



# HARBOUR VIEWS

Issue 9

June 2012

*"Don't be dismayed at goodbyes. A farewell is necessary before you can meet again. And meeting again, after moments or a lifetime, is certain for those who are friends."* - Richard Bach



**Congratulations to the graduating class of 2012!**

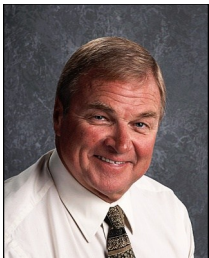


Your time is limited, so don't waste it living someone else's life. Don't let the noise of others' opinions drown out your own inner voice. And most important, have the courage to follow your heart and intuition. They somehow already know what you truly want to become. Everything else is secondary.

**—Steve Jobs**

**For graduation-related information, turn to page 2.**

To the teachers of HVHS:



I want to thank all of you this year for your dedication to, and your guidance of, our students and their successes. It has been a challenging year from the day to day grind of academics to the many hours of dedicating your time and knowledge in the extracurricular activities.

As the year closes it is very evident that your efforts have paid off in a big way. Just look at the grad lists with the increased number of honours and high honours students, or the wall of honour and high honours students in the main hallway to see how successful our students have become. Also think about the successes our extracurricular activities have had over the year: everything from the sports, to SCENES, musical, band and choir, to all the different clubs that we have which enrich the lives of our students.

It is because of you that we can celebrate these achievements.

Thank you,  
David Morgan

## Important graduation information

**Graduation Ceremony:** Friday, June 22<sup>nd</sup>, 2012, 7:00 p.m. The doors will open at 6:30 p.m.

If there are family members who have mobility issues, please let us know well in advance (Office: 658-5359).

**Other Related Events:** Prom: Thursday, June 21<sup>st</sup> – Trade & Convention Center

Grand March: 7:00 – 8:00 p.m. Dance: 8:00 – 11:00 p.m. Cost \$30.00

Safe Grad: Following graduation ceremonies, Friday, June 22<sup>nd</sup> – TBD

**Rehearsal:** Wednesday June 20<sup>th</sup>, 10:00 a.m. in the auditorium. Any graduate who plans to be on stage for the ceremony must be at rehearsal. Expected duration is two hours, so please be on time. **Mr. Morgan will be distributing tickets at the rehearsal only.** All accounts must be in good standing – athletic, student fees, books, etc. Each graduate will receive three tickets: extra tickets will be distributed as fairly as possible. Your guests must have a ticket to gain entrance to the ceremony as seating is limited and restricted by fire regulation.

**Dress for the Ceremony:** Remember two things:

1. It is a special night. Dress appropriately.
2. It will be hot under the gowns and the lights; avoid sweaters.

**Men:** No jackets required, but wear a light dress shirt and tie, dark pants (not jeans), shoes (not sneakers) and dark socks (not white). Try to avoid running shoes.

**Women:** Keep it simple and elegant. Avoid fussy jewelry and hair adornments. Dress sandals are fine, but avoid flip-flops.

Avoid any scented products, perfumes and after shaves (like Axe.) Remember that after you return your gowns, you will be guests at a reception *in your honour* hosted by the *alumni*, so dress accordingly.

**Cap & Gown:** Fee: \$30.00. This should have been paid by now. See Mr. Smith - room 221.

**Collection:** Gowns may be picked up from the main cafeteria on the night of the ceremony from 5:30 p.m. onwards. You must be dressed in your gown and be in your assigned room by **6:30 p.m.** ready for the processional. The cap and tassel are keepers, but the gown must be returned to the cafeteria following the ceremony and picture-taking.

**Processional:** Stay downstairs, take advantage of the bathroom facilities and be in the correct room by 6:30 p.m. Rooms used are 108, 119, 120, 121 and the cafeteria. Your name will be posted on the door.

**Recessional:** The audience will have been instructed to remain standing until you and other platform guests have exited the auditorium. Do not stop; continue out the front doors and re-enter the school by the greenhouse doors. If you stop there will be a bottle neck in the main hall. Your family will be moving towards a reception in the gymnasium.



**The Actual Ceremony:**

**Manners please.** You are on display and you are being videotaped. Your good manners will enhance the evening for all. No gum-chewing. Absolutely no electronic devices (cell phones, i-pods, etc). Listen politely to all the speakers. Those in the front row be mindful of your legs; do not sprawl. Sit up straight with your feet together. It is rude

to talk. Be happy for your friends and classmates who are winning awards and give them your attention and applause. Stand at attention while singing *O Canada* and *God Save the Queen*. Keep your arms straight at your sides and look out at the audience.

**Diplomas:** If, by mistake, you receive the wrong diploma or award, graciously accept it and we will sort out the error after the ceremony. If you do not go to graduation, the main office will be open June 25<sup>th</sup> or 26<sup>th</sup> and then again in mid-August for you to pick up your diploma.

**Don't forget to bring your safe-grad change of clothes and a camera.**



## And now the end is near...senior chronicles...

By Celia Groody

So this is it. This is the final month that the grad class will walk these halls before heading off into separate directions. High school has been a big part of my life but I'm ready to leave this behind and start something new. I never realized that time would creep up on me so fast. This is the final stage before I go off into the world as an adult and make what I want of my life. That realization may have been terrifying at one point but now I know that I am finally ready to explore what it has to offer. I can't wait to start living this new life and shaping my future.

Now that I am finished with university and scholarship application forms, I can breathe a little easier and focus on the time I have left at Harbour View. I can hardly wait to move to Truro to attend the Nova Scotia Agricultural College and take the Pre-Vet program. Becoming a veterinarian has been my dream since I was a little girl and I am extremely happy that I am getting closer and closer to my goal. Being at NSAC will expose me to many opportunities for experience by working with various animals. I know that the journey will entail a lot of hard work but I am willing to do so. If you want something badly enough you have to persevere



Another thing I looked into when researching universities was extra-curricular activities. Since I am not a huge sports person, I wanted to know what else each establishment had to offer. When going on the NSAC website I was delighted to learn that they have an equestrian team. Throughout the year the NSAC equestrian team competes in shows against other universities such as Saint Mary's and St. Francis Xavier. I have been horseback riding since I was eleven years old and I have loved it ever since. I cannot imagine not being able to ride for a whole school year but thankfully I will be able to continue in Truro.

So I guess this is my final article for the Harbour Views newspaper. I am happy that I was able to contribute this year and hope that the paper does well in the future. Despite my excitement to start a new life next year, I will still miss the people I met at Harbour View and my life here in Saint John. Just like everything in life though, you can't stay the same way forever. Sooner or later everything changes and you have to be ready to embrace it when it does. My high school years were not the easiest in my life but they also hold many wonderful experiences that I will remember forever.

## A fond farewell to grad class president Jaclynn Beckett

By Cameron Secord

As many of you know, Jaclynn Beckett won the Currie Undergraduate Scholarship from the University of New Brunswick this year. This scholarship is worth \$50,000 and is awarded to a student who shows exceptional leadership skills. Over 200 students applied for this scholarship but only ten are selected for an interview. These ten students experience a great weekend in Fredericton where they get to eat at a banquet and socialize with great people. Just four out of those ten students won the award.

Of the many reasons Jackie was selected as one of this year's scholarship recipients, one of the most compelling is her involvement in extra-curricular activities here at Harbour View.

Jackie is this year's grad class president.

"It's been fun to lead fellow graduates. I am so blessed to have had the opportunity. It's been a fun time getting people involved and I'm glad to have friends that are on the committee as well," Jackie said.

Jackie has also been involved in Basketball (co-captain), Invisible Children, softball (won provincials) and musical.



Jackie touched the hearts of so many people, including me, during the production of *Phantom of the Opera*. I have to say a very important thing to the students and teachers who went to see *Phantom*.

It would not have been the same without Jaclynn Beckett. There was much work to be done backstage that Jackie helped with, and so many props were created by the hands of Jackie that without her our musical wouldn't have been so amazing.

Jackie has also participated in Encounters in Canada. Only five out of 216 applicants were chosen to go to Ottawa and learn leadership skills and interact with amazing people from all over Canada. During that time Jackie chose to learn about medicine and health.

Jackie is such a generous and compassionate young woman. We are all so lucky to have had someone like Jackie here at Harbour View. I'm personally so blessed to have known Jackie and to have spent so much time with her during our musical. The first thing I'll notice next year is the absence of Jackie. I'll miss her smile which puts us all in a good mood or her kind words which makes us all feel happy. We all love you Jackie and we all wish the best for you next year. Good luck next year!

