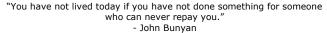
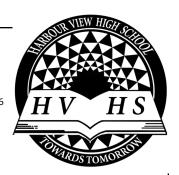


### HARBOUR VIEWS

Issue 8 May 2016





#### HVHS students take place in a mock accident



Tom Delaney did not survive the crash, which took place at the railway crossing at the end of Douglas Avenue at Chesley Drive on April 27.

Operation Lifesaver is meant to educate young drivers and give first responders an opportunity to practice important skills.

"This was a mock scene, "said Tom Delaney, SRC President, "but the importance of it was to remind us that it could happen to any of us, especially beginning drivers. It was a real eye opener and made me realize that I never want to experience something like this in real life. I think it will definitely make me more aware. When I cross a railway track I will definitely stop and take a quick peek—even if the flashing lights aren't on."

May at HVHS
5 & 6 - No School
13 - Relay for Life
Provincial Speak Out
23 - Victoria Day, no school



Students from Ms. Butler's Forensic Science class examine the crash.

L-R: Samantha Arthurs, Miranda Dickie, Jared Johnson, Ben Vitale, Tyler Hooley and Cameron Brooks



Tom's okay! Honest. He spoke to students in the auditorium after the event.



Pretend victims L-R: Jenna Dixon, Abby Campbell, Kaley Watters, Ian McGill and Josh Merrett

(Photos submitted by Ms. McDonald)

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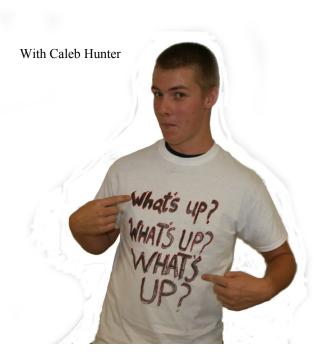
Book review

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#### Question: What is the highlight of Relay for Life for you?



Jordan Lomax
"It's super fun. The
gym activities are the
best."



Tessa Murray
"The social experience.
It's so cool how the
whole school comes
together."



Miriam Bowen & Brianne Durant "The luminaries."



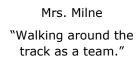
Elijah Wilcott
"My fave part is hanging out with my
friends."



Brad Bordage
"The challenge of staying up all night."



Kaley Megaw
"How involved you can
get. You aren't just
giving money; you
work to have fun."





### From the editors' desk

#### By Danielle Clark

I am not a perfect person, far from it. I make so many mistakes I often think that I'm the most imperfect person in the world. I have so much regret for all the grief I've caused to all the people around me. But I'm trying. I learn from my mistakes and I'm constantly trying to better myself. I find it very hard to be conscious of what I am doing and to realize when I am doing something wrong. Everyone has bad habits but working at them and trying to make them better is what really matters.

When I was in grade nine I was a shy, awkward, kind of horrible human being. At the time I didn't see anything wrong with the way I was acting. I was super over confident, because I was raised to believe that confidence is key and I still do, I just realized that there's a necessary balance. Always be confident in who you are but be willing to realize when you're in the wrong and be willing to change that. I've always had a hard time seeing my flaws as something I could change but once you see them for what they are it gets harder to live with.

The first day of high school I met a girl. She was confident just like me, but where I kept my confidence in and put myself on a pedestal, she shone like a star. Not only was she confident, she admitted to her flaws and faced her mistakes head on. I admired this girl. She was the same age as me and yet it seemed as if she already had her whole life view figured out. I knew right away that I wanted to be like her and to be friends with her. She was the reality check I needed. She made me realize that there were ways to better myself and that I could change my life for the better.

What I'm trying to say is that you never know when something or someone will pop into your life and give you the push you need to do better. It may be scary but you should welcome it with open arms. The best things happen when you least expect it and the worst thing you can do is hide and run away from change. Embrace your destiny.

#### **Harbour Views Staff**

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Staff Writers: Kinsey Harley, Caleb Hunter, Carley Melvin,

Rachel Sheehan, Aaron Sousa

Contributors: Tom Delaney, Brianne Durant, Jiorgia Pellegrini

Advisor: Mrs. McDonald Proof Reader: Ms. Vickers Next issue: June2016 By Louise Touchbourne

In April, a First Nations reserve in northern Ontario went into an emergency state due to a shocking amount of suicide attempts. Since September, over 100 people have attempted suicide in the rural community of 2000 people. Attawapiskat went into the state of emergency after 11 people attempted to kill themselves in one night.

