



HARBOUR VIEWS

Issue 1

October 2023

"Being willing is not enough; we must do."
Leonardo da Vinci



Harbour View High School Presents: *Honk!*

By Iris Metcalfe

HVHS is known for their high caliber shows. *Honk!* is the newest addition to the walls of musical posters around the school. This musical is a comedic play based on *The Ugly Duckling*. Starring HV's most musical students and directed by HV's very own Ms. Bosse and Sanderson, *Honk!* will be a show to remember.

The audience should be prepared for this one. There will be tears and laughs, but most of all, the audience will be left wondering how high school students pulled this off. As Ms. Bosse (Artistic Director) always says "The audience should be wondering how a bunch of kids are able to do this."

Ms. Sanderson (Music Director) is conducting the orchestra for the show as well as staying by Ms. Bosse's side while they figure out how to deal with the wonderful (and ridiculous) cast of *Honk!* Comprised of a mixture of band, choir, and general theatre kids, there are a lot of intense personalities to keep up with.

The tech crew, set painters, prop department, and costume department are working tirelessly to add the specialties of Harbour View's musicals. The costume department's newest recruit, Julie Dickson, is in grade 9 this year! She works hard to organize everything in the massive costume room, and she can sew just about anything. Sam Breneol, Margie Fox, and Christine Jacobsen are called the "costume moms" because their children used to perform in HV's productions before they graduated. The lucky cast gets to keep these lovely ladies! Tech crew, prop department, and set painters



have no fear when they are backstage. They add the special touches that take these productions to the next level. The official set-builder, Shawn Carrol, works solo to build miraculous sets—by hand! The cast also has professional people for sound and lighting, Malcom Boyce (sound) and Scott Harke (lighting) are pros in their fields. They add yet another layer of professionalism to the shows.

The show itself will take place on the 5th, 6th, and 7th of October (right before Thanksgiving weekend). Ironic, as most of the characters in this musical are commonly eaten on Thanksgiving.



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A Note From Your Editor

Dear Readers,

Welcome back to the 2023-2024 School Year. For many people, this is one of the most dreaded times of year; back to school. It means early mornings to catch the bus, late nights to complete assignments, and long days sitting in classes. However, back to school also means the start of autumn and spooky season. So, although back to school means changing out of your summertime schedule, it also comes with some great advantages, ultimately naming fall as my favourite time of year. By the end of this letter, I hope it can be yours too.

Back to school is obviously dreaded by many students, yet the advantages that come with this time of year are often overlooked.

Let me paint the picture for you. You wake up from sleeping in your cozy pj's and get yourself dressed and ready for school. This is where you get to finally get to pull out the thick jeans, flannels, fuzzy socks, and long sleeves. Then, you're hit by the nicest fall breeze and you're surrounded by beautiful warm-toned scenery. After school you get to come home and eat warm soup, fresh rolls, and cinnamon-powered apple crisp for dessert. To end off the day, you're cuddled up in bed wearing an oversized hoodie while reading the best murder mystery. It's only seven o'clock but who cares; it's dark out and you must wake up early for school anyway. The day was full of laughs with friends and the flavours of fall. Who could complain about that? Couldn't catch me hating on a day that looks like that.

I know that leaving behind the warm days of summer may be hard, but embracing the beauty of autumn is a great way to distract yourself. Summer is only a year away anyway. As the school year goes on, we often fall farther and farther into the school slump; the slump where we just go about our days without truly thinking about what we're there for. Starting off the year with a positive attitude for as long as possible is a perfect way to make sure your school year is set up for success. Getting involved in clubs that make you feel like you're part of your school community, staying on top of your school work, and surrounding yourself with people who encourage you to be your best are the perfect additions to your high school career. Some say these are the best years of your life, and although I choose not to believe that, we better make the best of it just in case. I like to tell myself there are better things ahead, mostly just to keep my sanity. The longer you're ensuring a positive day at school, the longer you can keep yourself out of that slump.

The flavours of cinnamon and apples, the changing trees, early nights, and the warm baggy clothing are the things that set autumn on top for me. After a crazy summer of partying with friends, and late nights at home, autumn signifies the calm of the year, and falling back into everyday routine as we return to school. It will make a world of difference in your life when you can start embracing the beauties of each season instead of longing for the one that has already passed. As the seasons progress, it's an opportunity for you to progress into a new season of growth and happiness within yourself, even if it may not have been the season that has caused happiness for you in the past.

Hopefully the many articles surrounding the topics of autumn and back to school will get you in the mood for a productive and successful season. Thank you for taking the time to read the work of the incredibly talented students within your school and stay tuned for next month. Remember to embrace the fall season while it lasts!

Sincerely,

Joanna Jackson

Harbour Views Staff

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Next issue: November 2023

If you would like to work for the school paper, please see Ms. McDonald in Room 307.