## Meet your grad class executive for 2012-13



L-R: Spirit Rep: Jenna Dobbelsteyn, President: Sarah Alston, Vice-President: Rebkah Young, Secretary: Claire Logan and being carried, Treasurer: David Copp

## We asked 2012 grads: What will you miss most about Harbour View?



**Connor Duffley**

I'll miss the atmosphere the most. From the first moment I walked into HVHS as a grade nine student to the moment I walk out as a graduate, I've felt at home. This high school has become my second home. It's because of the amazing teachers and the awesome coaches who all volunteer their time and put their hearts into making this school a great place. I'll miss it and I'll never forget my time here.



**April DeLong**

I'm going to miss the memories I've made here and the people I've met.



**Robert Carpenter**

I'm going to miss the teachers and the amazing classroom environment.



**Nicole Cunningham**

The awesome band program! Ms. Sanderson has taught me so much and it was so much fun. I'll really miss it and I am definitely going to join another band next year.



**Darhyl Balemans**

I'm going to miss my lunches in Mr. Pottle's room. It's the place I always go. I'll definitely miss my awesome Writing and Art classes.



### A message from Ms. McDonald:

Where has the year gone? I can hardly believe that it's over and I will be saying goodbye to students I have known since they were in grade 9. What a privilege it has been to teach you and work with you side by side.

I have to take this opportunity to publicly thank a few people - kind of my own personal awards!

Thanks to Josh Bradley, who has worked for (and micro-planned!) this newspaper for all four years of his HVHS career.

Thanks to Tiffany Rodden, who has been at the helm of your yearbook for the past two years. If you see her in the hall—say thank you. She has worked tirelessly on that book.

Ms. Doucette, who has taken zillions of pictures for both the paper and the yearbook. Thank you!

Ms. Vickers, who was once the editor of her high school yearbook and now lends her expertise to ours by coordinating grad write-ups and proofreading.

HVHS teachers in general—for their patience and good humour when dealing with my cries of HELP!

As Josh and Tiffany are both graduating this year—I'll be on the hunt for committed and hard-working students to run both Harbour Views and the yearbook. Please see me if you are interested.

To the grads of 2012: thank you for sharing your lives with us.  
Mrs. McDonald

#### Harbour Views Staff

**Editor:** Josh Bradley

**Staff Writers:** YOUR NAME HERE

**Contributors:** Stephan Chevarie, Katherine Douglas-Belyea, Celia Groody, Cheyenne LeBlanc, Jacob Lawrence, Anna Matheson, Tiffany Rodden, Cameron Secord, Stacie Smith, Nicole Tulk, Joe Tunney

**Advisor:** Mrs. McDonald

**Proof Reader:** Ms. Vickers

**Next issue:** September 2012

Interested in working on Harbour Views in the fall? See Mrs. McDonald or listen for announcements about meetings.

Interested in advertising in Harbour Views?

Contact Mrs. McDonald at **658-5359**

### A message from your alumni association

Submitted by Louise Crane

Liaison  
SJVS/HVHS Alumni

Once again graduation time has rolled around for this fine school, first known as Vocational and now as Harbour View. This fine institution of learning has had many young people just like you pass through its doors to take their place in the world, both near and far.

On behalf of the SJVS/HVHS Alumni it gives me great pleasure to wish you, the class of 2012 a most sincere Congratulations on a job well done and all the best to each of you in your future endeavours, whether you are off to college or university in the fall or to a job or job hunting. May you cherish many great memories from your school years just as we have. The door to your future is now open, embrace it and strive to make your mark in the world just as you did during your school years. Hard work, perseverance and reliability will always stand you in good stead; never regret giving your best, reach for your dreams and work to achieve them. We believe in you!

Do not feel that with graduation day past you will never enter the doors again, because you now have a wonderful opportunity to help by giving back, through the Alumni. We invite you to bring along your friends and join us in the HV cafeteria at 7:00pm the third Tuesday of each month during the school year. Our objective is to preserve the heritage of this grand old school for those who will follow in your footsteps by awarding scholarships, assisting individual students or groups within the school, assisting with reunions and just having a fun time together.

We have been delighted over the past couple of years to have several recent HVH alumni join us and look forward to meeting many more. You are the future of your alumni, so from all of us to all of you, a hearty welcome is extended to come join us. May we reserve a seat for you?

We look forward to providing and hosting your graduation reception, as well as presenting \$2000.00 scholarships to two deserving graduates.

#### Be a part of the trip of a lifetime!



Join your classmates in London,  
Paris and the Alps on the  
March Break 2013.

See Mrs. Pitman in Room 209 for more information.

# Are you coming to HVHS in the fall? We can't wait to meet you

In the fall, you can expect a lot of crazy things to happen at HVHS. The Co-Presidents next year, Ashley Ackroyd and Kylie Fox are two of the most creative and unique people you will ever meet. Along with the help of the rest of the SRC, they'll be planning some madness for you (in the best way possible.)

Last year was filled with barbecues, ice cream, dress-up days, challenges and games, Relay for Life and even a day where students got to tape me and my co-president, Cody Cooper, to the wall. I can only imagine that your first year at HVHS will be filled with the same kind of fun.

High school may seem frightening at first, but take it from me—it's really not. Get involved, make new friends and with a positive attitude you can make your first year at HVHS fantastic and wonderful.

Best of luck,

Joe Tunney

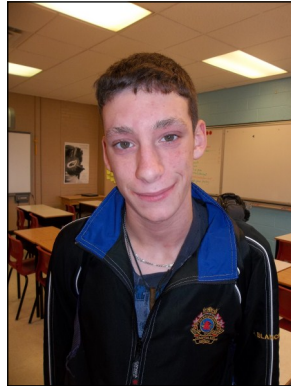
SRC Co-President

## Some grade nine students share their thoughts about HVHS & their advice for you



**Hannah Raynes**

This has been the best school year I've ever had.



**Andrew Blanchard**

There's something for everyone here. I played baseball and it was great.



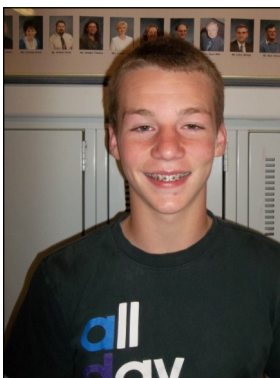
**Kayla Nice**

You'll feel really welcome here. You should get involved in extra-curricular activities.



**Brooklyn Galbraith**

You'll make a lot of new friends here.



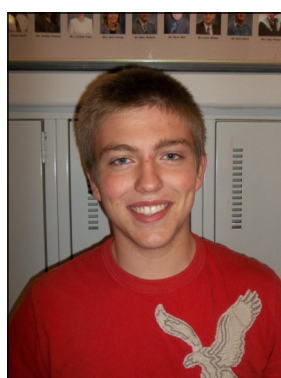
**Zach Vautour**

When you come to high school, don't be fake. Be yourself.



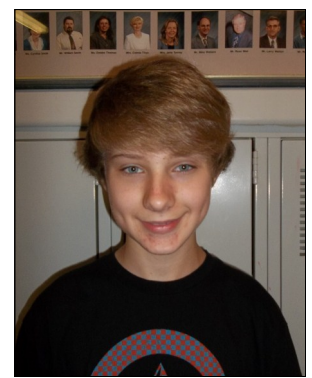
**Rayanne Robichaud**

You'll love the grade nine solo day. You'll make lasting friendships.



**Braydon Myshraill**

Get active. Join sports and clubs. Your year will be a lot more fun.



**Liam McMahon**

High school is better than middle school. Don't be afraid on your first day. It's not bad.



## HVHS band visits area schools



Photos and text submitted by Ms. Sanderson

The entire band program (90 students) in all grades toured Beaconsfield, Barnhill, and River Valley to play a 45 minute concert and promote Harbour View and the Band Program. All schools brought their entire student body to see the shows. The concert tour was a huge success with many middle school students coming up to talk to us afterwards, excited about coming to HV and being a part of the band. Christine Johnson, a teacher at Beaconsfield, said "Our students and staff were marvelously delighted and entertained by the sounds, songs and show! We loved it!! Your students were respectful, positive and smiling young adults providing our middle school students with a fabulous snapshot of a solid high school atmosphere."



## Dreams really do come true

By Tiffany Rodden (aka. Cinderella)

On May 12<sup>th</sup> 2012 dreams came true at HVHS. The grad class executive and prom committee organized a 'princess party' for the young royalty in Saint John. With an admission fee of ten dollars for each princess the proceeds, totaling about 250 dollars, went to this year's safe grad. Volunteers from the graduating class of 2012 dressed up 'Disney' and spent the Saturday posing for pictures, serving at the tea party, making wands and painting mails. The little girls had their hair and makeup done before starring in a spectacular fashion show, escorted by HV's very own Prince Charmings! The day ended with the "Tangled" sound track in the background giving a magical feel to a game of 'princess, princess, frog' before each girl received a personalized photo frame with a snapshot of her and her favorite prince as a souvenir.

