



# HARBOUR VIEWS

Issue 5

Jan/Feb 2013

*Start by doing what's necessary; then do what's possible; and suddenly you are doing the impossible.*

-Saint Francis of Assisi



## If I were a rich man: Students start rehearsals for this year's musical *Fiddler on the Roof*

By Mallory McDonald

Musical is back at Harbour View! If you missed out on last year's performance of *Phantom of The Opera*, don't feel bad; there is another amazing production coming your way!

HVHS is presenting *Fiddler on The Roof* as their 2013 production. This musical follows the life of father of five, Tevye and the struggles he and his family must face in the socially shifting climate of their village, Anatevka in Russia. Set in the early 1900's, the musical is full of amazing songs and funny and emotionally moving moments.

"We are performing this 'timeless classic' (fraught with political and historical intrigue) this year because we have all of the right people to fit all of these challenging roles," says Ms. Bossé. "Another perfect cast!"

Sarah Alston plays Tevye's oldest daughter, Tzeitel. "I'm really excited to quick start my life," says Sarah. "I get married and get pregnant all within two hours." Other cast members include Jacob Dempster (playing Tevye), and Kylie Fox (as Tevye's wife, Golde).

Along with these familiar faces are some senior students who have never participated in musical before.

"It just seemed as though after SCENES the interest in being up on the stage exploded," explains Ms. Sanderson, who is in charge of student care among many other things.

"I really had a lot of fun in SCENES," says David Copp, a grade 12 student who



has never been in musical before. "It made me sad to think that I would never been on stage again, so I tried out. I didn't really care what part I got, so long as I had a few lines."

The musical is very lucky to have their incredible team of teachers leading them through the production process again this year. Ms. Bossé, Ms. Sanderson, and Mr. Molloy are all vital in making a show work, along with many other teacher and parent volunteers.

"Last year our volunteers raised a Phantom and this year we're raising a fiddler," says Ms. Sanderson. "We really couldn't do it without the parent volunteers, who build and paint the sets, sew the costumes and feed us during the rehearsal process."

*Fiddler on The Roof* is going to be an unbelievable performance, and will be worth seeing! So make sure to set the date of opening night on your calendar, and come out to support your friends and enjoy a great show! The show dates are April 17-20 with a 2:00 Saturday matinee. There will also be a matinee on April 16th for middle school students.

January at HVHS

18 - ELPA & study day

21 - 25 Exams

28 - Cabaret

28 - 29 Turn around days, no school

February at HVHS

5 - East West Challenge at Simonds, 6pm

11 - Open House

CAP and GOWN FEES of \$30 due to Mr. Smith by March 1st.

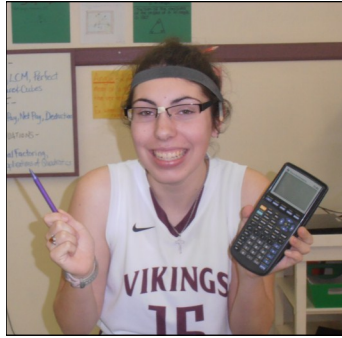
### In this issue...

<i>Exam info</i>	2
<i>Looking back at SCENES</i>	6
<i>Get involved at HVHS</i>	7
<i>Open House Info</i>	7
<i>Entrepreneurship Market</i>	8
<i>Tan free prom</i>	10
<i>Sports</i>	11

# We asked you: What's your best study tip?



**Jacob Lawrence**  
Rewrite out all your notes!



**Jackie Toner**  
Use cue cards, organize your tests, notes, homework and quizzes.



**Harley Harrity**  
Study hard!



**Lauren Bennett**  
Use cue cards for vocabulary.

Pictures and text by Rachael Vance

## January 2013 Exam Schedule

Time	Jan 18 Friday	Jan 21 Monday	Jan 22 Tuesday	Jan 23 Wednesday	Jan 24 Thursday	Jan 25 Friday
<b>9:00am - 12:00pm</b>	<b>ELPA/R EX-AM</b> 9 AM - Reading Assessment  Students not writing the ELPA will use this time for exam preparation. There will be no roaming the halls  English teachers not available	<b><u>Period 1</u> Exam</b>	<b>English 10</b> Common exam ----- Trig &3SP	<b>English 111\112</b> Common exam	<b><u>Period 4</u> Exam</b>	<b>Storm Day</b>  In case of cancellation, all exams move forward <b>ONE DAY</b>
<b>1:00pm - 3:00pm</b>	<b>ELPA/R EX-AM</b> 1pm- Writing Part 1  Review and study only. Students remain in home-room or with a subject teacher to complete work, get extra practice or study  English teachers not available	<b>ELPA/R Writing Part 2</b>	<b><u>Period 3</u> Exam</b>	<b><u>Period 2</u> Exam</b>	<b><u>Period 5</u> Exam</b>	

## From Your Editor

By Rachael Vance

At Harbour View we have recycling and composting programs. These programs are to help our environment, yet people are unaware of them or don't bother to use them. I think that if the students here used what the school provided to help the environment we could make a difference.