What happened in September?

Thanks to our Viking Ambassadors, grade nine orientation day ran very smoothly! The transition from middle school to high school is truly a big step, but your SRC made sure the grade nines had a good time for their first day at HVHS. We started the day off with an assembly which included an informational slideshow for the grade nines. This was followed by a sports fashion show, courtesy of the Athletic directors. Later that afternoon, the grade nines got some exercise while doing the Selfie Scavenger Hunt! All the new HVHS members were battling for our new and improved merch from Valhalla!

The first day of school was a success as well! Your SRC worked hard to serve the school hot dogs and hamburgers for lunch! This was a big hit, as it is the first time, we have served hot dogs for our annual barbecues. Then, to finish off the day SRC and Student Athletic Directors hosted fun filled activities in the auditorium and the gym after lunch.

Coming up in October:

October is always a big month for SRC. Here are some dates to take note of for spooky season!

Wellness week: Oct. 23rd-27th will be wellness week! As you know Wellness Wednesday is on the 25th, Stay tuned for spooky activities.

Halloween Dance: Since last year's Halloween dance was a hit, we are hosting another dance on the 26th in our very own gym! Don't forget to come in a costume!

Haunted House: We had an extremely successful Haunted House last year, so SRC is collaborating with Grad Class to host an even scarier Haunted House on the 27th of October! We will need your help Vikings, so if you are interested you are more than welcome to contribute to the haunted house team and make it a success just like last year.

Pumpkin Carving: The day of the Haunted House, Friday the 27th there will be an extended home room to carve a pumpkin with your homeroom! There will be voting at lunch for which homeroom has the best pumpkin. This will put you pumpkin carving skills to the test!

Halloween: Yes, we do have school on Halloween, but there will be a theme day! The theme is orange and black apparel. So, dress up for the occasion Vikings!



The final year of high school for the class of 2024 started off with a bang! Harbour View's first Senior Sunrise took place on the morning of Thursday, September 21st and had a great turnout. Plenty of grads watched the sun rise with croissants, cinnamon rolls, hot chocolate, and games! This symbolic event represents the beginning of a new year. This will be matched with a Senior Sunset in June, representing the end of our final year.

Paired with this event, the Grad Committee also gave out free, flavourful frozen yogurt and snacks at lunch along with a chance to make friendship bracelets. Tons of Grads crowded Ms. Logan's music filled room to get a taste of vanilla, chocolate, and cookies & cream. Several also worked together making bracelets for their friends in Ms. Durant's room.

Another exciting new project the Grad committee is looking forward to planning is the new Grad Championship! This year-long competition will get grads to dress up for theme days and go to events as a team to earn points! All the teams will be competing for a grand prize at the end of the year, discounted prom tickets!

The class of 2024's final school year is only just beginning, and their committee can't wait to give them a year to remember!



Meet your Grad Class Executive

Back L-R: Olivia Jordan, President; Bree Stockford, Finance; Austin Enns-Wind, Admin; Max Doyle, Spirit

Front L-R: Megan Lacey, VP; Marissa Foote, Communications

(Photo submitted by Kaitlyn Anderson)

VIKING SPORTS

With Georgia Anderson

Welcome back to another school year Vikings. Whether you're new to the school, or just want to try something new, joining a sports team is one of the most amazing choices you can make here at HVHS, and that's what I'm here to highlight! My name is Georgia Anderson, I'm a grade 12 student and I am a competitive rower as well as a member of the HV Softball team. This is Viking Sports, your one stop place for all news sports related. So, without further ado, let's take a dive into the fall sporting season at HVHS.

The boy's soccer team has been on a roll as of late. The team, ranging in all grades, kicked off their season at the St. Malachy's Invitational Exhibition Tournament. After a couple of losses day one, the boys were ready fight back against the top ranked team of the weekend, STM Varsity Boys. In the most exhilarating game of soccer I've ever seen, the team put everything they could into the game, never getting discouraged. Leading much of the game, the boys didn't let their guard down after STM tied it all up in the last two minutes. The team was then faced with their first shootout. Rookie goalie James Morrison was a brick wall in net, blocking one of STM's three shots. After Alex Underwood made the third of three shots, winning the game, it was clear this team was a strong one. We wish all players well in the rest of their season. We're sure they'll just continue to grow stronger.

Just because I may be pretty biased towards the sports I play at HVHS, that doesn't mean the softball team doesn't deserve all the attention I'm about to give them. Even with seven of 14 players being brand new to the sport, you could never tell after their amazing win over STM. With the score 3-2 for the Saints after the first four innings, the girls knew they had to get the bats rolling. And just that, they did. With hits left, right, and centre, and base stealing like you wouldn't believe, the girls took back the game. Some amazing fielding in the second half of the game, combined with star pitcher Sydni Whalen's (gr. 10) 18 strikeouts, the Vikings took the win 13-5! Congratulations ladies!