Most noble thanks to Mike Mcleod, Seth Johnson, Kyle Langeigne and Damon Doncaster for revealing their 'princely' selves, Hannah Wallace for teaching thirty-some children ballet, all of the sweet princesses who brought in baked goods and Mr. Pottle, Ms. Hayward and Ms. Worden for putting up with leftover glitter, the smell of nail polish and hair spray the royal maids forgot to clean up! Finally, thanks to Belle



Photo contributed by Becca Blackwood

(not Alice) for overseeing the whole day!

Important dates for graduates: June 7<sup>th</sup>-Ballroom dance lessons (\$10 per couple, 6-8pm), June 20<sup>th</sup>-Graduation rehearsal (10am), June 21<sup>st</sup>-Prom (7pm), June 22<sup>nd</sup>-Graduation (7pm), Safe grad (9pm)



# A special night to celebrate YOU!



**Student of the Year**  
Seth Johnson



**Missy Boyne Memorial Award**  
Jaclynn Beckett



**C. Kaye Smith Award**  
Nikki Kuehnel



**Bob McLean Memorial Award**  
Jacob Durdan



**Susan Bate Memorial Award**  
Zoe Bell-Smith

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# HVHS honours athletes, thespians, musicians and school leaders

## **Athletes of the Year**

Junior Girls – Kayla Nice  
Junior Boys – Morgan Matheson  
Senior Girls – Rebekah Young  
Senior Boys – Michael MacLeod

## **Softball**

MIP – Abigail Hudson  
MVP – Lindsay Munro

## **Baseball**

MVP – Brett McQuade  
MVP – Patrick Seeley

## **Curling**

MIP – Maren Metzger  
MVP – Caitlin Curran-Wall

## **Indoor Soccer Club**

MVP – Dirgha Adhikari

## **Golf**

MVP - Colin MacKenzie

## **Football**

MVP – Daniel Hutchinson  
Dedication – Connor Duffley

## **Cross Country**

MVP – Cody Cooper

## **Jr. Girls Soccer**

MVP – Taylor Doucette  
MVP – Amy Price

## **Jr. Boys Soccer**

MVP Offense – MacGregor Knox  
MVP Defense – Aaron Pizzey

## **Sr. Girls Soccer**

Offensive Player – Louise Sennett  
Defensive Player – Mandy Rathburn

## **Sr. Boys Soccer**

MVP – Johann Kraft  
MVP – Damon Doncaster

## **Field Hockey**

MIP – Claire Logan  
MVP – Rebekah Young

## **Girls Hockey**

Most Dedicated – Stacie Smith  
MIP – Caitlin Bartlett

## **Cheerleading**

Outstanding Leadership – Andrea Lawrence  
Most Reliable Back Spot – Anna Matheson

## **Sr. Girls Swimming**

MVP – Nicole Tulk

## **Sr. Boys Swimming**

MVP – Jacob Taylor

## **Jr. Girls Swimming**

Rookie – Julia Hill

## **Jr. Boys Swimming**

MVP – Tristan Crowley

## **Jr. Girls Basketball**

MVP – Kaitlyn James  
MIP – Megan Clifford

Jr. Boys Basketball

MVP – Morgan Matheson  
MIP – Jared Wallace

**Sr. Girls Basketball**

Most Dedicated – Melanie Gray  
 Leadership – Abigail Hudson

**Sr. Boys Basketball**

MVP – Mike MacLeod  
 MVP – Seth Johnson

**Jr. Girls Volleyball**

Rookie of the Year – Kayla Nice  
 MVP – Abby Keilty

**Jr. Boys Volleyball**

MVP – Morgan Matheson  
 MVP – Tristan Crowley

**Sr. Girls Volleyball**

MVP – Rebekah Young  
 MIP – Lindsay Munro

**Sr. Boys Volleyball**

MVP – Kyle Langteigne  
 MVP – Lucas Loughead

**Badminton**

Sr. Boys – MVP – Liam Carroll  
 Jr. Boys – MVP – Ryan Brown  
 Jr. Girls – MVP – Kayla Nice

**Rugby**

Girls – MVP – Shelby Goddard  
 MIP – Rosa Pimental  
 Boys – MVP – Cruise Goddard  
 MVP – Dan Hutchinson

**Rowing**

Girls MVR – Louise Sennett, Jessica Sundblad  
 Boys MVR – Connor Duffley, Cruise Goddard

**Track and Field**

Boys – Ben Fowler  
 Girls – Kelsey Spencer

**Ski Club**

Male – Scott MacGregor  
 Female – Emily Wilson

**Bike Club**

Male – Ty Rodden  
 Female – Amy Price

**Envirothon**

Commitment and Dedication – Kaila Miller

**Chess Club**

MVP – Jacob Taylor  
 MIP – Elias Melanson

**Harbour Views**

Dedication – Josh Bradley

**Yearbook**

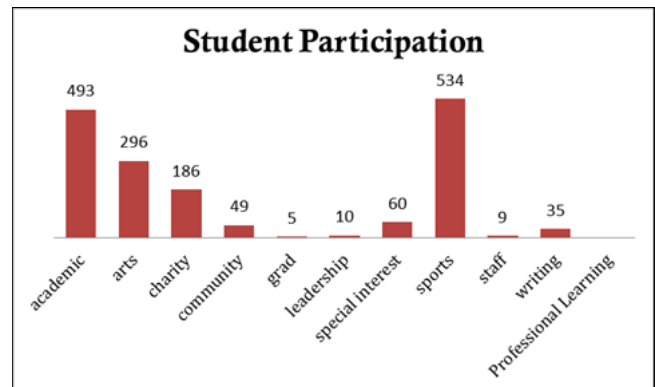
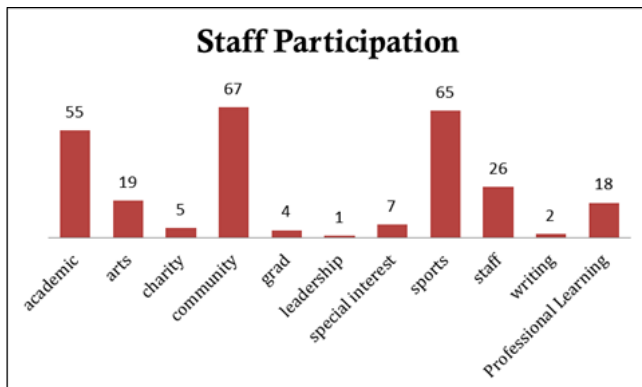
Dedication - Tiffany Rodden

**Library Reading Club**

Dedication – Brandon Spence

**Guitar Club**

Dedication – Wilson Galbraith





**Scenes 2011**

Outstanding Contribution – Louise Sennett  
Outstanding Contribution – Nicholas Williams

**HVHS Choral Ensemble**

Outstanding Musicianship, Leadership and Dedication  
Zoe Bell-Smith  
Elizabeth Boudreau  
Seth Johnson  
Jacob Durdan

**Sound and Lights** – Austin Parker

**Musical – *Phantom of the Opera***

Outstanding Improvement – Sarah Alston  
Outstanding Reliability – Brynn Aucoin  
Outstanding Reliability – Jenna Dobbelsteyn  
Outstanding Technical Contribution (Stage Management)  
– Nick Williams  
  
Outstanding Contribution in Acting – Seth Johnson  
Outstanding Contribution in Acting – Jacob Durdan  
Outstanding Contribution in Acting – Jacob Lawrence  
Outstanding Contribution in Acting – Zoe Bell-Smith

**Jr. Band**

Outstanding Contribution – Michelle LeBlanc, Ben Fowler

**Sr. Band**

Outstanding Contribution – Brynn Aucoin, Seth Johnson

**Student Leaders**



Gr. 9 - Mallory McDonald & Kayla Nice



Gr. 10 - Taylor Doucette & Austin Parker (missing)



Gr. 11 - Kylie Fox & Brynn Aucoin



Gr. 12 - Abigail Hudson & Brady Hooley





Students receive their white 'Vs' for school participation in non-sporting extra-curricular activities. Back L-R: Jacob Lawrence, April Wong, Brady Hooley, Michael Merriam-MacLeod, Nic Murphy, Jacob Durdan, Ian McWilliams, Austin Estey, Sarah Alston, Nick Williams, Kylie Fox, Jaclynn Beckett. Front L-R: Hannah Wallace, Danielle Hachey, Zoe Bell-Smith, Ashley Ackroyed, Nicole Tulk, Laurel McDonald, Nicole Cunningham & Seth Johnson



