

Wellness Wednesday #2 Mar. 19 - 23

Location	Activity	Supervisor	Other info		
Cafeteria	Cool Colouring, relaxing music and healthy snacks!	Mme. Clark	Cool pics, pencil crayons and healthy snacks provided!!!		
Library	Harbour View Reads!	Mrs. Vickers Ms. McDonald	Bring your favourite novel!		
Gym	Dodgeball	Mrs. Titus	No spectators, only participants Limit of 50 students		
Lecture	"Fuller House" – Season 1,	Mr. O'Connell	Get ready to laugh!!!!		
Theatre	episode 3 & 4	Ms. O'Connell	, ,		
Auditorium	Fun & Games – audience	Mme. Brown	"Laughter is the best medicine!" Free Smoothies as prizes!!!!		
	participation needed.	Mme. Searle-Roy			
Room 304	Magic Club	Mrs. Tunney	Magic wands provided ☺		
Room 300	"Rugby Ready!"	Mr. Bidgood	For boys and girls who haven't played rugby before to get to know the rules of the game!! Please "come along!!"		
Room 121	Seed Planting!	Ms. Lennon	Spring has Sprung!! Time to start planting seeds for our school greenhouse/garden.		
Room 240	Free Thought	Mr. Carson	Bring your "point of view"! Topic of discussion: Gun Control.		
Room 315	Dungeons & Dragons	Mr. Barrieau	Max 20 students, Sign up on door.		
Room 129 Mat room	Boxing Clinic	Mr. Palmer	Wear comfortable clothing ie. Sweatpants/yoga pants/T-shirts		
Fitness Room 128	"Pump It Up"	Mr. Palmer	Working out in the Fitness Room – let's get ripped!!!		
Room 131	"Shop til you drop"	Mrs. P. Titus	Check out the newly organized "Dungeon Store". All		
"The	(Gently used clothing, and		items only \$2.00. Treats provided!!		
Dungeon!"	footwear)				
Room 302	Coding	Ms. Wilson	Learn how to develop various programs/software!		
Computer lab 301	Gamers Club	Mr. Nice	"Get your game face on!!"		
Room 313	R & R (Read & Relaxation, or study!!)	Mrs. LeRoy	Read & Relax, or Study!! Heck do whatever makes you feel "Well"!! (Quiet environment)		

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Room	Furry Friends #1	Mrs. Butler	Meet "Ozzie" the loveable, "not so little!!!," Bernese Mountain Dog		
Room 202	Furry Friends #2	Mme. Chevarie	Meet "Zoe" a friendly little Pomeranian mix dog.		
Room 203	Furry Friends #3	Mr. Sprague-Haye	Meet "Jackson" the world's "teeny-weeniest" dog ☺		
Room 200E	Furry Friends #4	Ms. Sanderson	Meet "Mia" the adorable Yorkie-Poo!!!		
Room 325	Furry Friends #5 – Pugs & Mugs	Ms. Oram Ms. Dureen	"Pugs and Mugs" Meet 3 Pugs: "Fiji", "Elmur", & "Ellie Mae" BYOM Bring your own MUG to get some hot chocolate!!		
Room 216	Guitar Club	Mr. Casey	Beginners to Rock Stars welcome!!		
Room 218	"Exploding Kittens" – card game	Mr. Spragg	Limit of 20 people – sign up on door 218		
Room 221	Chess Club	Ms. McDevitt	Blitz chess tournament with prizes!!!		
Lunch W, Th & F	3 on 3 Basketball tournament. Fundraiser for Romero House	Teachers on duty	Get your game face on!! \$2.00 to play. All proceeds go to Romero House. Sign up outside Athletic Director's Office. All students welcome.		

