

"Nobody's Perfect", **is a parenting program for parents with children ages birth - 5 years.**

**-----------------------------------------------**

**Meet other parents of young children; share questions, concerns and ideas about being a parent; learn about child development, safety, health, & behaviour; discuss real-life parenting situations & discover positive ways of parenting. Build on parenting skills you have & focus on your strengths to raise happy, healthy children! :)**

 **-----------------------------------------------**

***WHERE:*  The Family Resource Centre**

 **211 Wentworth Street**

***WHAT:* 6 - Week Parenting Program (Nobody's Perfect)**

**WHEN: Monday Evenings from 6pm-8pm**

 **Feb. 23rd, March 2nd, 9th, 16th, 23rd, 30th**

**-----------------------------------------------**

**Childcare & Transportation support is available.**

***Interested?***

***Limited spaces / Registration Required***

**Contact: Karen at The Family Resource Centre 633-2182**