Senior Girls Athlete of the Year  
Rebekah Young



Jr Boys Athlete of the Year  
Morgan Matheson  
Jr Girls Athlete of the Year  
Kayla Nice



Senior Boys Athlete of the Year  
Michael Merriam-MacLeod



## Students attend annual Envirothon event



L-R: Ms. Lennon, Emily Comeau, Kaila Miller, Louise Sennett, Jena Pitre and Nicole Tulk

(Photos contributed by Ms. Lennon)



By Nicole Tulk

Harbour View's Enviro-thon team is coached by Miss Lennon each year. Miss Lennon is currently continuing her education in the environmental field, so we are very lucky to have her. This year's team included co-captains Emily Comeau and Nicole Tulk as well as members Jena Pitre, Kaila Miller, and Louise Sennett. Emily and Jena were senior members, as they had participated in previous years, and were a huge asset to other members. Kaila Miller could likely identify any Canadian bird call you show her, and Louise Sennett's enthusiasm was very encouraging. This team worked very well together. While laughing the whole time, we managed to place eighth in New Brunswick. This was Harbour View's most successful placing to date!

Enviro-thon is an annual provincial competition about environmental education. Throughout the school year, teams prepare for the competition by studying together to increase their knowledge of four key environmental subjects. The subjects are the same every year and include forestry, aquatics, soils, and wildlife. An additional subject about a current environmental concern is also a part of the competition that changes each year.

The environmental concern we discussed this year was low impact design and sustainable development. Sustainable development is defined as a pattern of economic growth in which resource use aims to meet human needs while preserving the environment so that these needs can be met not only in the present, but also for generations to come.

It is "enough, for all, for always". LID is an approach to land development that works with nature to manage storm water as close to its source as possible. This prevents storm water run off which can pollute water sources harming our delicate ecosystem.

We attended various workshops outside of class with different guest speakers, all of whom work with the environment, and taught us valuable skills for the competition. They were also available for "extra-help" which we took advantage of.

At the event itself our team was tested on the four main domains, then asked to design a theoretical subdivision using low impact design techniques, as well as sustainable development. The tests on the four main domains were mentally exhausting. All team members agreed that forestry was the most challenging, while wildlife and aquatics were the most interesting. Forestry included identifying trees, leaves, and diseases of plants. Aquatics and wildlife were more about the ecosystem. The part of the competition that involved sustainable development involved staying in a room to plan for 3 hours, then presenting a 20 minute explanation of our plans to judges the following morning.

Enviro-thon was something I originally decided to do because I knew that the team really needed members, and it would look good on a resume. I was pleasantly surprised that I was actually quite interested in most of the material, and ended up having a lot of fun and learning a lot. I believe that low impact design is the way of the future, and as an aspiring engineer I am grateful that I had the chance to learn about it!

I would like to take this opportunity to thank Miss Lennon from all of us Enviro-thon girls, as well as thank my team mates!



## Row, row, row your boat to victory



Photos and text submitted by Ms. O'Connell

Here are the results from the High School rowing regatta which included teams from HVHS, RNS, SJHS, Rothesay, STM and KVHS. We had entered 11 different events and won 6 of those. All 32 members of our team won at least one gold medal, some several. Louise Sennett won 5 (2 for rowing and 3 for being a coxwain)

These were the events we won:

- Under 19 Women's 8+
- Under 17 Women's 8+
- Novice Women's 8+
- Under 19 Women's 4+
- Novice Men's 8+
- Under 19 Men's 8+



Now the under 19 women's 4+ had to race their event twice since SJHS cut off RNS and were disqualified. So HVHS and RNS went again and we won that a second time! In that boat was Jessica Sundblad, Bekah Young, Abby Keilty, Morgan Cosgrove and coxing Jordan King.

HVHS definitely had the most school spirit and support with parents, teachers and former students dropping in to watch!



## Students attend writing workshop

By Katherine Douglas-Belyea

I joined a group of students from HVHS, SJHS, Simonds and St. Mac's at The Write Stuff, a series of writers' workshops held at the Saint John Arts Centre. We didn't know it, but this day was going to change the way we write.

All the workshops sounded amazing. They included a one-on-one session with an author who would help you with your stories, or answer any questions you had. Other workshops included playwriting, poetry, blogging, spoken word, storyboarding, writing dialogue and songwriting. I didn't know which ones I wanted to do because they all sounded so amazing. In the end I chose poetry, playwriting and songwriting.



My first workshop was playwriting with John Barlow. Playwriting was not what I thought it would be. I thought it was going to be seventy-five minutes with some teacher talking about how playwriting could affect our lives, and here's how we do it. But I was wrong. It was John Barlow's first time conducting a workshop and he was very excited. His excitement was contagious. In just a few minutes, we were all excited too, and talking to students from different schools. Mr. Barlow got out a script, and told us we were going to read it. It was called "Pubic Hair" by Johnny Depp. Naturally, the title set us off into fits of laughter. After settling us down we read the play, and got started making ideas for our own plays. About halfway through reading our plays, someone came in and told us we had five minutes left. We were all shocked at how quickly the time had gone by.

Next came a little break, and I went to find my friends to see how they were enjoying their morning. Turns out that, just like me, they were having a blast.

"I thought today was going to be boring, but instead it is turning out to be really fun," said Brittany Perry.

Photo above: Katherine Douglas-Belyea and Amanda Hall enjoy Papa John's Pizza during the lunch break at this year's Write Stuff Writers' Workshop.

My next workshop was Songwriting with Stephanie Mainville.

Ms. Mainville has won numerous songwriting awards and she gave us her CD. Then she had us working to change and rewrite other songs, which was really fun because you could only change the song a little bit. She wanted us to share what we had written with the rest of the group. Usually I am really shy and don't speak out much in class, but no one else was reading their poems. I felt really bad for Ms. Mainville because she kept trying to get someone to read their song, so I read my song first. Then a couple other people started to read theirs. Before I knew it, it was time for lunch.

Lunch was amazing; it was Papa John's pizza, and they had just about every type of pizza there. Lunch passed by very quickly and before I knew it, it was off to my last workshop of the day: poetry.

Poetry to me was like a normal English class; I had fun, but everyone was tired. I did learn a couple new things about writing poetry that I am going to find very useful in the future.

After the workshops concluded, we all met upstairs to hear the workshop facilitators read some of their work.

I had an amazing day at the Write Stuff, and I was really pleased about how much I learned, while having a blast. I wasn't the only student to feel that way.

"It was fun and interesting, I'm glad I went. I hope I have another chance in the future," said Amanda Hall.

It was an amazing experience.

(To see a photo of students who had their work published in *The Write Stuff*, turn to page 23.)

### Do You Like to Write? Then You Need to Read This!

**The Not-Quite-Summer Word Camps for Teens  
are being held in June in Uptown Saint John!**

**Four 5-day sessions to choose from!**

**June 18-22, 2012: For Grade 11s and 12s**  
10:00 AM to Noon  
or  
1:00 PM to 3:00 PM

**June 25-29, 2012: For Grade 9s and 10s**  
10:00 AM to Noon  
or  
1:00 PM to 3:00 PM

**Cost:** \$85.00 per participant, due at registration

Space is limited to ten participants per session,  
so register early to avoid disappointment.

**Visit [www.wordcollective.ca](http://www.wordcollective.ca)**

for more information and to book your seat!



All proceeds from these classes will directly benefit the founding of **Word Collective**, a hub for creative writers in the Saint John, New Brunswick area.

For more information, visit [www.wordcollective.ca](http://www.wordcollective.ca).





# HVHS students talk the talk...and walk the walk

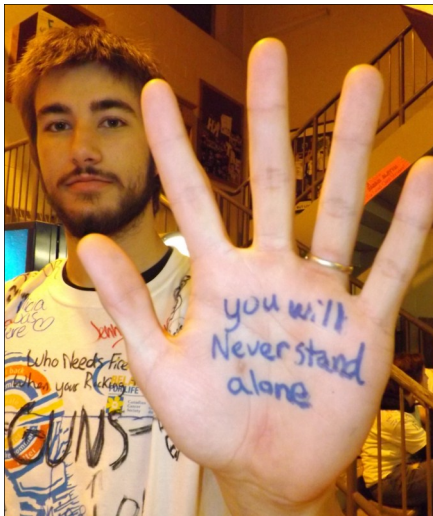


HVHS's 6th annual Relay for Life , held May 25th, raised over \$17,000 for cancer research.

