

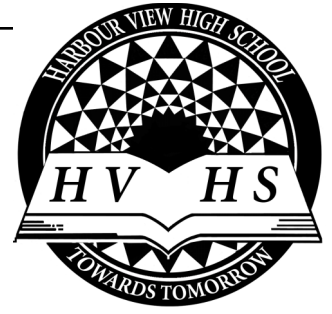


# HARBOUR VIEWS

Issue 7

April 2017

"May your choices reflect your hopes not your fears."  
- Nelson Mandela



## HVHS prepares for *Relay for Life*



Pauline Winkler, Brad Bordage, Valerie Rucker, Tyler Hooley, Matt Oram, Ben Vitale light luminaries at our annual Relay for Life kick-off assembly held March 26.

Here's what you need to know:  
*Relay For Life* takes place on May 12  
6:00 pm—2:00 am

Registration takes place  
March 27—April 7

**\$15 fee due upon sign-up with a pledge to raise an additional \$75**

If you raise \$300 or more, you'll earn a golden bracelet which allows you to cut all the lines on the night of Relay... and other special treats

**Luminaries are also available: \$7 each or two for \$10**

Luminaries are lit on the night of Relay to honour cancer survivors and those we have lost.

Encourage out-of-town family and friends to support our Relay by donating at our Go Fund Me page

[www.gofundme.com/hvhsrelay](http://www.gofundme.com/hvhsrelay)

Get involved by registering, taking part, raising money and volunteering. Speak to any member of Leadership 120 or Mr. McCaustlin

April at HVHS

14th & 17th, Easter Break

21st, Grad Class Auction,  
6:30, HVHS

28th, PD, no school



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# Bellissimo: HVHS students visit Italy

By Makenzie Burbridge

This March break was far from relaxing, but more fulfilling than any before it. I learned more and ate more pizza in these eight days than in all my previous March Breaks combined. I seized every opportunity offered to me even if it meant fighting exhaustion. I was fortunate to spend my Break in Italy.

After a 14 hour day of travel, we landed in Italy at 10am with a full day of activities planned. Our first stop was beautiful Verona, famous as the setting of Shakespeare's *Romeo and Juliet*. Lunch was our first meal in Italy, so we had to have pizza. It truly is unlike any other pizza I've tasted and gave us all the energy we needed to see the sights. It was the first time I got to experience the laid back Italian culture. If you looked past the rushing tourist you could see that every local was drinking wine and relaxing while their children played freely in the streets. I genuinely felt as though I was in a movie.



Every day and new destination brought new firsts. In Venice we rode gondolas and in Florence we fed Italian pigeons, which - in case you were wondering - are oddly similar to the ones found in King Square. It turns out this is illegal. Finally, we got to see ruins and the coliseum in Rome. It's hard to believe something so grandiose and complex was built two thousand years ago for fighting tigers and even harder to believe that it's still standing. After experiencing Italy's rich history there is no question in my mind as to why it has been deemed the birthplace of western civilization. It made me step back every day in awe of the ingenuity of man to create such beautiful architecture.



Nothing can prepare you for how overwhelming it can be to try to experience as much of Italy as possible in eight days but going with a positive group of people made it achievable. At the end of the day, the trip was made memorable by the people on it. I will never forget Hallie playing "That's Amore" by Dean Martin on our gondola ride, or Dylan bartering with every vendor he came across. Long boring bus rides were made entertaining by Rachel introducing us to heads up and Alyssa's hilarious commentary. I couldn't have asked for a more caring roommate than Christen or funnier chaperones than Mr. and Mrs. Pitman. Thank you all for making this the trip of a lifetime.

Above: Mrs. Pitman, Christen Curran-Wall, Hallie Bourque, Makenzie Burbridge, Rachel Fullerton-Quin, Alyssa Yeomans, Dylan Pitman and Mr. Pitman in Venice.

