

# New Brunswick Student Wellness Survey



## Did you know that in 2016-2017...

- 70%** of students in grades 4 and 5 **felt safe** in their school
- 23%** of students in grades 4 and 5 were very **physically active** for at least 60 minutes per day
- 53%** of students in grades 4 and 5 **ate fruits and vegetables** 5x or more per day
- 70%** of students in grades 4 and 5 ate **breakfast every day**
- 57%** of students in grades 4 and 5 had more than 2 hours per day of **screen time** on a regular basis

## About the Student Wellness Survey

The New Brunswick Student Wellness Survey is conducted in all public schools across the province. Its goal is to evaluate the physical, social, and emotional wellness of students, either directly from their perspective or from that of their parents. Over 24,000 parents of students in grades K to 5 responded to the Survey during the 2016-2017 school year. The Survey asks questions about students' health behaviours, special education needs, and their physical health and environment.

This Survey allows the NBHC to inform citizens, schools, districts, and decision-makers about the wellness of students in our province.

## Parents: Please Complete the N.B. Student Wellness Survey!

By completing this Survey, you are helping teachers, schools, districts, and provincial decision-makers better understand the needs and strengths of students in your school and community.

Complete the Survey at:  
[cci-survey.ca/sws-k5](http://cci-survey.ca/sws-k5)

**School Name:**

Loch Lomond School

**Survey Code:**

68TKV2L