This event is organized by the Leadership 120 class, the SRC and the talented and energetic Ms. Cyr.

The night is not only fun, it's a terrific reminder of the value of giving and HVHS students and staff should be commended.

We rock!





## A tribute to CODY COOPER

Each year, the Teen Resource Centre (TRC) recognizes youth who demonstrate exceptional efforts in school and community involvement. These are students who put the needs of others before her/his own, and go to lengths above and beyond what the average individual would. Cody filled the TRC's expectations for one of the awards this year, and was recognized for his numerous extra-curricular commitments, maintaining a successful academic course load and a part-time job. His beautiful and positive outlook on life is consistent in school and community: he always makes sure people around him feel appreciated and looked after in class, in the community and at work.

-Ms. Tanfara

Cody Cooper is one of those kids who inspires me. He always shows initiative and never seeks recognition for any of the wonderful things he has done for HV. He is giving of himself and always helps those in need. He truly is a leader and someone who will aspire to do great things in his life. He is absolutely amazing. Having him on student council for the past two years has been a gift, not only to me as an advisor, but to the student body at HV. Thank you for all you have done Cody! HV will miss you. - Ms. Cyr



Cody is an exemplary individual, always putting others ahead of himself.

- Mr. Morgan

In my dealings with Cody each morning I've discovered what an incredible young man he is. I can't wait to hear about him years from now as I'm sure he will be doing something very special.

- Mrs. Crandlemere

Anyone who can read my writing on the morning announcements is deserving of ALL KINDS of awards! - Mr. Molloy

Cody has numerous personal qualities and traits that are admirable and noteworthy. He is a very kind, considerate and generous person. I have been witness to how he has looked out for fellow students on several occasions. He is a person who can be counted upon to make an honourable, respectable decision and do the correct thing. Many fellow students look up to Cody as a positive role model.

- Mr. Fisher



Cody is a critical thinker. He is able to analyze situations and find creative solutions to problems. I wish him all the best!

- Ms. Wilson

Cody Cooper. AKA Fitness Fanatic He can often be found early mornings in the fitness room pumping it up or at lunch time or afterschool training other students. He has had a positive influence on many in the fitness room helping others start a training program or helping them to reach their goals. Thank you Cody for your positive influence on others.

- Mrs. Scott

Cody Cooper, Harbour View's "Pheidippides."

Last fall, Cody excelled in both track and field, and soccer. On game days, Cody would have a track and field practice after school, and then run all the way to the west side for our 5:00 PM soccer game. After the game, Cody would run home. Like clockwork, before, during and after our soccer games, Cody would tell me, " I like to run." On the pitch, Cody set the standard for hard work and a competitive spirit, and always epitomized what it is to "play, for the love of the game." In our historic 3-2 triumph over KVHS last fall, I thought could hear the far away shouts of the ancient Athenians, and the calls of "Nike! Nike!" Yes, victory was ours that day. Well done, Pheidippides.

- Mr. Waters

Cody is kindness and sincerity personified. He works like a Trojan and is very ambitious, but always puts others before himself.

- Ms. Vickers

Hard worker. Terrific work ethic. - Mrs. Tunney



## Entrepreneurship 110 holds market



Above left: L-R: Erin Barry and her partner Erica Clifford made over \$80 selling Candy Ka-Bobs

Above middle: Jesse Mortimer and Meghan Williston sold candy apples

Above right: Danielle Hardy repurposed burlap bags into eco-friendly bags.

## Students were awarded various prizes from Enterprise Saint John.

Photos contributed by Ms. McDonald



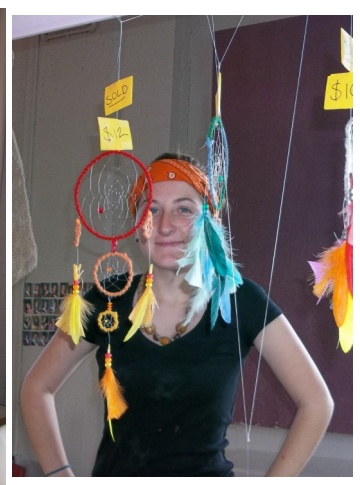
**Best Product & Most Profitable Business**  
Cody Cooper,  
Cody's Creative Cranes



**Best Sales Technique**  
Adam Kerzner,  
Ball Shot



**Best Overall Business**  
Megan Jennings,  
Milky Twine



**Best Booth**  
Frances Gray,  
Dream Catchers



## Somebody that I used to know

By Stephan Chevarie

“Somebody I used to know” is a song written by an Australian artist named Gotye. Released in 2011, this was his first single to reach the top of the Billboard charts. Gotye is the stage name of Belgium born Wouter De Backer. Wouter has been inspired by music since childhood and in high school started up his own band with a few friends; they later disbanded. The idea of Gotye took root shortly after Wouter was given a large collection of LP's from an elderly neighbour.

Wouter started making his first tracks in 2001 using mostly samples and putting out a four track CD which he made only fifty copies. These first fifty CD's which had hand-drawn covers and handwritten track lists, talk about tedium. Around 2004 he met a fellow singer-songwriter named Kris Schroeder and they started a band called The Basics. While performing with The Basics he carried on with writing his own songs for his Gotye albums. Gotye recently hit the top of the charts with “Somebody that I used to know”.

“Somebody that I used to know” confused me at first but after a few listens you can clearly see the basic message in it. It tells of the turbulent relationship between two lovers who seemed to have been having problems. The songs states that they broke up and that the man in the relationship was happy that it was over, but then later expresses sadness and distaste at being removed from her life so suddenly. We begin to take the guy's side in the argument right away, even though you realize he was carrying on a relationship with someone he clearly didn't care for. Later, after the break up, he realizes he is in denial and that he truly did care for her, but by this time it is too late.

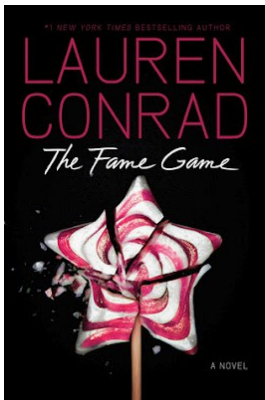
The girl who offers her opinion in the song is clearly annoyed and sick of being toyed with.

She decides to begin a steady relationship with someone who could confide in and care about her fully without any selfish regrets. This shows she is fully ready to leave this pernicious man behind and start making her life happier. She refuses him another chance after all the ones she has given for just the few pleasant memories they have had.



## A good book for your summer reading list

By Stacie Smith



“In Hollywood, fame can be found on every corner and behind any door. You just have to know where to look for it. Nineteen-year-old Madison Parker made a name for herself as best ‘frenemy’ of nice-girl-next-door Jane Roberts on the hot reality show *L.A. Candy*. Now Madison's ready for her turn in the spotlight and she'll stop at nothing to get it. Sure, she's the star of a new show, but with backstabbing friends and suspicious family members trying to bring her down, Madison has her work cut out for her. Plus, there's a new nice girl in "reality" town—aspiring actress Carmen Price, the daughter of Hollywood royalty—and she's a lot more experienced at playing the fame game... When the cameras start rolling, whose star will shine brighter?”

Filled with characters both familiar and new, Lauren Conrad's new series, *The Fame Game*, is about the highs and lows of being famous and delivers Hollywood gossip and drama at every turn.” - from Harper Teen (<http://www.harperteen.com/books/Fame-Game-Lauren-Conrad/?isbn=9780062079862>)

I didn't have really any expectation going into *The Fame Game*, but it was better than I thought. I have already read Lauren's first trilogy, *L.A. Candy*, so I was familiar with Madison Parker and others, and what they had to offer. That aside, the new characters were not that hard to get to know. They're a bit flat, especially Carmen; she doesn't seem like much more than a pretty face, with a famous family. The other characters had more depth, but not by much.

I was somewhat surprised at how much Lauren's writing has improved from her first series; I was expecting a repeat of the first series, but that's not the case at all. She puts in different scenarios that were not in the first series, so there is a different feel of what reality television stars have had to go through that we may not have heard of before. The writing is simple, to the point, and easy to read.

I love the story line. I loved watching MTV's *The Hills* when it was on, so it was interesting reading this and seeing what other things that can happen behind the camera and on "reality" television. *The Fame Game* is a fun read. It's a good book to read on a rainy day when you just want something normal to read, and get a break from the paranormal, fantasy, and other genres that everyone has been reading lately. I am definitely going to get the second book when it comes out.