Left: Hallie Bourque, Makenzie Burbridge, Rachel Fullerton-Quin, Alyssa Yeomans, Mrs. Pitman, Mr. Pitman, Christen Curran-Wall and Dylan Pitman at the Colosseum in Rome

(Photos contributed by Mrs. Pitman)

## From the editor's desk

By Rachel Fullerton-Quin

As the end of the year draws closer, acceptance letters are being handed out and people are making decisions about post-secondary. A Bachelor of Arts tends to have the stigma that you can't do anything with it, and that it's the easy path. When I tell people that I plan to pursue a BA, never mind whichever major, I often get the "and what do you plan on doing with that?" look. Leading up to this year, I was quite wary on whether or not I should actually pursue a BA because everyone tells me how hard it'll be to find a job, and I won't be able to make money. I feel embarrassed that I'm spending all this money on something I won't be able to even find a job with. A BA is also known as the easy way out because compared to a Bachelor of Science, "it's less work". It is one thing for people to take a BA because they don't know what else to do. To me, that is a waste. But if you have somewhat of an idea, then you are not wasting anything. When an employer is looking to hire, they don't solely rely on the degree either. They look for experience, volunteer work, internships and things that make you unique.

The arts is a broad study. It's also a good starting point. From a BA, you could go on to law school, education, politics, environmental studies or any number of things. You could get a PhD or Masters. You work with any number of skills, some which may be overlooked in other degrees.

In her Huffington Post article, "Is a Bachelor of Arts degree worth it?" Kerri-Ann Bevis says: "Sometimes I do wish I studied something else, until I need to sit down and write something or I need to brainstorm an idea about how to create a platform that allows writers to easily share their work with editors and translators. Then, I no longer regret my decision to study something that allowed me to be flexible and dynamic in my thinking."

One degree is no better than another. Some people are suited for sciences, some for arts, some for business, some for music. Choosing one degree over another shows nothing about your future or your academic ability. Follow a degree (or multiple) that suit what you want to do with your life, not what your neighbour, parent, or great aunt think you should do.

### Harbour Views Staff

**Editor:** Rachel Fullerton-Quin

**Staff Writers:** Alex Banks, Aaron Sousa, Ethan Higgins-Watson

**Contributors:** Makenzie Burbridge, Eddie Byrne, Hannah McCarthy, Brandon McCluskey, Ms. Wilson

**Advisor:** Mrs. McDonald

**Proof Reader:** Ms. Vickers

**Next issue:** November 2015

## Food for thought: making a case for a plant-based diet

By Eddie Byrne

Times are changing, and with the times changing people also seem to be changing. I'm talking, of course, about the sudden increase in vegetarian and vegan students.

People will go vegetarian and vegan for all kinds of reasons. They'll do it because of their moral beliefs, that eating animals is wrong; they'll do it because they do not like the taste of meat itself; they will do it to curb their calorie intake; or even so they feel they can have better control over themselves and their body and what they put into it. Whatever the reason, becoming vegetarian and vegan seem to have grown exponentially in the past few years.

Shelby Hoben is one student who has reconsidered her eating habits "because I don't like the way animals are being treated and so I don't want to support it."

Shelby's been a vegetarian for four years now.

For people like Shelby, it's their morals that get in the way of them eating meat; they do not believe animals should be treated the way they are being treated and so they boycott the whole meat industry.

Shelby doesn't intend to eat meat ever again.

People have changed what they believe in since our parents were going to school. Back then it wasn't that you didn't want to eat meat but that you could not afford it or it was not available. Now people can afford it, it has become much more inexpensive and available, yet students still choose not to eat it.

Even our school seems to be keeping up with this idea by having vegan foods in the cafeteria, things like fruit and veggies, healthier alternatives to pizza and macaroni and cheese for their vegetarian and vegan students.

