

BLOOD DONOR CLINIC AT SIMONDS



Simonds hosted a blood donor clinic this past Friday, that ended with around 30 units of blood donated. Many students and teachers were there showing their support for the cause through donation or volunteering. After talking to an LPN at the clinic she said there was a positive reception and a good turnout for the clinic! She also had great things to say about Simonds as a school. Everyone she met was great and she felt appreciated. About a dozen workers from blood services ran the clinic on Friday.

To put into perspective how far the blood Simonds donated will go, here are some average statistics:

Approximately every minute a Canadian needs blood.

Two units of blood are needed for a hip replacement surgery.

People who are aplastic anemia need four units of blood a month.

A cardiovascular surgery requires five units of blood.

Patients with leukemia need eight units of blood a week.

Everyone who donated on Friday can donate again at the end of May, as long as you continue to meet the requirements. If you were unable to donate on Friday but want to, don't hesitate to go to the clinic on University Avenue across from the Regional Hospital, or call 1-888-2-DONATE to see where they will be holding other clinics. You must be 17 and older to donate.

Anna Carroll

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In this issue:

Simonds High Blood Drive	1
NHL News	2
Sound Check and Entertainment	3
Book and Movie Review	4

NHL NEWS



THE PENS RACE TO THE FINISH

While just last month all of the hype in the NHL was surrounding the Chicago Blackhawks and their record-breaking start to the season, the buzz has slightly shifted away from them and over to the 2009 Stanley Cup Champions, the Pittsburgh Penguins. The Blackhawks, although continuing to win games, have descended back down to the level of most NHL teams and are first in the Western Conference by a respectable five points.

The Penguins, on the other hand, have overtaken the Montreal Canadiens for the lead in the Eastern Conference, and they are still excelling despite their multiple injuries to important players, including superstar forward Evgeni Malkin. They have won their last ten consecutive games, the longest current streak of all thirty teams and are expected to go far in this shortened season's playoffs – although it is much too early to tell.

Their players are also dominating the “League Leaders” with at least two players in the four skater categories: in points, Crosby is in first (50) and Chris Kunitz is tied for second (40); in goals, Kunitz is tied for second (18) and James Neal is tied for fourth (17); in assists, Crosby is in first (37), Kris Letang is in third (25), and Kunitz is tied for fourth (22); and in plus/minus, Kunitz is in first (24) and Crosby is in second (22).

Whether the Penguins will be able to make another great run for the playoffs is unknown; however, at this point in the season, it would be a safe bet to put your money on them.

Tiffany Lowe

STATS

Eastern Conference:

* Pittsburgh	48 pts
* Montreal	45 pts
* Winnipeg	34 pts
Boston	43 pts
Ottawa	38 pts
Toronto	35 pts
New Jersey	34 pts
Carolina	32 pts

Western Conference:

* Chicago	51 pts
* Anaheim	48 pts
* Minnesota	36 pts
Los Angeles	36 pts
Vancouver	36 pts
Detroit	35 pts
St. Louis	34 pts
San Jose	32 pts

*: Division leaders are seeded 1, 2, and 3 in Conference Standings

ENTERTAINMENT



RIDDLES & JOKES

1. Why does a dragon sleep all day?
2. What loses its head in the morning and gets it back at night?
3. If you were running in a race, and you passed the person in 2nd place, what place would you be in now?
4. What has feet but no legs?
5. If I drink, I die. If I eat, I'm fine. What am I?

Answers: 1. So it can hunt knights! 2. A pillow 3. 2nd 4. A metre stick 5. A fire

SOUND CHECK!

Hey folks, welcome back to sound check! A couple of good albums were released this month including David Bowie's *The Next Day*; however, we're going to take a closer look at the new Bon Jovi album.

Bon Jovi is back with their twelfth studio album and first album since 2009. There are quite a few good tunes on this album, however if the only Bon Jovi songs you've ever heard are the classics (for example "Wanted Dead or Alive" or "Livin' On a Prayer") then listen carefully. A lot of the songs on this album are mellow and soothing, although there are some upbeat ones among them such as the popular track "Because We Can". If you're a Bon Jovi fan (whether you like them a little or a lot), or if you're just looking for something new to try, I'd give this one a listen.