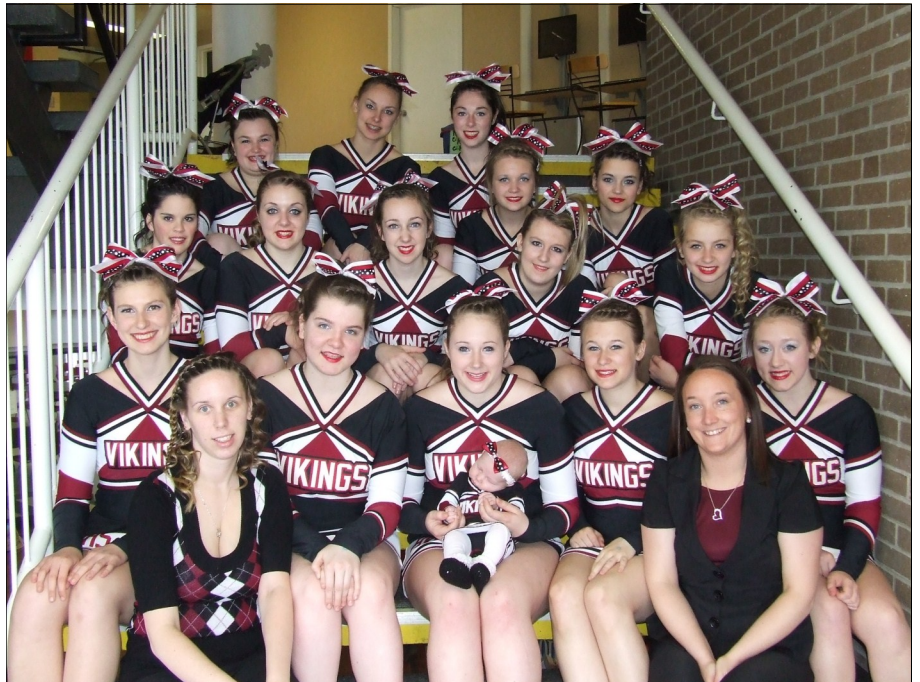
# I don't just cheer... I inspire

By Anna Matheson


Out of my seven years of cheerleading, the three I spent on the Harbour View cheerleading team were my favourite by far. This team is more than just a team; we have grown into a family.

This year, we shared many laughs while still working as hard as we possibly could to perfect our routine for competitions. We also participated in events like the West Side Christmas Parade and Open House, and cheered on our senior girls and boys basketball teams at the East-West Challenge in February.

The team had a lot of fun competing this year; we left our hearts on the floor. I hope next year can be just as great and we hope to see a lot of grade nine's try out. Get ready for a year you won't forget!



**CALLING ALL HVHS  
CHEERLEADERS!**



**TRYOUTS IN  
SEPTEMBER.**

**EVERYONE WELCOME!**

## Congratulations to...

L-R: Aaron Pizzezy, Matt Cochrane, Nick Shillington (absent from photo) selected to play for the NB under 16 rugby team



L-R: Cruise Goddard, Anders Blizzard and Dan Hutchinson selected to play for the NB under 18 rugby team



## Le discours d'Art oratoire

Par Nicole Tulk

As tu as déjà fait un discours oratoire? Si vous êtes en immersion, et si tu peux lire ce ci, je crois que oui! Un discours oratoire peut être à-propos de n'importe quoi. Dans le passé j'ai parlé à-propos de la planche à neige, de Terry Fox, et de la Chine. Cette année je discute le cancer du sein. Les années passées nous avons eu besoin de faire un discours, mais cette année, nous avons eu la choix de le faire.

En douzième année, il faut faire l'examen du ministère. L'examen du ministère vous donne un niveau de bilinguisme; intermédiaire, intermédiaire-plus, avancée, ou supérieur. Tous les élèves en immersion ont étudié le français pour au moins six ans, donc, si tu ne veux pas gaspiller tout le français que t'appris, il faut passer cet examen! Ça c'est pourquoi j'ai voulu faire ce discours. J'ai choisit de le faire pour améliorer la qualité de mon français.



J'étais excitée quand Mme Ahearn m'a dit que j'irais à la compétition du district, mais j'étais étonnée de ce qu'elle m'a dit seulement une semaine plus tard. Elle m'expliquait qu'il y avait seulement deux personnes de la douzième année en immersion tardif, qui voulait le faire en tout le district! Donc, j'ai appris que je suis l'autre personne qui va aux provinciales à l'Université de Moncton, avant de même présenter mon discours devant ma classe!

J'ai compété au niveau provincial, puis j'ai gagné la deuxième place. Les juges étaient vraiment gentils, et je me sentais à l'aise. Maintenant je vais représenter le Nouveau Brunswick en Ottawa pour la compétition NATIONALE, qui est complètement gratuite! J'ai reçu une bourse de 2 000\$ pour l'Université d'Ottawa, et maintenant je suis une des premières dix au Canada pour le Concours d'Art Oratoire. J'en suis vraiment fière!

Il y a beaucoup de raisons pour faire le discours, et je vous recommande de le faire l'année prochaine! Peut-être vous iriez en Ottawa!

(Photo contributed by Ms. Ahearn)

Par Nicole Tulk

Chaque année vingt-quatre mille femmes canadiennes sont diagnostiquées avec ce type de cancer. Voilà environ soixante quatre femmes par jour qui reçoivent cette nouvelle horrible. Est-ce que vous êtes affectés par le cancer du sein? Chères juges, parents, bénévoles de CPF, participants et participantes au jour d'hui je vais vous parlé de la cancer du sein. Je vais discuté qui pourrait l'avoir, comment le prévenir, comment le traité, et comment vous pouvez aider les personnes qui ont le cancer du sein.

Les hommes ou les femmes de n'importe quelle âge peuvent l'avoir, mais d'habitude c'est les femmes. La probabilité de développer cette maladie augmente avec l'âge. La probabilité de l'avoir augmente aussi si vous mangez les nourritures hautes en gras, si vous ne faites pas l'exercice, si vous fumez, et aussi si vous avez des membres dans vos familles immédiate qui l'ont. C'était trouvé que les femmes qui ont gagné cinquante-cinq livres ou plus après l'âge de dix-huit ans ont une chance de quarante-cinq pourcent plus pour l'acquérir que les femmes qui ont maintenu leur poids.

Pour prévenir le développment du cancer du sien, il est nécessaire de savoir les symptômes. Un symptôme que vous pouvez trouver vous-mêmes est la présence d'une bosse dans la sien ou l'épaississement dans certaines régions du sien. Vous pouvez aussi voir l'enflure, ou la rougeur dans la peau. Vous pouvez sentir un changement dans la forme du sien, ou voir un changement dans l'apparence du mamelon. Pour le prévenir c'est aussi important de faire l'auto examen des seins et d'avoir une mammographie chaque année.

Les stades du cancer du sein sont exprimés dans les stades de un à quatre. Ce qui définit chaque stade est premièrement la grandeur du cancer, puis si le cancer est local, régional, ou distant. S'il est nommé local, ca veut dire que le cancer est confiné dans le sein. S'il est régional, il est aussi dans les ganglions lymphatiques. Dernièrement, s'il est distant, le cancer a métastasé et il est dans les autres parties du corps aussi.

Pour le traité, la chirurgie est normalement la première ligne d'attaque. Il y a deux chirurgies différentes que vous pouvez avoir. La première est une tumorectomie. Une tumorectomie enlève seulement le tumeur, et garde la plupart du sein intacte. L'autre chirurgie, une mastectomie, est beaucoup plus invasive. C'est l'enlèvement du toutes les tissus du sein. Une autre option pour le traitement, qui est dès fois utilisé après une

(continued on page 22)

## Le discours d'Art oratoire (continued from page 21)

chirurgie, est la chimiothérapie. La chimiothérapie empêche le développement et la division des cellules cancéreuses. Le problème avec la chimiothérapie est qu'il pourrait involontairement faire mal aux autres types de cellules qui divisent rapidement; comme celle des cheveux, des ongles, du tube digestif et de la moelle osseuse. Les effets secondaires de la chimiothérapie pourront être sévère et peuvent inclure la perte de cheveux, la ménopause, les vomissements, les changements de poids, les problèmes de fertilité, et la fatigue.

Le trente septembre, deux mille douze, vous avez votre chance d'aider tout le monde qui souffre de ce cancer horrible. Vous pouvez participer dans La course à la vie ici en Ottawa. C'est un événement inspirant et amusant aussi. Je vous recommande d'y participer! Je participe, chez moi, chaque année en honneur de ma tante Lea qui est en rémission, et de mon amie Amy qui, malheureusement, a perdu son combat contre le cancer du sein il y a une semaine.