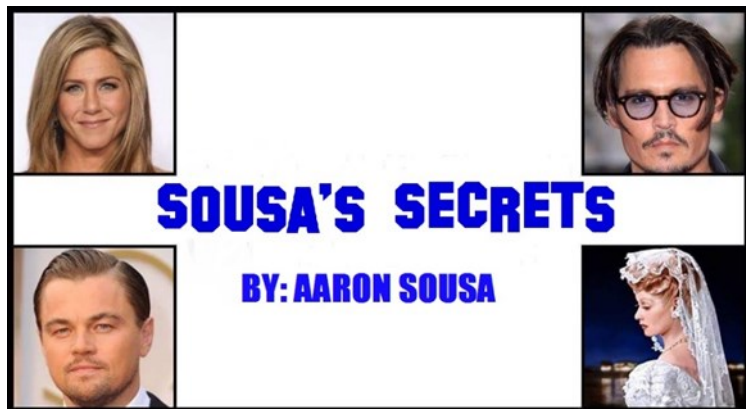
Shelby believes it's a trend that's here to stay "because I think they're [people] starting to see that the way animals are being killed and kept in slaughter houses is completely inhumane, and because people are starting to see the benefits, for health reasons, of a plant-based diet."

Could it be that people are starting to see things more clearly regarding the way animals are being treated because of things like social media and the Internet? It has never been more "cool" to be vegetarian or vegan, but it is definitely more than a "cool" choice for most people.

As for me, I believe that eating meat is not only morally wrong but also just plain unnecessary as our bodies do not need meat to survive and people can be much more healthy by eating fruits and vegetables.

For more information on a plant-based diet visit: [www.vrg.org](http://www.vrg.org)

Did you know? Paul McCartney, Alyssa Milano, Carrie Underwood, Moby, Ellen Degeneres, Mayim Bialik, Alicia Silverstone, Joaquin Phoenix, Natalie Portman, Tobey Maquire, and Shania Twain are either vegetarians or vegans.



Hello readers! Welcome to the wonderful month of April! The month when you can get all the chocolate you can dream of without having to love someone. Well, I am super excited this month, but also a little sad at the same time. Read on to find out why.

**Chuck Berry:** This is the reason I'm sad this month. Rock and Roll pioneer Chuck Berry died of natural causes last month at his home west of St. Louis, Missouri. Music lovers around the world are mourning his death at this time. Police responded to a medical emergency at his home on March 18th at 12:40 p.m. local time. Police say Berry was unresponsive and he was

was pronounced dead at 1:26 p.m. The blues musician first broke on the music scene in the 1950s and has been a huge inspiration for musicians ever since. His hits include, "Johnny B. Goode", "Maybellene" and "Roll Over, Beethoven." Chuck Berry was born Charles Edward Anderson Berry on October, 18, 1926 in St. Louis. When he was young, he learned to play piano, saxophone, and guitar. His father was deacon of a Baptist church and his mother was a school principal. Many went to social media to send their condolences and remember his work. Lenny Kravitz took to Instagram and hailed Berry as the father of rock 'n' roll, saying, "None of us would have been here without you." Bruce Springsteen said, "Chuck Berry was rock's greatest practitioner, guitarist, and the greatest pure rock 'n' roll writer who ever lived." May this great legend rest in peace. He was 90.



<http://thekey.xpn.org/2017/03/18/chuck-berry-dead-90/>



<http://www.buzznet.com/2017/02/why-we-sneak-love-shawn-mendes/>

**Shawn Mendes:** I don't know about the rest of you, but I for one, truly like this guy's music. So I might enjoy his soon-to-be acting credits also. Canadian born pop singer, Shawn Mendes is rumored to be cast in Ivan Reitman's new movie musical *Summer of Love*. Reitman, also Canadian, hopes to get Mendes to star in the movie. While the proposed project has yet to find a studio willing to produce the movie, we do know the plot. This story takes place during the summer of 1967 when as many as 100,000 people, mostly young hippies, joined together in San Francisco's Haight-Ashbury neighbourhood to protest the Vietnam War. This movie won't mark Shawn's first film role; he voiced the young Amadeo in the 2013 animated film, *Underdogs*. This will, however, be his first live action role. This film comes just after the success of the movie, *La La Land*,

starring Emma Stone and Ryan Gosling, which has made \$423 million dollars at the box office so far. The last time musicals made this much money, William Lyon MacKenzie King was Prime Minister. It looks like movie musicals are having a resurgence in Hollywoodland.