Mme Brown, our superb Head Athletic Director, has led her team of Student Athletic Directors (SADs) to strive for organization and fun in all this sporting related. We cannot thank Assistant SADs Haley Dorcas and Cole Fitzgerald, along with the rest of the SAD team, enough for the smooth running amongst the hectic-ness that fall sports can cause. For information and stats from every game Vikings play, look to their Instagram page @hvhs.athletics, which is updated promptly after every game.

Due to many different delays (rain, fire, hurricanes, floods, you name it), many teams have had cancellations to their original game schedule. While they'll still be able to play, there is unfortunately not much to report on, simply because, they haven't played any games. This is a little disappointing this month, but you just wait for our November issue! A reminder that Basketball open gyms are every Sunday, and that there's always an HVHS game going on, so go cheer for your fellow Vikings!

Thank You HV Coaches!

NATIONAL COACHES WEEK

JOIN US TO SAY #THANKSCOACH SEPT. 16-24, 2023

Sept 16-24 was National Coaches Week and we sent Tanor Gau-treau out to ask some of our favourite coaches—who also happen to be teachers—what they love about coaching.



Tara Dick

“The most rewarding thing is to work with students in and outside of the classroom and watch them improve and have fun.”



Ryan VanSnick

“The challenges are finding a balance between playing, learning, winning, and having fun.”

Other teachers/staff who coach include Mrs. Durant, Mr. McDade, Mr. MacSween, Ms. O'Connell, Wesley Walls, Judy Harned, Mr. Watson, Mr. Goguen, Mr. Clark, Miss Sutherland.



Jon Bidgood

“I love getting to know students and getting teenagers to do what they’re supposed to be doing.”



Jen McCauslin

“I like supporting students in a new sporting endeavour and making sure that no matter what students feel supported”



Derek Bury

“I like teaching and learning from my players. One of the challenges is a lack of experience in sports.”



Celina Stubbs

“The most rewarding thing is seeing growth within athletes, seeing friendships grow and making a positive impact.”

Viktor Jr.'s Halloween Hoot!

By Tanor Gautreau





Our Crazy Climate

Your Climate Action Newsletter

By Grace Brown

and give you some other environmentally friendly tricks that you can do to help our climate each month.

Last month the Climate Action group had its first meeting to introduce any new members to the club and give details on the large activities happening this year and some of the smaller events happening this month. Last month for Wellness Wednesday, Climate Action hosted two wellness sessions: A Pop-Up shop and a clean-up outside. Both were a fun way to reduce the amount of waste in Saint John, whether it was from trash outside or fast fashion.

While a clean-up is pretty self-explanatory, Pop-Up shops are fairly new to Harbour View, having only been introduced last year. Climate Actions Pop-Up shops have become a fun and free way to get lightly used clothes to add to your closet. Last year Climate Action hosted a few Pop-Up shops, but this year with Jane Peters and Dominique Campbell in charge of them Harbour View is expected to see a few more Pop-Up shops. While having Pop-Up shops occasionally during the school year is fun, it comes with challenges, like not having enough clothes to last through each shop. If you have clothes that you don't like, or don't want anymore, and you want to help donate to Climate Action, you can bring them to Mrs. Durant's room (Room 309) and Climate Action will take care of the rest!

While that is what Climate Action has been up to, with Halloween coming up and Autumn upon us, here are a few tips and activities to help reduce large amounts of waste from traditional Halloween/Fall activities!

Are you someone who loves the climate? Are you someone who has a lot of interest in climate change and its negative effects on the environment? Then the club Climate Action could be for you! The team meets every other Wednesday in the auditorium and has several events each month dedicated to helping the climate in some way or another. This column is dedicated to keeping you updated on Climate Action events

Visit an organic orchard!

Apple picking has become a huge tradition for some people and is quite a fun experience that the whole family can enjoy, but if you decide to go apple picking with your family this fall make sure you go to an organic orchard. Organic orchards are much more energy efficient and have less pesticide residue than non-organic orchards which is better for the environment and thus, better for you! Some organic orchards that are close by, if you want to go apple picking, include Mackay Apple Orchard, Bostwick's U-Pick Apples, and Bostwick's Family Orchard (different from the one previously listed).

Compost your Pumpkins!

CBC states that every year more than 80,000 metric tonnes of pumpkins are produced in Canada each year, of these 80,000 tonnes two thirds are sold fresh to customers for Halloween, which are then thrown away. This is quite a large number of pumpkins that are wasted each year, and most of it is not disposed of in a climate friendly way as it is thrown away into the trash. To help increase the number of pumpkins disposed in a climate friendly way, instead of throwing the pumpkins into the trash you can compost them or bake the leftovers! AT HVHS, we feed our compost to local farm animals.

