8-9th are Post Secondary Days at HMCS Brunswicker. All grade 11 & 12 students will be bussed to the event and have the opportunity to meet with representatives from universities and colleges from around the Maritimes. Families can also attend this event on November 8th from 5-7pm

November 15th: UNB On-Site Admissions at SHS. Apply to UNB in-person at school and have the application fee waived!

### Graduating this year?

Graduation forms and information have been handed out to all grade 12's. This document is also online through our web site. The information requested is important for ordering graduation gowns, and planning for the yearbook.



### Important Dates

- October 24th Chartwells Cafeteria services start
- October 25th SHS Preschool starts
- October 25th SMU Booth at lunch today
- October 25th Grade 12 group photo
- October 26th Second Wellness Wednesday event
- October 27th Navy Reserves display at lunch
- October 27th School Dance 7:30-9:30pm
- October 28th Graduation forms due
- October 28th last day school clothing order
- October 29th 6-10pm Loch Lomond Mitsubishi Haunted House- Supported by the SRC and Hockey Team
- October 31st Orange and Black or Costumes
- November 2nd Grade 9's Take Our Kids to Work Day. Permission forms were sent home please return asap.
- November 3rd SRC Conference Fredericton
- November 4th Bus Safety
- November 5th Alumni Craft Sale at SHS



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### **Turning Inside Outside: Addressing Anxiety and Related Disorders in Children and Teens**

**A Free Presentation from Dr. Chorney**

**November 3rd 6-7pm @SHS Theatre**

Dr. Daniel Chorney is a clinical child psychologist who focuses on helping people overcome anxiety disorders, OCD, and insomnia.

This presentation is intended primarily for parents or school-based professionals looking to learn more about how anxiety, depression, substance use, and sleep issues co-exist in children and teens. An overview of each issue will be provided along with a short description of treatment approaches available for each disorder. The presentation ends with a discussion about self-help resources available (books, websites, and apps) that parents or professionals can use at home or school to help with anxiety.



### **Can you help us?**

**We are fundraising for a new projection system for our theatre.**

**We are selling ADL cheese and all monies raised will go towards the \$9000 expense.**

**Together we are hoping to raise half of the necessary funds through this fundraiser.**

**Thank you in advance for helping us make it successful.**



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October 21st, 2022 cont...

## Sports News/Information

### Important Dates



- **October 22nd**
  - Boys Soccer game 11am @SMHS
  - Football game 1pm @SRHS
  - Varsity Boys Basketball tryouts 7pm
- **October 23rd**
  - Varsity Boys Basketball tryouts 7pm
- **October 24th**
  - Varsity Boys Basketball practice 3:30pm
  - Swim Team practice 3:45pm
  - Cheer practice 5pm
  - Girls Basketball Open Gym 7:30pm
- **October 25th**
  - Varsity Boys Basketball Practice 3:30pm
  - Swim Team practice 3:45pm
  - Field Hockey practice 4pm
  - Football practice 4pm
  - JV Boys Basketball Tryouts 5:30pm
  - Varsity Girls Basketball Tryouts 7:30pm
- **October 26th**
  - Varsity Boys Basketball practice 3:30pm
  - Football practice 4pm
  - Cheer practice 5pm
  - JV Boys Basketball tryouts 5:30pm
- **October 27th**
  - Varsity Boys Basketball practice 3:30pm
  - Swim Team practice 3:45pm
  - Field Hockey practice 4pm
  - Football practice 4pm
- **October 28th**
  - JV Boys Basketball tryouts 4pm
  - Varsity Girls Basketball tryouts 6pm
- **October 29th**
  - Football game at SHS 1pm
- **October 30th**
  - Volleyball Open gym 6pm
  - Varsity Boys Basketball practice 7:30pm

**Thank you!**

**All the parents, spectators and supporters! The support means so much to the students and they appreciate the fans.**