This recent issue has brought into question a long standing problem in our country, the treatment of First Nations people by the Canadian government. The way this incident was handled actually shows the way the government responds to the First Nations community.

It took months, and 100 attempted suicides, before the government decided to intervene. Even then, they didn't begin sending counsellors and outside help until the media covered the story and it made the national news. The government only reacted when the rest of Canada became aware of what was happening on the small, isolated reserve.

The people of Attawapiskat need extra support to rehabilitate their people, but there needs to be more attention on the First Nations community on a larger scale all across our country. When an emergency debate was called at Parliament to discuss the emergency state at Attawapiskat, Justin Trudeau didn't even show up; he instead attended a former Liberal's book launch.

I'm not saying that Trudeau can't be bothered, but this certainly shows a lack of sensitivity to the issue. The First Nations people have always struggled for equal rights and attention in our nation, and that's something that needs to change. The federal government has pledged to build Attawapiskat a youth centre in wake of recent events, but that is just the tip of the iceberg.

The First Nations community should not have to be live in third world conditions and feeling unacknowledged by the rest of the country – they deserve much more than that. I hope the government will take this seriously and begin making more positive changes. Another crisis like the one in Attawapiskat should never happen again, not in a country as developed and free as ours.

Do you like to write?
Do you like to take pictures?
Are you computer savvy?

#### Harbour Views is looking for YOU!

If you'd like to work for *Harbour Views* for the 2016-17 school year, please see Ms.

McDonald in Room 309.

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#### It's the best night of the year: Relay for Life

By Tom Delaney (with material from Mrs. Wiggins)

Harbour View's Relay for Life is an inspirational, moving, and captivating night- all in support of the Canadian Cancer Society.

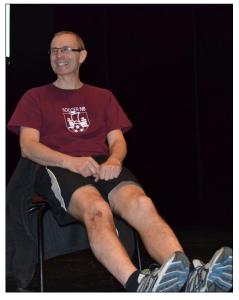
Registration is open in the main hallway until May 3rd for \$15 with a commitment to raise a minimum of \$60. You are asked to return a signed Parent/Guardian form given to you at registration in order to participate All money collected can be handed in to the Main Office between now and the night of the event. Also, any luminary forms should be handed in before May 11th.

HVHS *Relay for Life* is on Friday, May 13th. You will be asked to check in for the event starting at 5:30pm. We have inflatable games and Laser Tag in the gym and a mobile ARCADE box in the bus parking lot. A live Main Stage of local talent, Lip Sync battles in the auditorium and a very special COLORS display in the wee hours of the morning are some of the new events.

To commemorate the 2016 event, the students, in conjunction with Mr. Armstrong and Mr. Sprague-Hay, are in the process of creating a person sized luminary to sign. The large luminary will be etched with the word HOPE and shine a light on the track.

Harbour View High School is the only high school in the province to put on this event. This is a highlight in every student's school year and one of the many reasons why new students choose HVHS. We are very proud to have raised over \$150,000 in support of Cancer research over the past 10 years.

Vikings, you don't want to miss out! *Relay for Life* is right around the corner! Come see us in the Main Hall at lunch for your pledge sheets.



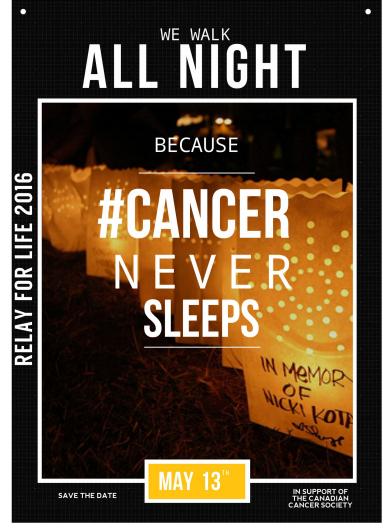
Mr. Bidgood prepares to get his legs waxed—all in support of this year's *Relay for Life*. Ouch!



L-R: Miriam Bowen, survivor and HVHS parent, Harold Wright, Samantha Arthurs at the *Relay for Life* assembly



Matilda Giggey demonstrates how to win a lip sync battle at the *Relay for Life* assembly.



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#### Students participate in Holocaust study group

By Jiorgia Pellegrini

For eight sessions, I was fortunate enough to partake in learning of the horrific events of the Holocaust and the perseverance of the prisoners in the concentration camps.