Make your own costume instead of buying a new one!

Did you know that 83% of costumes are made with non-recyclable oil-based plastics? According to Energy Live News that means that 2,000 tonnes of plastic (about 83 million plastic bottles) are being thrown into dumps because they were only worn once. So, this year instead of purchasing a new costume to only wear it once, maybe make one from your closet or go to your local thrift store and buy one from there.

If you do these three things not only will you still have a fun Halloween/Fall, but you will also help our climate by reducing the large mass of waste from traditional Autumn activities. While these tips are helpful for the fall, if you want more ways to help with our environment come to a Climate Action meeting! You can see if you like the club and want to be a part of it, and if you decide to join, there will be plenty of opportunities/ activities for you be a part of, as well as plenty of tips on how to become more environmentally friendly.



Scan the Spotify code or search
"Riley Cleveland :)"
on Spotify to listen to the playlist!

- "song for my lost ghost friends" by spellcasting
- "Tardigrade Sg" by Cosmo Sheldrake
- "Fighter" by Jack Stauber
- "Possum Queen" by Rainbow Kitten Surprise
- "Oh Klahoma" by Jack Stauber
- "Touch-Tone Telephone" by Lemon Demon
- "Cannibal" by Tally Hall
- "A Rush and a Push and the Land Is Ours – 2011 Remaster" by The Smiths
- "Everlong" by Foo Fighters
- "Girls on Film" by Duran Duran
- "Rio – 2009 Remaster" by Duran Duran
- "Rock Lobster" by the B-52's
- "The Devil Wears a Suit and Tie" by Colter Wall
- "Challenge the Dead" by Adrian Von Ziegler
- "Hush" by Crawlers
- "Maneater" by Nelly Furtado
- "The Cult of Dionysus" by The Orion Experience
- "The Garden" by The Crane Wives
- "Carrion Comfort" by aeseaes
- "Strange Time" by Matt Maltese



Mark Mylod's 2022 film *The Menu* is a gruesome yet comedic take on the world of high-class dining. Action-packed from start to finish, *The Menu* takes place on a luxurious island, inside the exclusive restaurant, Hawthorne. Charging \$1,250 a seat, only the richest citizens have the opportunity to set their sights on praised head chef Julian Slowik's creations. Every night's menu is unique, this one more so than most.

The film is set in one gorgeous summer night. With only 12 seats to fill, the chefs are set to please each individual palate. In theory, it's the perfect day to visit Hawthorne. At least, that's what the customers are led to believe.

In the elegant dining area sits a wide array of fancy visitors. There are famous critics (and culinary snobs) Lilian and Ted, a fallen-off movie star and his plus one, Felicity, three obnoxious tech-workers,

sent by the very man that owns Slowik's restaurant, Hawthorne's two most loyal long-term customers, along with Slowik's very own drunken mother, Tyler, an enthusiastic foodie and, most importantly, his last-minute date, Margot.

The movie follows Margot being thrown into a fast-paced culinary experience, as she quickly realizes that the night's curious events were long-prepared... and that they were anticipating everyone to arrive *except* for her.

By course four of their meal, everything starts to spiral. This is where the *horror* in horror-comedy makes its appearance. From bone-chilling death scenes to comedic murderous chases, *The Menu* has got it all. It has all you could want from both a comedy and a horror film; somehow, the genres go surprisingly well together.

While I'm not a fan of horror movies in the slightest, *The Menu* was too hilarious to walk away from. Whether or not I spent half of the movie hiding behind a blanket is irrelevant — watching *The Menu* is worthwhile. Get ready to root for your favourite characters, and then watch as they crumble in more and more complex and laughable ways. As the characters "eat less than [they] desire, and more than [they] deserve," (*The Menu*) be prepared to settle in for the most hectic hour and forty minutes a movie can provide. It's worth it.



A newbies guide to Harbour View

By Samuel Hayward

With the school year beginning, it's understandable if some of our new students and freshman are feeling a bit overwhelmed. But that's why I, your fellow Viking, am here to help!

Now, you may have noticed Harbour View is a bit different from the rest of the schools in Saint John. We aren't exactly close to any restaurants or fast-food institutes like the schools uptown, but that doesn't mean we don't have options. There are still many places you can eat your lunch such as the cafeteria, an available classroom, the library, the outdoor benches, the front steps, or you could even take a stroll down to watch the Reversing Falls for lunch with a view. Just be sure to be back in time for class!

Coming to a new school, or just entering high school, you may be feeling a bit excluded or out of place, but don't worry, there are plenty of chances to make friends. As the year goes on, you will find Harbour View has a variety of different extracurriculars and sports teams that anyone is welcome to join. Just listen to the announcements!