Maintenant vous savez a propos des causes du cancer du sein, les traitements, et comment vous pouvez aider. Merci de votre attention, et merci à Lea et Amy pour m'inspirer à faire ce discours.

## Est-ce important d'apprendre plus d'une langue?

par Jacob Lawrence

C'est dit que la langue est la fondation de la culture. Alors, pourquoi ne pas être la plus acculturée que possible, en apprenant plusieurs langues? Il n'y a rien de mal avec devenir plus éduqué dans les linguistiques. Ça nous donne les opportunités, nous aide à comprendre notre langue, et ça nous aide lorsqu'on voyage.

Quand on apprend une nouvelle langue, les portes ouvrent dans nos vies. Soudainement, on a beaucoup d'opportunités dans le monde du travail. Il y a des carrières où l'utilisation de plusieurs langues est nécessaire. Aussi, on peut travailler dans plusieurs régions du monde. Ça peut être utile en savant qu'il y a des emplois limités dans notre région. C'est aussi possible de faire plus d'argent. Par exemple, si tu es bilingue en anglais et en français, et tu es offert une position au Nouveau Brunswick en anglais, et la même position au Québec en français, tu as la chance de choisir l'un qui te paye le meilleur.

Une compréhension meilleure de la langue maternelle est un autre avantage de savoir plus qu'une langue. D'habitude, on

agrandit en parlant notre langue maternelle, et on ne pense pas beaucoup des règles de la grammaire, ou des expressions qu'on emploie. Mais, on sait comment les utiliser effectivement sans penser. Avec les autres langues qu'on apprend, nous sommes forcés à apprendre ces règles pour comprendre. C'est intéressant de les comparer à notre langue maternelle et de voir comment ils s'appliquent.

En comprenant plusieurs langues, nous avons l'occasion de voyager avec plus de facilité. Ça devient plus facile à comprendre les cultures différentes. En fin de compte, c'est dit que la langue est la base de la culture. Avec la compréhension des langues, les expériences culturelles peuvent être extrêmement enrichissantes.

On élargie nos horizons quand on apprend les langues différents. Ça nous donne des opportunités dans le monde du travail, une compréhension de notre langue maternelle, et des expériences culturelles en voyageant. Mais, c'est aussi bien sûr beaucoup de fun!



Grade 9 student Ryan Brown (right) was the winner of the design a sticker for the French Department contest. That's a great looking sticker!

(Photo contributed by Mr. Sprague-Hay)





## 'Saving the rainforest' - an award-winning speech

By Cheyenne LeBlanc

It's time to take action! It's time to come to realization that what we are doing is wrong! It's time to make a stand about saving rainforests. Rainforests are filled with beauty, life, mystery, and the amazement of what our planet Earth can give to us. Cutting them down gives us what? Lumber? Oil? Ladies and gentlemen my speech will give you passionate reasons to save the rainforests. Those reasons are as stated before you now: it gives us the oxygen we breathe, fascinating species, medicine to heal our suffering and enjoyment of Earth's greatest creation, nature. We need not to cut them down, but to restore them to the former beauty they once gave to generations, and to the species that inhabited it.

Rainforests in general give us 28% of the oxygen we use. They purify the oxygen we breathe. Cutting them down means that 28% can become 20 or 15% of oxygen we use if deforestation is continued. That oxygen that we breathe every minute, every second keeps us alive. By cutting our oxygen we may be cutting our years to be alive.

It is not only people who need the rainforest but the life that dwells within: exotic animals, endangered animals, native tribes, rare species of animals and plants. They all need it too. Destroying the rainforest can lead to extinction of the fascinating creatures that we may not know a lot about or creatures unknown to us. Destroying the rainforest could mean destroying all of the life that inhabit there. The trees themselves are dated back millions of years and can be researched to learn about our past and how we came to be. The life that is present is precious. It is their home. Why would you destroy someone's home? It would be like a superior being killing our homes, our life, for a selfish reason.

Medicine would not be where it is at now. Most of the antibiotics and medicine we use today are from plants found in the rainforest. To this very day more research and data is being uncovered to find more cures. Destroying them can lead us to finding fewer cures and that can cause more damage. Who knows? Maybe the cure for cancer is somewhere in one of those plants just waiting to be discovered. Deforestation is reducing our likelihood of ever finding a cure.

Rainforests attract people all over the world to visit them, explore them, and open our eyes of life. They are inspiring and mysterious. When you look up and see the gigantic trees and plants, you become full of anxiety of the unknown. You then close your eyes and listen to the music of nature with a smile on your face as the sun hits your face to warm you one last time before entering the enchanting forest. The creatures that you will see on your journey, it is truly magical.

Rainforests truly are amazing but humans still desire to destroy them.



Cheyenne LeBlanc is shown here with the 3rd place medal, which she won at the District Oratorical Competition on May 8th. Cheyenne went on to compete at the Provincial competition May 25th.

(Photo contributed by Ms. McDonald)

They destroy them for lumber, palm oil, cattle ranching, logging, agriculture, mining and dams. They cut these beautiful areas to benefit themselves and their products/business. I don't see how this helps us in any way. Killing more of the environment that we are trying to save to suite them therefore gaining more profit from it cannot be a good motivation for this abomination.

We humans tear down their homes for selfish reasons and complain that these animals are being pests. How are they being pests when we are out there destroying their ecosystem? Where are they supposed to go? Those animals have no place to go but to find a new place and start over. Yes, natural selection comes along; however what we are doing is not natural. Cutting the forest down to build more cities, more farms makes more homeless animals. On top of that we drain the rivers that run through there, pure water that probably sparkles and is healthier then the water we drink. We drain it dry to become a dam. That water that they drip dry gives animals and plants food and sustenance.

Rainforests are needed worldwide. They give us life, enjoyment, medicine and a home. Destroy that, and you will find more endangered or extinct creatures/plants. The rainforest may not be a home for us but it is a home for others. Save the rainforests, don't let people burn, or cut them down. Save the species that inhabit it. Save the life that was created.

# Grade nine student places second in essay contest

## Breaking Your Boundaries

By Maddie Logan

Everyone has a box. Inside that box is what's known as your "comfort zone", and in one giant leap of faith I decided to smash through the walls of my own comfort zone and run for grade nine representative at my high school.

It was the first week of high school, and because I was a freshman, this was a stressful time. We traveled the halls in packs of at least ten, making sure not to make eye contact with any of the upperclassmen, and parted ways like the Red Sea if we saw an intimidating looking, older student come within ten feet of us. But unlike many others, my turning point was not just going to high school; it was when I heard the announcement for any grade nine students interested in running for student council to meet at lunch. I had always liked the idea of running for student council; when I was little and watched TV shows where the main character gets up and makes an inspirational speech that causes the crowd to get on their feet and give deafening applause. Then they win their election and get their shining moment. After mustering up all the courage I could, I went to the meeting.

There were about six kids in the room in total; the teacher went over the basic generalities for the competition. We were told to have a speech into her by Thursday of that week and it was already Tuesday. A little voice popped into my head: *you know you can't make that speech; you're deathly scared of public speaking*. But, I was determined and decided to ignore that voice of reason and take a step out of my box and into unmarked territory.

I was hesitant the rest of the day to the idea of actually passing in a speech and sealing the deal of running. Every time that voice of self-doubt entered my head I blocked it out with one image. The image was of a poster in my grade seven science room. It had been almost two years since I had seen it, but after reading this motto daily for a year it was stuck in my head for good. The poster sat at the back of the room. It was dark blue and had a basketball and net on it; it read- You miss 100% of the shots you don't take. I knew that it wasn't only meant to be applied to basketball and I was ready to apply it to my own life. I could do this.

The day had finally arrived- it was speech day. I sat on the edge of the stage with the only other candidate in the race. It was me or him; I had a fifty/fifty shot and I wasn't about to waste it. My stomach decided differently when the flood of grade nine students came through the auditorium doors; it was turning in circles and tying itself in a million knots.



Maddie Logan is shown here with her teacher, Ms. Oram at The Learning Partnership's awards ceremony held at UNBSJ on May 28th. Maddie's essay won 2nd place in the contest.