One way to help is to turn the lights off when they are not needed. At the end of the day we could make sure all power cords that do not need to be plugged in are unplugged. These are little things we could do with little to no inconvenience to anyone, but which can really help conserve energy.

Little things can make a big difference with composting. We have many teachers who have composting bins in their classroom. It's great that we have these teachers that volunteer to have composting bins in their classrooms, but there are still classrooms that don't have recycling and or composting. If more people used these resources and used them properly, we could make a difference.

Most of the things that we put in the garbage can be put in recycling or composting. I think if we put blue bins around the school and inform the students about their proper use we could cut the amount of garbage that the school sends to the dump. We could make our school green and over all make a difference on the world.

## From your SRC

By Ashley Ackroyed and Kylie Fox

Hey hey heeey Harbour View! Hope everyone had an epic Christmas break and that you have all shined up your Viking horns in preparation for an even more awesome second semester here at the school we know and love. January, as you know, is a pretty studious month with exams and last minute assignments, but we're ending first semester with a bang. Cabaret, don't forget, is on Monday, the 28<sup>th</sup>. Freshen up and fist pump the night away at Lily Lake, 8-11, but behave yourselves.

February recommences our beloved Fun Fridays! Look out for another Superhero day, another Twin day (Remember our last twin day? when the power went out?) and a Pink Day. Our Valentine's theme week is focusing in on the effects of bullying in our school with a goal to unite our school and establish that family environment Harbour View takes pride in.

Monday, February 11<sup>th</sup>, we will start selling candy grams (Valentines) in the main hall.

Tuesday, the 12<sup>th</sup>, we will be having a Friendship/Couples Challenge in the auditorium at lunch! We're hosting our very own game show to see how well you know your significant other! It's your chance to win a hot date to the movies on us! Candy grams will be available in the main hall at lunch as well!

Wednesday the 13<sup>th</sup> is the last day to buy your candy grams at lunch!

Thursday the 14<sup>th</sup> is VALENTINE'S DAY! We will be delivering Candy Grams during homeroom and you can purchase your iFlurtz results at lunch in the main hall!

Friday the 15<sup>th</sup> we will be having our Anti-Bully week assembly! This will also be a pink day to remind us how our school is a bully-free environment! This is also your last day to purchase your iFlurtz results at lunch in the main hall!

Also, Monday, February 11<sup>th</sup> is our annual Open House! This is our opportunity to promote to all the grade eight students in the city how awesome we Vikings really are!! We are going to have a spirit day, so everybody wear your maroon and white to pump up our school spirit!

Stay tuned for more information on all the upcoming events we have planned for you!

Keep spreadin' the love. Peace out!

### Harbour Views Staff

**Editor:** Rachael Vance

**Staff Writers:** Matt Cochrane

**Contributors:** Ashley Ackroyed, Kailey DeLucry, Kylie Fox, Claire Logan, Mallory McDonald

**Advisor:** Mrs. McDonald

**Proof Reader:** Ms. Vickers

**Next issue: March 2013**

Interested in advertising in Harbour Views?

Contact Mrs. McDonald at **658-5359**



“My favourite SCENE was “Summer Nights” because *Grease* is my all-time favourite musical. I loved all the SCENES, though. They were amazing.” - Amber Colwell

LEFT from *Grease*

L-R: Katelyn McCarthy, Emily Wilson, Brynn Aucoin, Nikki Kuehnel, Kristen Byrne and Ashley Ackroyd



RIGHT from *The Lion King*

L-R: Nikki Kuehnel, Taylor Doucette and Kayla Nice

# SCENES



LEFT from *Mary Poppins*

L-R: Bryce Johnson, Hannah Wallace, April Wong, Tom Spencer, Lindsey Munro

“I thought SCENES was super entertaining. Every scene made you laugh or smile and so many people have great talents!” - Lauren Hoyt



ABOVE from *Avenue Q*

L-R: Jacob Dempster, April Wong, Ethan Gaunce

“My favourite part of SCENES this year was *Avenue Q*. I always love the antics of Ethan Gaunce and Tom Spencer. The musical finale was outstanding. I am very proud of all the musical talent this school houses.”