Harbour View also doesn't let their students go hungry! If you're unable to bring your own lunch, we have a wonderful cafeteria on the first floor with tons of different options. They also serve breakfast before homeroom each day and are open on the fifteen-minute break. So do not forget to check it out! Not only do we have a great cafeteria, but we also have four vending machines on the first and second floors containing a variation of food and beverages if you're feeling like a snack.

Alongside all these exceptional things you should know, Harbour View deeply values your education. Every student should have an equal opportunity, and this school ensures that will happen. In addition to the multitude of AP courses available, we also have a tutoring program, a laptop subsidy program, and a staff that is willing to provide you with any resources, supplies, extra help, or accommodations you may need!

Know that once you become a Viking, you will be well taken care of.



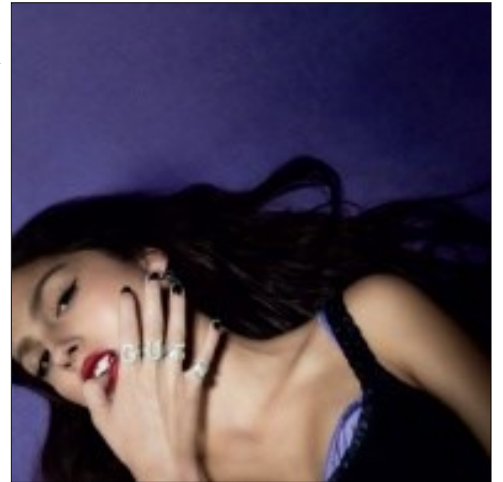
Music That Can't be Missed!

By Ella Cusack



Enhypen 結-You-

Following the release of their fourth extended play (EP) album, *Dark Blood* on May 22nd, 2023, Enhypen released their third Japanese single 結-You- on September 4th. The single is a total of 9 minutes and 31 seconds with three tracks, one new and two re-recorded in Japanese, rather than the original Korean version and includes their new Japanese track, “BLOSSOM” alongside re-recorded songs “Bite me” and “Bills”. “BLOSSOM” incorporates themes of love, longing, and growth, as the lyrics walk the listener through the relationship of two individuals, explaining the story of they are anxious to pursue a relationship. There is a warmth and longing between them. As the song ends, Enhypen explain the world becomes brighter for the two as they begin to see a path together, sharing dreams and nurturing a flower of love, hence the name of the song, “BLOSSOM”.



Olivia Rodrigo *GUTS*

The 3-time Grammy winner and 7-time nominee Olivia Rodrigo recently released her second studio album *GUTS*, on September 8th, 2023. The album was co-written and recorded by Rodrigo herself and Dan Nigro, the producer of her debut album *Sour* (2021). The album was conceived by Rodrigo in hopes of reflecting the process of maturity she experienced as her teenage years closes promptly after the success of *Sour*. *GUTS* features a sonically diverse range of tracks, from ballads like “Lucy” to retro-inspired tunes such as “Ballad of a Homeschooled Girl.” With a combined total of 39 minutes and 18 seconds, the 12 songs from the album made their debut in the Hot 100’s Top 40, with the main track, “vampire” reaching No. 1 on the chart.



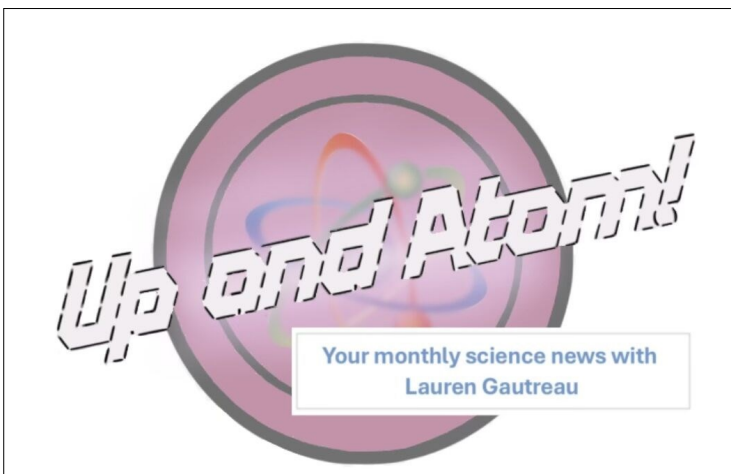
Key *Good & Great*

Making his debut with one of K-Pop’s most prolific and critically claimed acts SHINee in 2008, Key recently released his second solo mini-album *Good & Great* on September 11th, 2023. Key delves into the world of nostalgia as dance-pop and ‘80s synthpop heavily influence the track list. *Good & Great*, is plentiful with disco and funk elements sprinkled throughout it, creating the same foot-tapping mood

his prior releases induce. The album remains cohesive with consistent beats and a heavy influence of dance-pop present throughout its six tracks, spanning over 19 minutes and 29 seconds.