**Kevin James:** Netflix will be adding another comedic face to its lineup of comedy specials. Comedian, film, and TV star, Kevin James, will headline his first special 'since 2001 sometime in the next year. James is known for his roles as Doug Heffernan on the sitcom *King of Queens* and Kevin Gable on the show, *Kevin Can Wait*. Moviegoers know Kevin by his works in the hit films *Paul Blart: Mall Cop* and *Grown Ups 2*. James is just one of the few comedians that has signed a contract with the streaming giant to deliver stand up specials. Other stars include, Chris Rock, Jerry Seinfeld, Amy Schumer, and Tracy Morgan.

That's the glimmer in the



<http://www.closerweekly.com/posts/kevin-james-shares-first-photo-of-baby-daughter-sistine-see-the-cute-pic-56074>

## Students attend Entrepreneurship Youth Summit

Submitted by Ms. Wilson

On Friday, March 3<sup>rd</sup>, fourteen Vikings attended the Youth Entrepreneurship Summit in Fredericton. The event was held at the Fredericton Convention Centre and was sponsored by the Pond-Deshpande Centre at the University of New Brunswick. Students heard from some business experts about the opportunities available in New Brunswick and watched a documentary about how the island community of Kokota was changing the lives of their people through innovation. Gerry Pond, Greg Hemmings and other business leaders were there to share their stories. Matt White, who had been on Dragon's Den, told us how he had started his beard oil company in his basement! We also spoke to a group of young people who were working to put artists' works on clothing, so that they could help them become recognized. It was awesome to hear entrepreneurs tell their stories and encourage everyone to follow their dreams!



L-R: Michael Campbell, Kaylee Roach, Jane MacGregor, Emily Duplisea, Christen Curran-Wall, Abby Campbell, Emma Burns, Noah Crossman, Emily Alston

(Photo submitted by Ms. Wilson)

### HVHS Computer Club underway

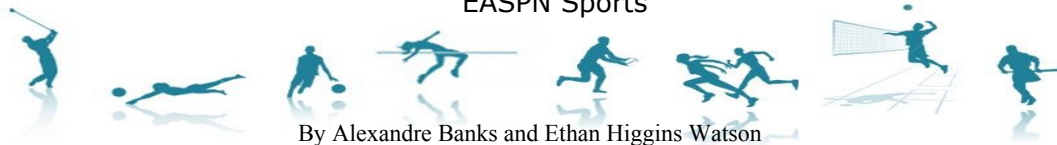


Back L-R: Ryan Clark, Cameron Chadwick, Liam Johnson, Bailey Learmonth, Ethan Garnier, Ethan Higgins-Watson, Gerry Bidgood, Levent Sackirk, Michael Scott

Front L-R: Jack Kelly, John Mifflin, Max Gauthier, Edward McMillan,

Computer Club gives students an opportunity to learn more about technology and allows them to try new and creative projects. Some members are learning coding and video editing, while others are involved in robotics, 3D printing projects and science experiments. If you're interested in finding out more, see Ms. Wilson or Mr. McCaustlin or come to Room 302 Fridays at lunch.

## EASPN Sports



By Alexandre Banks and Ethan Higgins Watson

Hello fellow Vikings! March was an outstanding month for Harbour View's sports teams, filled with hard practices and a few well-contested games. All of our boys' and girls' volleyball, cheerleading, and rugby teams have worked extremely hard and they should all be congratulated for their dedication. There are many sports which are beginning throughout April, and we can't wait to see how they'll perform this month.