- Jon Isaac Taylor



Louise Sennett as Barbie



Shyla Richard and Taylor Morgan from *Footloose*

“I liked *Footloose* because they were such good dancers. Everyone is so talented.”

- Emily Thibodeau-Lockhart



LEFT Jacob Dempster and Nick Williams from *Tribute to YouTube*

"I really enjoyed the re-enactments of famous YouTube videos. I would definitely go see SCENES again and I strongly recommend the show to others."

- Gabrielle Melanson

# 2012

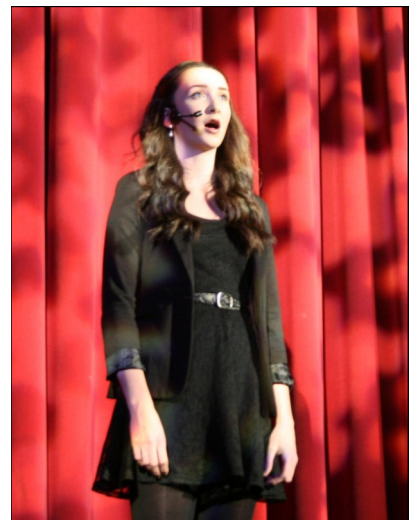
RIGHT from Theatre Arts 120 production of *The Merry Christmas Show*

L-R: Hayley Dyckow, Nicole Cochrane, Elias Melanson, Mary Goguen, Catherine Schousboe



BELOW: from *Chicago*

"My favourite scene was "We Both Reached for the Gun" from *Chicago*. It was visually appealing and well directed. It was a delight." - Meghan MacLennan



ABOVE: Sarah Alston

"I enjoyed how they covered The Beatles. I usually don't enjoy covers of them because I find that no one can top them, but the students did a fantastic job."

Vanessa Steen

# Les Bonnes Nouvelles à Harbour View

## Les maladies mentales

Par Claire Logan

La maladie mentale est un problème de hausse dans la société d'aujourd'hui. Elle est souvent négligée et la plupart des gens pense que c'est quelque chose que l'on peut régler seul. Il y a des opinions différentes sur la santé mentale, mais elle est généralement considérée comme quelque chose de laquelle on devrait avoir honte. Il s'agit d'un problème grave qui cause des problèmes dans la société.

Les fusillades se passent de plus en plus souvent. Il y a beaucoup à blâmer, mais peut-être les gens devraient regarder l'état mental des tireurs eux-mêmes. Eric Harris, le chef de la fusillade de Columbine, avait une maladie mentale, mais personne ne s'en souciait comme il a tué de nombreux étudiants. Peut-être que si la santé mentale a été examinée de plus près, cela aurait pu être évité.

Il y a beaucoup d'accent mis sur la santé physique, mais il n'y a presque pas d'information sur l'importance de la bonne santé mentale. Pourquoi est-il de cette façon? La maladie mentale n'est pas plus gênante que d'avoir une maladie physique.

Les opinions de la société sur la santé mentale ont besoin de changer. Les maladies mentales sont tout aussi graves que les maladies physiques. Espérons que plus d'importance sera mis sur la santé mentale. Tout simplement parce que la maladie n'est pas visible ne signifie pas qu'il n'existe pas.



## Conseils Pour L'examen

Par Kailey DeLucry

Les examens sont proches! C'est important d'être préparé et cet article peut être particulièrement utile pour des neuvièmes qui n'ont jamais fait les examens. Le point clé des examens est de ne pas stresser et de ne pas paniquer. Essayez de créer un programme qui va vous garder sur la tâche et vous aidera à éviter d'avoir trop de choses à gérer. Oui, il y a une chance que vous avez cinq examens en quatre jours, et oui cela peut être stressant. C'est crucial de ne pas vous laissez submerger. Peut-être que vous aurez la chance d'obtenir une exemption? Aussi, et je sais que ce n'est pas vraiment excitant mais c'est peut être une bonne idée de regarder vos notes pendant les vacances de Noël. De cette façon, si vous avez des questions vous pouvez demander à votre enseignant avant que c'est trop tard. Ne laissez pas les examens se faufiler sur vous!