Mitski *The Land Is Inhospitable and So Are We*
 After returning from her three-year hiatus from the music business, *The Land Is Inhospitable and So Are We* is the seventh studio album by American singer-songwriter Mitski, released on September 15th, 2023. Mitski refers to *The Land Is Inhospitable and So Are We* as her “most American album” with “the theme of love” being a dominating aspect in her lyrics. Recorded alongside producer Patrick Hyland at Bomb Shelter in Nashville and Sunset Sound in Los Angeles, Mitski arranged a 17-person choir and an orchestra, that feature on several tracks in the album. Teased by the release of the singles “Bug Like an Angel” and “Star” / “Heaven” in July and August of this year, the total length of the album is 32 minutes and 21 seconds, with 11 songs total.





“Destroyer of Worlds” The Science Behind the Atom Bomb

Robert J. Oppenheimer — I’m sure you’ve heard the name. With the summer blockbuster hitting theatres on July 21, the world has been re-introduced to a pursuit called the Manhattan Project. For those who don’t know of the events that took place, the Manhattan Project was an undertaking during World War II, that resulted in the creation of a lethal atomic bomb. It was a top-secret WW2 government project, in which approximately 130,000 workers were employed, with the goal of constructing a weapon that would give the United States a tactical advantage.

Though the bomb was researched and designed by Oppenheimer, there were many scientists who aided in the manufacturing of the bomb. This included a man named Neils Bohr, who recognized that to start a chain reaction they would need to use uranium-235 rather than uranium-238.

The only problem was that uranium exists more abundantly as uranium 238. The difference between the two being that U-238 does not undergo nuclear fission, and therefore cannot ignite the bomb. One of the biggest challenges that the scientists faced at the time, was separating these two isotopes. They differ by only three neutrons, but the time and resources consumed by separating the two is substantial. The manufacturing process took more time, due to the lengthy affair of obtaining enough U-235 to sustain the bomb.

The bomb relies on a neutron chain reaction to split the uranium (Little Boy) and plutonium (Fat man) atoms. The uranium atom absorbs the neutron, and fissions into two new atoms. When this happens, a large amount of energy is created, and the bomb is underway. To demonstrate a chain reaction similar to the one that took place, I have made a mock experiment. Using 4000 matches, I constructed a hollow ball with the head of the match facing inward. I filled the hollow inside with match head and attached a fuel-soaked string leading up to the core. My results demonstrate how the product of a reaction can spread the reaction, in turn accelerating the ignition process.

Materials used:

- | | |
|------------------------------------|---------------------|
| 4000 matches | Hot glue gun |
| Cardboard | Smokeless gunpowder |
| Scissors | Gasoline |
| Scrap paper | Yarn |
| Ruler | Safety glasses |
| 125 or 5x25 package of glue sticks | Lighter |

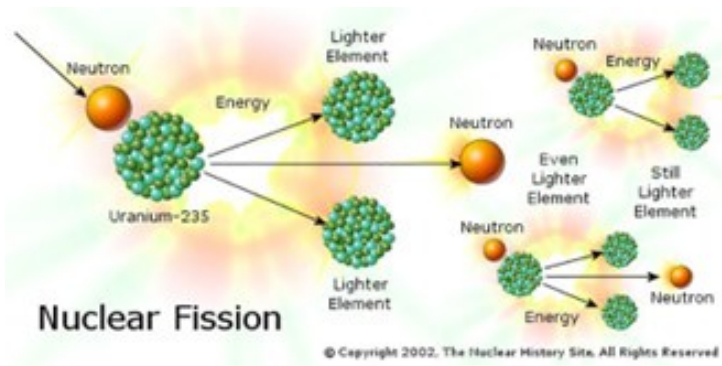
1. My first order of business was to cut out a cardboard circle measuring approximately 12 inches. I began to glue matches onto both sides of the cardboard.
2. By layering the match heads inward, the inside was getting thicker than the outside, so they began slanting down. I tore up scrap paper and glued it in between the matches to act as spacers, so it would keep its sphere shape.
3. Once I got half the sphere built, I began gluing more matches to the other side, leaving a small opening.

4. The ball was complete. I filled it with smokeless gunpowder so it would burn more rapidly. Then I glued together a chain of match heads leading to the core.

5. I set my ball on a metal pipe and set up my cameras.
6. Taking a long string of yarn, I soaked it in gasoline and quickly tied it to the chain of matches running up the pole.
7. I lit the end of the yarn, and watched it ignite.

Results:

The match ball lit slowly at the start, and quickly erupted into a ball of flame. It lasted for about 3 seconds and fizzled out. Each match spread the flame to the next match, and finally built up enough heat that the top flew off of the ball.



The process of nuclear fission looks similar. But instead of match to match, it’s atom to atom.