The junior boys' volleyball team has been performing extremely well this season. They started off their season by having many intense practices that built up a solid foundation, which looks like it might lead to a bright future on the court. The junior boys played incredibly well at their first game of the season, and their dedicated efforts paid off as they beat KV 5 sets to 0. The boys are attending a tournament in Fredericton where they think they will meet some intense competition against the Fredericton high schools. The coaches of the team are Jen Oram (not the teacher) and Kevin Hooley. They have been playing outstandingly well and are looking to capitalize on a super start. Great work so far team.

The girls' junior varsity volleyball team has been having an incredible season. The girls practiced throughout February and the beginning of March preparing for their games in March and April. The team revealed their determination and teamwork on the court as they beat KV on March 21st. The coach of this amazing team is Kevin Manuel and the manager of the team is Rachel Sheehan, who is in tenth grade at our school. The captains of the team are Clara Kelly and Jillian Beck. This season the girls are looking to excel as a team and have a lot of fun. Our junior varsity girls have been doing great so far in the season. Keep up the great work team!

The senior boys' volleyball team had their first game on the 22 of March against Sussex. The guys played exceptionally well and beat their opponents' three games to two. The boys' hard work and talent will blow the competition away this season and we can't wait to see how they continue to progress throughout the season.

The amazing senior girls' volleyball team had many practices leading up to their first game. The girls are putting a tremendous amount of effort into their practices, trying to further develop their abilities and skills. The team will continue to work hard, and better prepare themselves for their opponents and make themselves an even more incredible team. Coaching this awesome group of girls is Indigo Clemente. The Vikings had their first game on the 23 of March and they played phenomenally, competing well against their opponents. Keep working hard team!

This year is looking to be a good year for the boys' rugby team. Their major goal for this year is and do well during the school season and win Rugbyfest.

"We are hoping to be a really physical team this year," states Bailey Learmonth, as he explains the aggression that the team hopes to present on the field. Rob Olkier, Chris Barry and, Mr. Bidgood are the dedicated coaches of this fantastic group of guys. So far this season the boys have not had any games, but they practice regularly in the gym until such time as they can get out on the field. Good luck in the season, and continue to demonstrate your determination, teamwork and love for the sport.

I highly recommend that people come to the tryouts for the rowing team. The tryouts will take place throughout the month of April. Rowing is an intense sport and is a good way to build teamwork and stay in great shape. Harbour View excels in rowing and every year we take home several medals at the regatta. Good luck to all rowers!

The cheerleading team has been training hard all season preparing for their competitions. Every practice they work together and prepare themselves for upcoming performances. There was a tournament on April 1st at Simonds High School. The team's effort and determination will pay off in the near future, as their talent and skill are presented on the mat. The team has a competition almost every weekend in April and they will have to work hard, but they're used to that. Good luck team!

Well, it was another excellent month of sports for HVHS, with a great transition into the volleyball season. This part of the year should be fantastic and a lot of fun for the athletes of our school. We're going to be seeing a great many more games, events and competitions popping up all over the school calendar as rugby and cheerleading join the group of sports commencing their season. We hope you are as excited to see how our teams compete as we are! Thanks for reading.



Jr girls at Simonds on March 28.

(Picture submitted by Kayla Williams)

## Plotting a course for the future

By Brandon McCluskey

Photography 120 is a fairly new class at Harbour View High School as of 2015. This class is for any student who would like to go above and beyond and learn professional photography skills.

Photography class had its beginnings as photography club in 2014. Throughout the year the club grew larger and more and more people began to be interested in taking part. There were so many students interested that Mr. McCaustlin decided a photography class would be great so all those students could expand their skills. Students may choose to take part in Harbour View's Photography Club in their first two or three years of high school before deciding to take the course. This is recommended.

September 2015 was the semester that Photography 120 officially began. In February of 2016, Harbour View was granted a \$5000 bursary from Best Buy to purchase a class set of DSLR cameras. The students and staff at Harbour View were very thankful to receive this bursary because it gave them an opportunity to expand and improve the course.