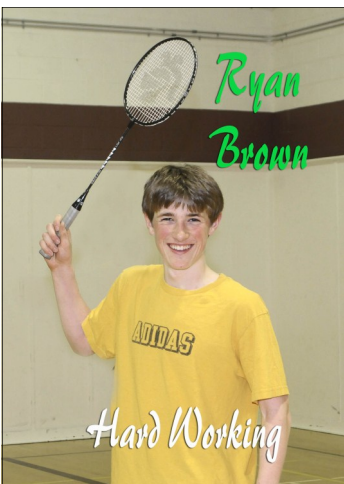
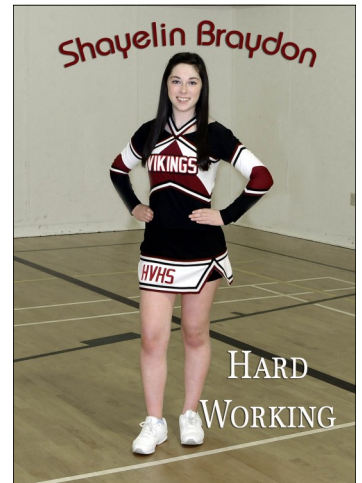
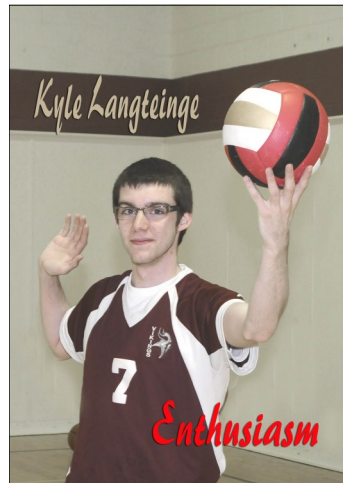
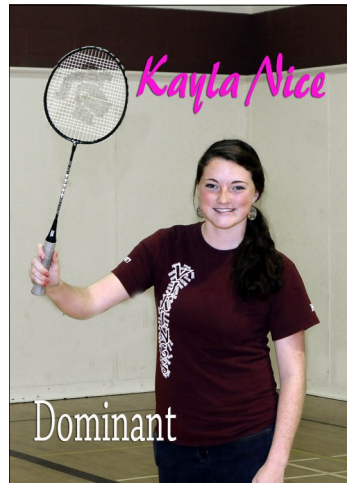
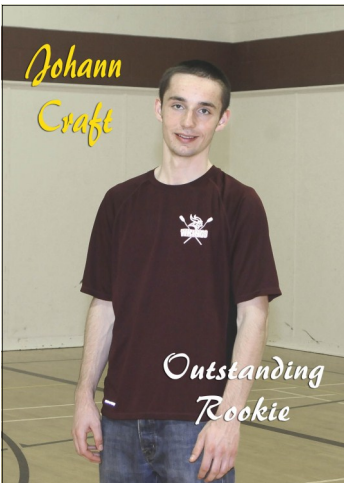
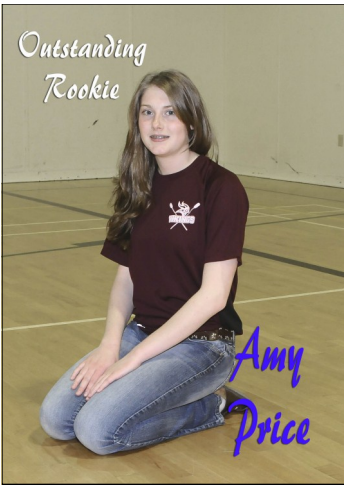
My name was drawn to do my speech last. I knew if I played my cards right this could be used to my advantage and I was ready to make an impression that would last. I sat and watched while he made his speech, it was amazing and the crowd erupted into a fit of cheers, but I was ready to reencounter it with a trick I had up my sleeve. I approached the podium trying to find my breath. In-hale. Exhale. I was prepared and started in on my first line.

I made it through my speech, stumbling only on a few words. Then I was ready to put my secret weapon into action, I had made a campaign commercial, like the ones you would see on TV during any important election. I exaggerated all my points to try to use humour to win over the people. As the screen rolled down and my face appeared on the blank canvas I faded into the shadows. As people gave me the reaction I wanted, laughter, I found myself start to grow this new found confidence. A smile spread across my face as a moved back into the spotlight and the auditorium was drowned in the clapping and hollering coming from my fellow class mates. I felt just like the main character of my own TV show. The buzz around the room while the students filed back out to go to class was indescribable. All I could do now was wait.

Unfortunately, I didn't win the election. The defeat was upsetting but I gained from this "shot" that I took. My confidence rocketed and I was finally able to speak publicly without passing out on stage! I would have never guessed in middle school that I would have stuck my neck out on the line that quick in high school. But like I always think- You miss 100% of the shots you don't take.



# Athletes of the month—April



Congratulations to  
BEN FOWLER

Ben recently competed at the Provincial Track and Field meet where he placed



**1st in javelin and 100m hurdles and 2nd in high jump.**

Thank you to all the coaches and teachers who make sports possible at Harbour View! We appreciate your time and expertise so much!

**A shout out to Kelsey Spencer for achieving a personal best at the same meet!**



## A picture is worth a thousand words...



L-R: Kayla Hare, Alexis McGrath-Johnson and Erin Barry



Several grade nine students went on an outing May 30th. They viewed Geopark sites at Fort Howe, the Superstore in Millidgeville as well as Tucker Park. A Stonehammer guide accompanied the group for the entire trip and offer the students info regarding the Geopark. She presented some fun activities like looking for shale and limestone and looking for fault lines. We took the Aquila tour trolley and our bus driver also shared some Saint John history with the kids...like Saint John being the oldest incorporated city in Canada and Gregor House.

(Photos contributed by Ms. LeRoy)

## Did you get a yearbook? These guys did!

Did you know that the sticker with the code on the inside front cover of your yearbook allows you to access hundreds of HVHS photos? **You** can upload pics of school-related events, grad and prom from your Facebook at [Replayit.com](http://Replayit.com)



Top left: Seth Johnson, Ian McWilliams, Jacob Durdan, Mitchell Gregory

Top right: Amelie Gapin del Angel, Mariana Aguilar Fernandez

Bottom left: Ashley Campbell







Abbie Hudson and Becca Lawson took a trip to the future when they dressed up for one of the Grad Class's theme days.

(Photo contributed by Ms. Doucette)



Back L-R: Danielle Hachey, Kylie Fox, Brynn Aucoin, Michelle LeBlanc, Nick Williams

Front L-R: Nic Murphy, Austin Estey, Nikki Kuehnel

HVHS was well represented at this year's Celebrate Expo which took place on May 16. Each school set up a booth to celebrate all the wonderful things that happen both inside and the building and out in the community. Everyone at HVHS knows we have lots to CELEBRATE!

(Photo contributed by Ms. Doucette)



L-R: Michael Cooper, Stephan Chevarie, Joey DeLong, Dahryl Balemans and Brittany Cormier hold their copies of *The Write Stuff*, District 8's first ever literary arts magazine. All of the students pictured had work published in the magazine. Copies are available for sale at the office or from Ms. McDonald in Rm 309.

(Photo contributed by Ms. McDonald)





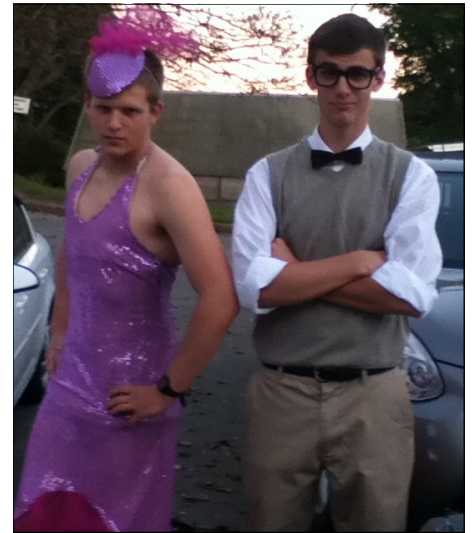
Nicole Dugas received this impressive shiner during a rugby game against St. Malachy's held in May. HVHS won and Nicole was named Player of the Game.

(Photo contributed by Ms. McDonald)



Need a little something to get you through the day? This clever poster was spotted in the girls' washroom.

(Photo contributed by Mallory McDonald)



An oldie, but a goodie: Dylan Daye and Seth Johnson attended Saint John Theatre Company's production of Rocky Horror Picture Show in October, 2011. How can you not smile!?

(Photo contributed by Ms. Sanderson)



Ms. Nicholson's 111 English class recently finished a six week enrichment project with local artist Deanna Musgrave. Students chose a moon or sun poem and the artist taught them how to interpret the imagery and represent it on the canvas. The paintings are going to put it up here at the school for parents and guests to see.

Students L-R: Ryan Woodland, Johann Kraft, Katrina Bordage, Alesha Campbell, Katie Carson, Emily Lewis, Emily Harding, Melanie Grey, Jessica Anthony

(Photo contributed by Ms. Nicholson)

Have a safe and happy summer! See you in September.