**HAVE YOU ORDERED YOUR 2013  
YEARBOOK?**

There's still time to purchase this full-colour treasure-trove of high school memories.

A \$25 down payment to Mrs. Thompson in the library, will reserve your copy. The remainder can be paid when the books arrive early June.

Or visit our table in the main hall the week of Feb 4-8

You can also order them online by visiting [Jostens.com](http://Jostens.com)

# It's not too late to join

By Rachael Vance

Harbour View has many clubs and it is never too late to join!

Free thought - See Mr. Carson for more information if you like to have conversations and discuss many different topics including politics, religion, ethics and science. You are encouraged to bring your own ideas and opinions.

School Newspaper (Harbour Views) - We put out an issue out every month it's a lot of fun. We are always looking for writers and photographers. See Ms. McDonald in 309 or Rachael Vance (in the hall!) for more information.

Choir - Do you like to sing? Our choir is world-renowned and has traveled extensively. The choir practices every Tuesday after school. No experience necessary, but if you'd like more information see Mr. Molloy.

Rugby - See Mr. Bidgood if you are interested in playing "the beautiful game." It's a fun team sport. HVHS offer both a girls team and a boys team. It is lots of fun and you meet new people.

Curling - If you're interested in learning a new sport, try curling. No experience needed. This sport is a popular Canadian sport that is loved all over. See Mrs. Muise for more information.

Guitar - Always wanted to learn to play the guitar? See Ms. Ahearn in room 203 for guitar club. You get to learn and share what you know, this club is also for beginners who are interested in learning a few chords and more advanced players.

Volleyball - If you like playing volleyball or you are interested in learning see Mr. Miller.

## Harbour View High School Open House

We'd like to invite all Grade 8 students and their parents to come to  
Harbour View High School on

Monday February 11, 2013

6:30 - 8:30 pm

Meet in the auditorium at 6:30 for a short presentation followed by a  
student - guided tour of the school's facilities.

Staff and students will be on hand to answer questions.

## Entrepreneurship market huge success for students

Ms. Wilson and Mr. Nice's Entrepreneurship classes culminated in a Christmas Market held on December 13th. Michele Lodge from Enterprise Saint John was on hand to award prizes to the various businesses. Ms. Wilson and Mr. Nice also awarded the following students with prizes: Ms Wilson's Teacher's Choice - Kristen Byrne and Robyn Maxwell; Best Business Plan - Robyn Maxwell. Mr Nice's Teacher's Choice - Ben Fowler; Best Sales Technique - Ryan Marks and Cody Murray



Chelsea Hovey and Kendra Cyr, *K & C Cupcake Cones* took the \$100 prize for Best Booth. First runner-up was Deanna Morgan and Andrew MacPherson for *Bracelet World*. Second runner-up was Michelle Machum for *Magpie Jewellery*. Third runner-up, Dan Patton and Kyle Nice.

(Photo submitted by Mrs. Doucette)



Sam Lawrence won \$60 for having the Best Food Product, Pretzeltopia. First runner-up was Cody Joyce and Miranda Mawhinney for *McChocolates* and second runner-up was Jessica Earle for *Candy Colour*.



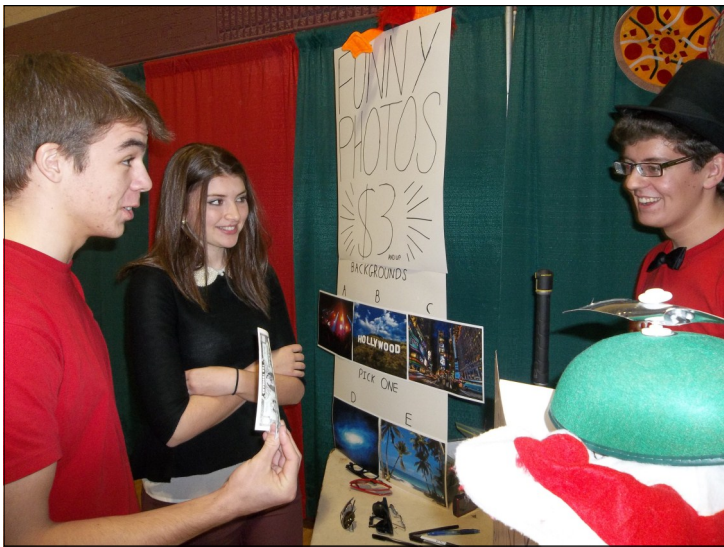
Above: Chris Titus and Jonah McDonald, *Maroon Christmas*, won \$100 for being the Best Overall Business.