This class is taught by Mr. McCaustlin and Mrs. McDevitt. They co-teach this course because they are both very passionate about the art of photography and have both knowledge and skill, but they have very different photography styles: Mr. McCaustlin focuses more on the creative side of photography and Mrs. McDevitt focuses more on the technical side of photography. This is super-efficient because it teaches the students to be creative and focus on a photography style that suits them the best.

Photography is a hands on course where you can be creative and use your imagination to learn more about photography and, most importantly, yourself. Students will learn how to use a DSLR camera and how to edit photos with many different programs including Photoshop. The majority of the time is spent out taking pictures around the school. In place of an exam, the photography class hosts a gallery to showcase the work of the students. This event is open to the public and is always a success.

"Photography class taught me that taking photographs is more than just the click of a button to capture an image. I learned that there are many things that I can change or adjust to improve my photographs so that they are the ways that I envisioned them to be," Erik MacLean said.

Want to get a jump start on planning  
your academic future?  
Visit the Harbour View High School  
website and click on the 'academics' tab  
to read the  
Course Selection Handbook 2017.  
Be informed!

## Here are some of the other unique and interesting courses you could choose to take at HVHS:

### **Health and Physical Education 10 – Basketball Academy**

This course will cover the outcomes required for HPE 10 but with basketball-specific elements. Training will focus on improving individual skills such as shooting, ball handling, passing, and one on one moves. Defensive and offensive team tactics will also be taught, but the emphasis will be on the individual skills required to perform at game speed. Physical fitness training will also be included and will emphasize how to train in season with students following their own plans to improve flexibility, strength, aerobic and anaerobic capacity.

### **Native Studies 120**

This course is designed to discuss and deconstruct the history, culture and conflicts of the First Nation peoples across Canada. Issues of today are examined.

### **Robotics & Automated Technology 120**

This course introduces students to the skills and knowledge required to pursue further studies in the robotics field. This course is designed for students who are interested in a technical or engineering career. Three main disciplines—computer science, electronics, and engineering—interrelate in robotic technology concepts. Students will be involved with the assembly of components in order to build a robot. Automated or robotic technology will be explored through experimentation, including hands-on and programming of robotic devices. Students will work to create automatic or robot-operated systems that model concepts used in industry.

### **Internal Combustion Engines 110**

This course is a study of the operation of the internal combustion engine including the construction, theory of operation and function of its systems. Students disassemble and assemble engines, checking, servicing and repairing components and systems. Emphasis is placed on the development of basic skills essential for persons entering the motor vehicle service trades and other allied occupations. This course should be of interest to students interested in entering or learning about the opportunities and requirements of the motor vehicle service industry and students with a general interest in mechanics.

### **Forensic Science 120**

This course has been designed as an introduction to the scientific principles and techniques behind the work of forensic scientists. Students will be required to apply scientific skills from a variety of disciplines (biology, geology, chemistry, and physics) to specific crime scene scenarios. This will require collaboration, problem solving skills and the development of strong communication skills. Students will also explore advancements in technologies such as DNA fingerprinting, blood spatter analysis, blood typing, and bone fragment analysis.

### **Young Adult Literature 120**

This course will attempt to address the question: does young adult literature have merit? By examining some of literature's most well-known young adult classics, as well as current popular YA fiction, this course will appeal to avid readers who enjoy introspective writing and lively discussion. We will take a look at some of the most popular genres in YA literature: dystopian, realistic, supernatural, novels written in verse etc.

# SRC holds Casino Night

Over 50 people attended a casino night held in the HVHS cafeteria on Friday, March 27 sponsored by the SRC. The Knights of Columbus provided the games and students were given play money to use. At the end of the night, students used their winnings to bid on a variety of fun auction items.

Right: Aiden Pitre wages big

Below: Ian McGill, Ms. Oram and Taylor Breneol



(Photos submitted by Hannah McCarthy)



Jenna Dixon and Katelyn Paulin all dressed up

Jon Campbell, Colin Brown and Peter Boyce try their hand at Black Jack.