Student starts petition to resurrect study hall

By Harbour Views Staff

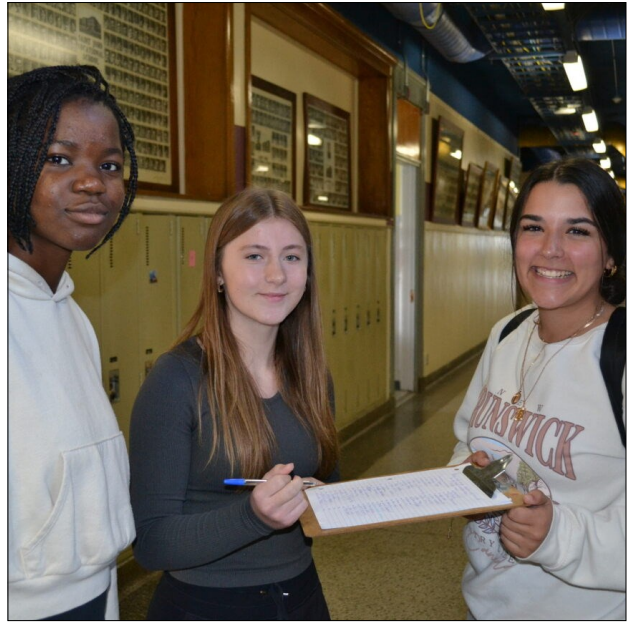
Grade 12 student Brooklyn Loatman has started a petition to bring back Wednesday’s study hall, an extended period that allowed students to catch up on work.

“A lot of people who take AP classes really appreciated that time. I have so much homework in every class and not a lot of time to get it done,” she said.

Study hall, or extended home room, was started at the school in 2015. The extra long home room is beneficial for a variety of reasons. Not only does it provide an opportunity for students to catch up on homework, but it can also be used as a way to confer with classmates or teachers, organize book bags or even just read. Many teachers also found the extra time useful for tracking attendance or simply chatting with their homeroom students.

So, what happened to Wednesday study hall?

“In June of last year our leadership team, which is a mix of 15 teachers, administrators, guidance counselors, and department leaders, reviewed a handful of items that needed addressing or adjustment as we planned for the new school year,” said Mr. McDade, HV’s Principal. “This group felt that overall, the extended homeroom period was not being used effectively. The concern about extended HR was not a new issue, as the previous year the decision was made to dedicate the extended homeroom specifically to an academic study hall due to complaints that there were too many activities and distractions occurring during extended HR. After spending the 22-23 school year keeping the extended room protected as an undistracted study hall, it still did not seem to be used effectively for academic purposes in the opinion of the leadership team.”



Jenesi Noel (left) and Maiya Doucet (middle) are pictured here with Brooklyn Loatman (right).



Grade 12 students Kaitlyn Anderson & Brooklyn Loatman

Brooklyn hasn’t spoken to the Leadership per se, but many teachers feel that the study hall is beneficial and have signed the petition. In talking to her classmates, Brooklyn also found that the majority of students were in favour of bringing it back. No one has refused to sign it.

While Brooklyn was inspired to start the petition for personal reasons she said, “It’s a beneficial time for everyone because school is a dedicated place to work with less distractions than at home.”

Mr. McDade thinks the petition is a great idea.

“Our civics and humanities programming, as well as our Viking Values, are proven to be effective when we see displays of the student body passionately and appropriately voicing their concerns and engaging their peers who might view issues similarly,” he said. “I have also had a student meet with me directly to provide some deeper points pertaining to their argument that the extended HR should be re-established. I am reminding those who approach me about it that there are study hall opportunities during the two extended HR’s that we are still having each month, those being on grade 9 Pod Day and also as a wellness Wednesday option. That said, we will certainly discuss the petition with the leadership team when we receive it.”

At the time Harbour Views went to print, 163 students had signed the petition.

We asked you



By Tanor Gautreau

Grade 9 Edition: What have you most enjoyed about your first few weeks at Harbour View?



(Left) Sarah Calder “Musical.”



(Right) Jamie Corseadd “How nice the teachers are.”



Trends of the Month



By Hannah Brezynski and Ashley Phelps



Top Trending Artists

Olivia Rodrigo has been trending nonstop since she released her ‘Sour’ album in 2021. She was one of the few artists who became famous in just one week. On September 8th, 2023, Olivia released ‘Guts’ with 12 tracks. It received 60 million listens in just one day. The top trending tracks are ‘Get

him back,’ ‘Lacy,’ and ‘Make the Bed.’