Right: Michelle Machum of *Magpie Jewellery* won \$60 for having the Most Profitable Business.

(Photos submitted by Mrs. Doucette)







Top left: Bryce Johnson and Jessica Sunblad visit Patrick Blanchard's business, *Funny Photos*. Patrick was the winner of \$60 for having the Best Sales Technique. Other winners in the category included first runner-up *Dan and Brad's Super Brain Stimulator* (Daniel Kupusa & Brad Daye) and second runner-up: *Brownie Buzz* (Donna MacKenzie)

(Picture left submitted by Ms. McDonald Picture right submitted by Mrs. Doucette)



(Left) Ben Fowler of *Harbour Hippies* and (above) Erica Bannister and Cassidy Wright of *Razzle Dazzle* shared top honours and \$100 for Best Non Food Product.

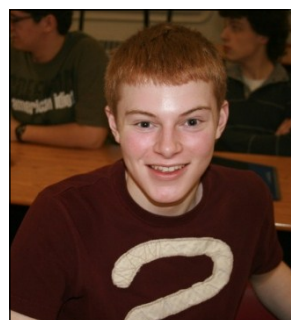
Other winners in the category include Austin Parker for *Pop Can Coasters* (first runner-up) and Katherine Belyea for *Katherine's Crazy Candles* (second runner-up).

(Photos submitted by Ms. Doucette)

# Grad class promotes tan free prom

By Claire Logan

This year the Grad Class Executive is working with the Canadian Cancer Society to promote a Tan Free Prom. We are asking all grads to pledge to not tan intentionally before our prom in June. This may seem like a lot to ask; however, it simply involves slathering on some sun block and avoiding tanning beds!



Jacob Lawrence, Jessica Anthony and David Copp all support a tan free prom.

Tan Free Prom is a new initiative from the Canadian Cancer Society to promote skin cancer awareness. Skin cancer is the most preventable type of cancer, so we are trying to change the attitude towards tanning. Any sign of skin discoloration, like a tan or a burn, is a sign of skin damage! Any person puts themselves at risk by exposing their unprotected skin to ultraviolet radiation, which can come from the sun or tanning beds.

Many people think tanning beds are a healthy way of getting a natural glow before prom; however, there is nothing healthy or natural about them. Some tanning beds emit five times as much ultraviolet radiation as the sun does! Youth who use tanning beds put themselves at risk for Melanoma, which is the deadliest form of cancer. An adolescent who uses a tanning bed has 87% more chance of developing Melanoma as opposed to someone who does not. Melanoma is the most common form of cancer in people aged 15 to 29 and also kills the most.

The Grad Class Executive is asking all the seniors to think

twice before lying in a tanning bed or skipping the sun

block. Health is much more important than the “beauty” associated with tanning. Besides, many people think natural skin is more attractive than an obvious tan.



### Canadian Cancer Society Reveals the Truth Behind Tanning Bed Myths:

- Myth:** “I’m getting a base tan.”
- The Truth:** A tan does not actually provide good protection from the sun; it actually will harm more than it will help! Sun block is a more effective way to have protection from painful burns.
- Myth:** “A tan makes me healthier!”
- The Truth:** It may appear to be healthier, but the damage is done. Too much tanning can lead to premature aging, which means getting wrinkles.
- Myth:** “I’m getting vitamin D from the tanning bed.”
- The Truth:** Just a few minutes of unprotected exposure to the sun can be enough for someone to obtain their daily dose of vitamin D. There are safer alternatives to get vitamin D without using a harmful tanning bed.

# SPORTS BEAT...A MONTHLY LOOK AT HVHS SPORTS

BY MATT COCHRANE

Hey sports fans! The beautiful spring is just around the corner and so are the awesome sports that it brings! That's right, I'm talking about the end of basket ball, volley ball, and some good old rugby!

It's time to put on them short shorts and spandex, and pull them knee socks up, because yes, rugby is finally here! Practices have started already! Listen to the announcements, talk to classmates and speak to Mr. Bidgood about joining rugby and or attending rugby events because you do not want to miss out on a single minute of this hardcore sport! Both boys and girls senior and junior teams are looking for all that hidden talent out there, so don't be shy! I personally promise you that its going to be a rucking good time!