There were fifteen students—including myself and three other from Harbour View (Emily Robson, Makenzie Burbridge and Rachel Fullerton-Quin). First, we learned about Judaism in general and traditions of the Jewish people. We learned a brief timeline of the Holocaust and heard stories of survival and stories of loss. We learned of the creativity that still flourished in desperate times. We read books, wrote journals, and worked on final projects demonstrating our newfound knowledge. My final project was a model of Theresienstadt—a camp in the Czech Republic.

All fifteen of us were in attendance April 11th for the Holocaust Memorial Ceremony. It was a somber occasion handled respectively by all attending. We were

all given certificates and books for participating. Six of us, myself included, were given the Beatrice Cummings Mayer Holocaust Prizes for exceptional contributions.

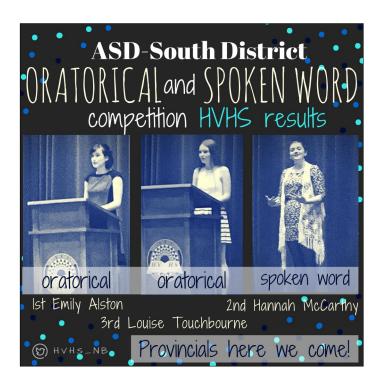
I was also fortunate enough to be selected to light a candle in memory of the lives lost during the Holocaust.

After the ceremony I had the honour of meeting Faigie Libman. She is such an inspiration and though I've not talked with her for more than a half hour I know I will always remember her.

I will never forget what I've learned and I recommend the program to everyone. I feel it is important to learn about the Holocaust because we always run the risk of it happening or something as equally horrible happening again.







Over forty students from Saint John and Bellisle participated in this very competitive event. We are thrilled to have Emily Alston (1st, Oratorical), Louise Touchbourne (3rd, Oratorical) and Hannah McCarthy (2nd, Spoken Word) represent us at provincials in Fredericton on May 13th.

#### Wellness Week hosts BBQ

By Brianne Durant

Wellness Week is a monthly student-organized incentive dedicated towards promoting, and demonstrating how to live a healthy lifestyle.

On Wednesday, May 11, Ms. Scott's nutrition class is taking Wellness Week to the next level by inviting students and staff to their "Surf & Turf" BBQ. The speciality on the menu is savoury BBQ maple salmon skewers, accompanied by: juicy hamburgers, refreshing salads, yogurt, fresh fruits and veggies. Thank you, Cook Aquaculture, for your extremely generous donations in support of the event.

"The last Wellness Week is May 9-13 and this barbeque is a way to celebrate our wellness initiative," said Mrs. Scott.

The BBQ is provided at no cost; however, donations will be graciously accepted. All proceeds made will be put towards our *Relay for Life*, which is happening May 13th. Come on out Viking for a healthy bite to eat, in support of a good cause.

"I think Wellness Week has been a success for our students and staff," said Mrs. Scott. "I hope we will be back next year with new big, ideas."

#### **HVHS COMICS**

#### BY CARLEY MELVIN & RACHEL SHEEHAN





By Aaron Sousa

Hello Vikings!! Welcome to May!! Can you believe that the year is going by so fast? It's just a few more weeks and then the school year will be over. This is going to be very hard for students who must say good-bye to their friends in Grade 12. To relieve the stress of end-of-year projects, essays and exams, let's get talking about our favourite Hollywood gossip.

American Idol: "Good night, America...for now." Those were Ryan Seacrest's final words as host of American Idol. After 15 years on the air, the Fox network decided that this would be the final season of the talent show. Network executives said the reason for the cancellation was declining viewership. The final episode was an emotional roller coaster. People laughed, cried, and even screamed. Many stars appeared on the episode including past American Idol winners, Carrie Underwood and Kelly Clarkson. Some well known judges like Simon Cowell and Paula Abdul also made appearances. Cowell even apologized to all the viewers and previous contestants for his rude behaviour for which he blamed on Abdul. After weeks of blood, sweat, and tears, Seacrest crowned Trent Harmon the 15th and final American Idol. I'd been watching the last few episodes and I don't think that Harmon should have won. There was a woman on the show named LaTasha and she was a much better singer than he was. Now the thing that everyone else is curious about is something that Seacrest said at the end of the broadcast. "Good night, America...for now." What could that "for now" mean? We'll have to wait and see...