Songs to go search on Youtube: "Because We Can", "What About Now", and "What's Left of Me".

What About Now— Bon Jovi



Upcoming

The Strokes, Lil Wayne and OneRepublic are all releasing albums at the end of the month. For all you Strokes fans out there who just can't wait for the album, it is being streamed on pitchfork! Just head over to the news section of the bands official site for a link!

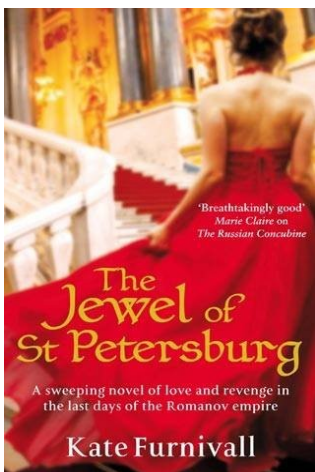
That's all for this session, until next time happy listening!

Shantel McCracken



COMING SOON TO A
THEATRE NEAR YOU
IN APRIL:

Evil Dead
Blackbird
Jurassic Park 3D
Sadda Haq
Scary Movie 5
The Heat
The Sapphires
Trance
Hell and Mr. Fudge
42
Daddy Cool Munde Fool
Ginger and Rosa
Revolution
The Place Beyond the Pines
Home Run
Oblivion
The Disappeared
To the Wonder
The Big Wedding
Pain and Gain



SAFE HAVEN MOVIE REVIEW

(Based on the book by Nicholas Sparks)

Safe Haven is a captivating and moving film about a woman trying to escape the nightmares of her previous life. Unfortunately, this old life seems to haunt her no matter how far she runs. Katie's emotionally scarred past leads her to a heightened fear of men and their capabilities. When she arrives in South Port, a small town, she plans to keep to herself, but slowly she begins to make real friends and the town begins to grow on her. As South Port just starts to feel like home a series of dramatic events lead the audience to believe otherwise. Josh Duhamel and Julianne Hough

have you believing completely in their intimate love affair, and Alex's (Josh's character) children, Josh and Lexie will warm your heart. You cannot escape the true emotion expressed on screen for the entire 115 minutes. Although the movie and the book do differ in detail, it is evident that the beautiful scenery and excellent actors have captured Spark's imagination. I promise you that this film is worth your time, especially if you happen to be a romantic, and like good-looking people.

Hannah Williston

BOOK REVIEW

THE JEWEL OF ST. PETERSBURG

The Jewel of St. Petersburg by Kate Furnivall is a phenomenal work of historical fiction. It has everything you could ask for from a good novel. It has revolution against a corrupt government, violence against the wrong families, and a forbidden love with a Danish engineer.

She writes with elegance and simple beauty. The story flows at an easy readable pace. The story is intricate and all of the characters are magnificently intertwined.

The main character was a strong and stubborn heroine, who ignited the pages of Kate's novel. She follows her heart and becomes a nurse even though no one would accept and her father said it was beneath her. She is a independent woman in a time were women were seen and not heard. She follows her heart and in that finds and keeps the sweet and gentle man of her dreams.

The novel is written with just enough Russian vocabulary to make it authentic, yet not overwhelming. I believe *The Jewel of St. Petersburg* is a classic in the making.

Sarah Cooper

BOOK RELEASES FOR APRIL

Light by Michael Grant (Gone Series #6) on **April 2nd, 2013**
(Young Adult – Dystopia)

The Elite by Kiera Cass (The Selection Series #2) on **April 23rd**
(Young Adult – Dystopia)

Unbreakable by Elizabeth Norris (Unraveling #2) on **April 23rd**
(Young Adult – SciFi Paranormal)

Perdita by Hilary Scharper in **April 2013**
(Adult Fiction)