

Week of May 25th

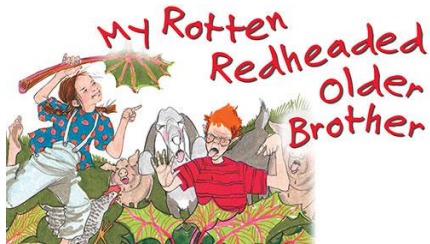
Guidance

This week we will read a book about sibling rivalry. That's a fancy way of saying being in competition with your brothers or sisters because they might be better at something than you are.

Watch the story: **My Rotten Redheaded Older Brother** by Patricia Polacco

Click on the following link, then click on the letter M at the top of the page. You will see this book.

<https://www.storylineonline.net/library/>



Remember: Everyone is good at something! Your talents will be different than your siblings, cousins or friends. Take some time to think of things that you are good at. If you are having some trouble getting started, ask mom or dad to help you.

Activity:

Find a piece of paper and make an "I CAN" list.

How many things can you write on your list?

If you have a brother or sister, fill their bucket, and help them make their own list!

Parents - Check out the parent attachment for another stress management technique that you can use with your child.