Doris Roberts: I have some very sad news to report. Doris Roberts, well-known for her role as Marie Barone on the late '90s sitcom Everybody Loves Raymond starring actor and comedian, Ray Ramano, has died. I'm unsure of how she died; however, I'm assuming it was natural causes. TMZ stated that they caught up with Roberts last month at the premiere of a new movie, where she stated that she hadn't been feeling well during the past few weeks. Messages of condolences have poured in from all around the world, including the head of CBS Television. He wrote "We were glad to have her part of the CBS family for as long as we did." RIP Doris. You will be missed.

Kelly Ripa and Michael Strahan: Behind the scenes drama is always the best in my book, especially when it's unexpected. Michael Strahan, co-host with Kelly Ripa on the ABC daytime program Live with Kelly and Michael announced on the show Wednesday, April 20th that he would be leaving the show in September to accept a new full-time position on rival morning show, Good Morning, America. While many people are happy about his new position, Kelly Ripa is not. Ripa believes that Michael stabbed her in the back with this news. Ripa felt that she deserved a head's up since she was the one who launched his big time career in television. She didn't even show up to Wednesday's show which ABC is predicting as "the beginning of a string of absences." Come on, Kelly. You aren't on All My Children anymore; why must you be so dramatic? Ripa has yet to say anything more on the matter. Where's Strahan on the whole deal. I haven't a clue. But what I would like to know is how in the world are he and Kelly supposed to get along with each other until September? This should be very inter-

Well that's it for this month. I still can't believe how fast the school year has gone by and that next month will be my final article as a grade 9 student. Time certainly flies when you're having fun.

And that's the glimmer in the stars...





By Kinsey Harley

Prince Charming: the one in almost every fairytale, a regular hero type, right? Well, not in this month's book, *The Hero's Guide to Saving Your Kingdom* by Christopher Healy. This book twists the way we think of Prince Charming and other fairy-tale stars. Healy bases all of the characters upon their original story yet changes things through the way the characters are portrayed.

Prince Liam from the *Sleeping Beauty* story is always ready to jump in and save the day, yet when something happens and his kingdom turns against him, he bails. Gustav from the *Rapunzel* story is a tough, rough, tall, muscular man. As the youngest of a family of 17 children, he's always put down (especially after the Rapunzel song gets out because of those stupid bards), so he leaves. Frederic from the *Cinderella* story is dainty, even has his



pencils dulled so he won't cut himself. Ella leaves as she is the adventurous type and Frederic follows on a quest to save her. And last but not least there's Duncan from the *Snow White* story, somewhat of an idiot and naive. He's crazy and odd, yet he has what he calls "amazing good luck" and is lovable.

Somehow they all meet and depart on a quest that initially is about saving Ella but ends up being about saving the bards from each of the five kingdoms. (Zaubera, a witch, has captured and plans to massacre them just to prove her evilness). *The League of Princes*, as they call themselves, end up running into the Bandit King and his army, Briar Rose (the somewhat evil Sleeping Beauty), a giant, a band of thugs in a small bar, a dragon, trolls, and much more. Despite their quirks and hilarious attitudes, they fight together.

Every chapter starts with "Prince Charming...", like, "Prince Charming Needs A Bath" or "Prince Charming Hugs Trees". With comic drawings all throughout the chapters (he calls them "Figures"), you can imagine what the characters look like and how they act even more.

I give this book a five out of five, 100%. It was hilarious! I laughed out loud a lot. I think this is the fourth time I've read it and I still laugh even when I know what's coming!! This isn't just for kids. I know many adults who have loved this book, and, in fact, they were the ones to introduce it to me

Frank Cottrell Boyce, New York Times bestselling author of *Cosmic* said: "This is the most fun you can have short of rounding up King Arthur's knights, filling their armor with laughing gas, and driving them to a roller disco."



# Fermat grade 11

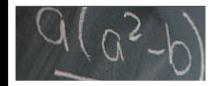
Makayla grade 1 Crandlemere Cayley
grade 10 Noah
Hartery

## grade 9 Dominic Rocca

### Distinction

**CAYLEY** Noah Hartery

**PASTAL** Dominic Rocca Alexander Johnson



### Pascal, Cayley and Fermat Contests Individual Awards

- Every student scoring in the top 25% of all competitors receives a Certificate of Distinction.
- · Each School Champion receives a Contest Medal, at the discretion of the CEMC Executive.
- The names of some top-scoring eligible students appear in zone, provincial, Canadian and international honour rolls (for regions with at least 30 participating students).
- · Each of the top five eligible students in Canada receives a Plague.
- For eligible students in the Fermat Contest only, each Regional Champion is awarded a prize of \$200, at the discretion of the CEMC Executive.