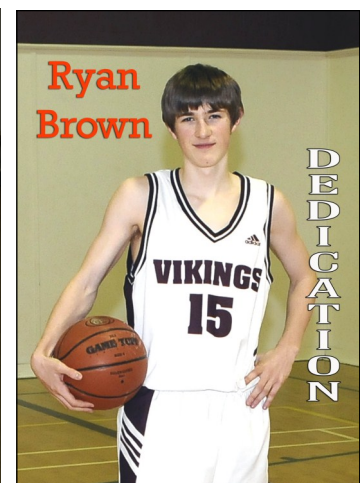
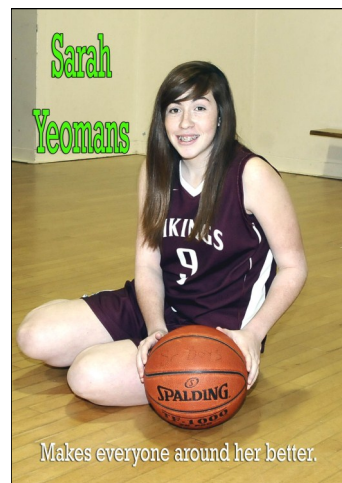
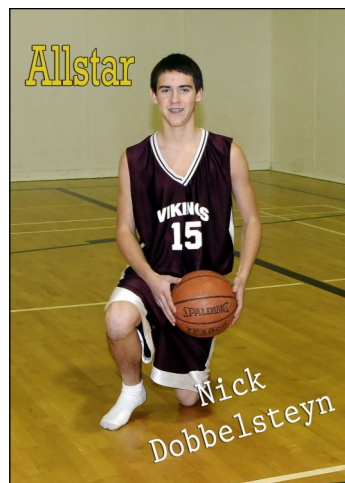
We have five players this year who have proudly represented not only HV but New Brunswick. These athletes played for the U-18 men's (Anders Blizzard) U-18 women's (Shelby Goddard) and U-16 men's (Aaron Pizzey, Nick Shillington, and me, Matt Cochrane) at both the Eastern Canada tournament, and the National Canadian tournament playing for team NB! Personally I would have to say that coming back from playing with the best rugby players in the world really steps up your game to a new level and anyone who thinks they have it in them to come try out, please do. Not only will it make you a better player, it will make HVHS a better team!

Also, Rugbyfest happens in April so come out to RNS and support the boys as they take on the strongest division they have faced yet. We'll be defending our title win from last year. Hopefully we will make HVHS proud yet again and lift that banner for a second time in two years! LETS GO BOYS!

Also volleyball in starting up soon, and I'm sure that the coaches would love to see some new and enthusiastic players out there for tryouts! For all you fans out there, be sure to talk to your classmates and find out when the games are so you can get all painted up and cheer for your HVHS team while they spike, bomb, and volley all over their opponents!

Well that's it for the sports news! I'm Matt Cochrane, you stay classy HVHS!

## Athletes of the month—November 2012



It's time for the EAST WEST CHALLENGE!!!

Paint your face, wear your Harbour View colours and head over to Simonds High, Feb 5th, 6pm.

Stay tuned for more details.

# A picture is worth a thousand words...



Left: Paige Pettinger and Jillian Cunningham enjoyed a Victorian feast as part of Ms. Bosse's Grade 11 English class on December 18.

(Photo submitted by Shelby Hamilton and Rachael Vance)

Below left: Nic Shillington took the opportunity to tell Santa what he wanted for Christmas when Santa (Mr. Nice) popped by HVHS just before the Christmas Break.

Below right: Kerri Doucette and Kendra English packed warm hats and mittens to give to students in need.

(Photo submitted by Mrs. Doucette)



Grad class executive L-R Jenna Dobbelsteyn, David Copp, Sarah Alston and Claire Logan prepared pancakes for their fellow graduates before we broke for Christmas

(Photo submitted by Mrs. Doucette)



The students and teachers played a game of basketball on the last day of school before the Christmas Break. Shown here is the student team comprised of L-R

Colin MacKenzie, Nick Earle, Anders Blizzard, Nick Beale, Jessica Sunblad, Peter Wang, Morgan Matheson and Sarah Alston.

The students won the game.

(Photo submitted by Mrs. Doucette)