# Harbour View High School Extra-Curricular Participation <br> Award Application Form 

Name: $\qquad$ Homeroom: $\qquad$
HVHS believes it is important that you be recognized for your involvement in extra-curricular activities. You participation is valued and in order to reward you, we need you to record what you do each year. To keep track please use this form and follow the instructions. Point values for each activity reflect time commitment. Students will be awarded the V's, Winged V's or Medals of Distinction that they have earned at the annual HVHS Awards Ceremony.

There are dedicated columns for each year (grade 9, 10, 11, and 12). To record your involvement, enter the name of the activity under the correct section of points and put a check mark in the box under the year you participated. The values of each sport/club you participated in are on a separate page, attached. We both encourage and reward repeat participation as it demonstrates commitment.

The committee will have the discretion of making positive adjustments to a student's overall tally when a student has shown significant contributions in one area while shortfall exists in another inhibiting the achievement of a V or Winged V ; this adjustment will be shown in the "Bonus" column.

## mAROOn "V" AOTIVITIES

| Sport | Yearly Involvement Columns |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 40 Points | Gr.9 |  | Gr. 11 | Gr. 12 | BONUS |  |
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| 20 Points | Gr. 9 | Gr. 10 | Gr. 11 | Gr. 12 | BONUS |
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| 10 Points | Gr.9 | Gr.10 | Gr.11 | Gr.12 | BONUS |
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| Total your points <br> for each grade column |  |  |  |  |  |


| Total points earned in grade 9 |  |
| :--- | :--- |
| Total points earned in grade $9+10$ |  |
| Total points earned in grade $9+10+11$ |  |
| Total points earned in grade $9+10+11+12$ |  |


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Date: $\qquad$

Medal of Distinction
Date: $\qquad$

## WHITE "Y" OLUB OR ACTIVITY

CLUB OR ACTIVITY

| Yearly Involvement Columns |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- |
|  | Gr. 9 Points | Gr. 10 | Gr. 11 | Gr. 12 | BONUS |
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| $V$ |
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| Date:_____ |


| 20 Points | Gr. $9 \quad$ Gr. 10 | Gr. 11 | Gr. 12 | BONUS |  |
| :--- | :--- | :--- | :--- | :--- | :--- |
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## Winged V

Date: $\qquad$

Medal of Distinction

| 10 Points | Gr.9 | Gr.10 | Gr.11 | Gr.12 | BONUS |
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| Total your points <br> for each grade column |  |  |  |  |  |

Date:
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| Total points earned in grade 9 |  |
| :--- | :--- |
| Total points earned in grade $9+10$ |  |
| Total points earned in grade $9+10+11$ |  |
| Total points earned in grade $9+10+11+12$ |  |

The MAROON/WHITE V will be awarded when a student's point total is > or = to 180.
The MAROON/WHITE WINGED V will be awarded when a student's point total is > or = to 290.
The MEDAL OF DISTINCTION will be awarded when a student's point total is >or $=300$ in either White (activities/clubs) or Maroon (sports) and 200 points in the alternate color.

## Points

| Sport | Points |
| :--- | ---: |
| Badminton | 10 |
| Baseball | 10 |
| Basketball | 40 |
| Cheerleading | 40 |
| Cross Country | 10 |
| Curling | 10 |
| Field Hockey | 20 |
| Football | 20 |
| Golf | 10 |
| Hockey | 40 |
| Rowing | 20 |
| Rugby | 20 |
| Scorekeeper (Volunteer) | 10 |
| Soccer | 10 |
| Softball | 10 |
| Swimming | 20 |
| Track and Field | 10 |
| Volleyball | 20 |
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| Club/Activity | Points |
| :--- | ---: |
| Band | 20 |
| Best Buddies | 10 |
| Book Club x3 | 10 |
| Breakfast Club x5 | 10 |
| Chess | 10 |
| Choir | 20 |
| Christmas Float | 10 |
| Computer Club | 10 |
| Drama Festival | 10 |
| Envirothon | 20 |
| Free Thought | 10 |
| Garden Club | 10 |
| Gay Straight Alliance | 10 |
| Grad Class | 40 |
| Harbour Views Editor | 40 |
| Harbour Views Writer | 20 |
| Haunted House | 10 |
| Key Leaders | 20 |
| Leadership Camp | 10 |
| Me to We | 20 |
| Mountain Bike Club | 10 |
| Musical | 10 |
| Musical Stage Crew | 40 |
| Musical Stage Manager | 10 |
| Open House | 10 |
| Oratory Club | 40 |
| Orientation | 10 |
| Poetry Club | 10 |
| Relay for Life Team | 10 |
| Renaissance | 10 |
| Scenes Actor | 10 |
| Scenes Director | 10 |
| Sound and Lights | 10 |
| Student Athletic Director |  |
| (Junior) | 10 |
| Student Athletic Director |  |
| (Senior) | 20 |
| Student Council | 20 |
| Yearbook Editor | 40 |
| Yearbook Staff | 40 |
| Bike Club |  |
| Ski Club | Reading Club |
| Wellness Club |  |
| Debate Team |  |
|  | 10 |
|  |  |

If you score keep more than once (volunteer), for more than one sport, you can receive 10 points for each sport you have score kept.