Taylor Swift has been trending since she started the ‘Era’s Tour.’ She has also released ‘Speak Now (Taylor’s version), 1989 (Taylor’s version), Midnight album and the new Eras Tour Movie is coming out in October. Taylor Swift has always been popular, but since she started her new tour, she has gained new fans and increased revenue. Her resold ‘Era’s tour’ tickets have sold for over \$2500 each. Also, the new trend relating to Taylor is dressing up for her concert. People have dressed in an album's aesthetic or words that she said in one of her songs (e.g., angle, devil) and wrote 13 on their hands as it is her lucky number.



Photo credit: <https://apnews.com/article/taylor-swift-number-one-albums-speak-now-5dfb913b75ee6628d8804d5a02f9333f>

Top Trending Movies



The top trending movie for the past few months should come as no surprise to anyone. *Barbie* was released July 21st and made over \$377 million on opening weekend. Everyone even wore pink in honor of Barbie’s signature colour. Barbie has been around since the early 1900s and was made to inspire girls across the world to be whatever they wanted, whether that was a doctor, teacher, or astronaut. Over the years, Barbie TV shows have been created, Barbie merch and then the *Barbie* movie was made. The movie is so popular because all generations played with Barbies when they were younger. Ken’s song ‘I’m Just Ken’ was one of the many reasons this movie became and is still popular today.

The other currently trending movie is *You Are So Not Invited to My Bat Mitzva* starring Adam Sandler. It became popular as soon as it came out. It is a coming-of-age movie that reminds girls to not center their lives around boys. It also shows how important it is to be loyal to your friends.

Top Trending Beauty

An everyday necessity these days is lip oil. Easy for on-the-go shine and hydration, lip oils have gone viral recently starting with the Dior lip. Oil. Now brands have made more affordable versions like Rare Beauty. Rare Beauty’s soft pinch-tinted lip oil has a subtle tint, applies in a jelly-like consistency, but then melts into your lips. Gusou’s Honey infused lip oil is another popular lip oil that is hydrating and leaves an amazing shine on your lips. Lastly, Clarin’s lip oil comfort hydration oil is a stunning lip oil that is not sticky and has a unique colour range.

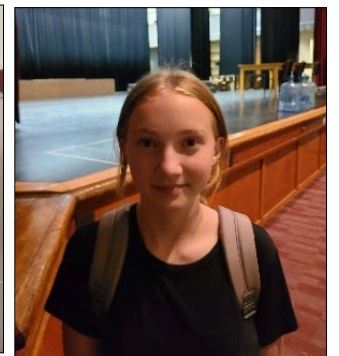
Sol De Janeiro was first created in 2015 and eight years later the brand went viral. All their scents have become popular, but their newest scent ‘After Hours’ has been sold out everywhere ever since it was launched. Scented like midnight jasmine, black currant, and amber wood, it has become the new ‘it’ scent because of its potent, velvety fragrance.



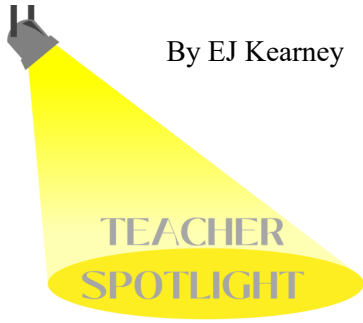
(Left)
Karson Bizeau- Melanson
“The longer lunch breaks.”



(Right)
Quinn Carroll
“Freedom at lunch to do what you want.”



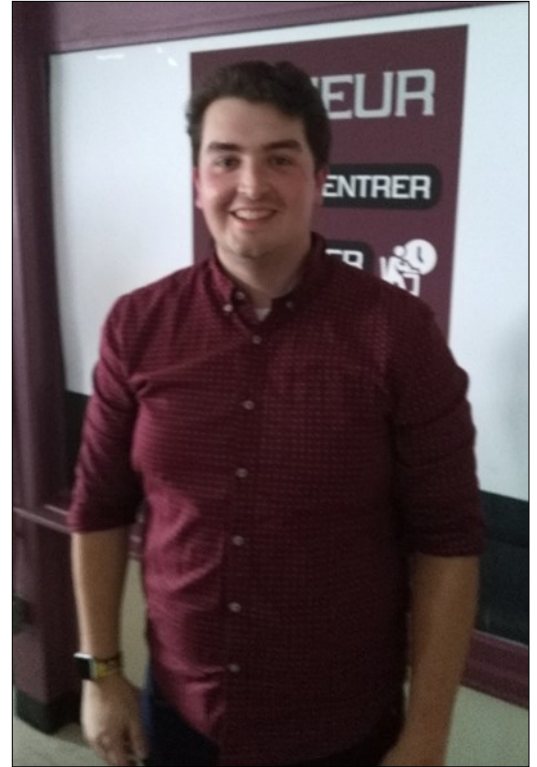
(Far Right)
Sadie Doyle
“I like how different it is from middle school.”



By EJ Kearney

We have several new teachers joining us at Harbour View for the 2023-2024 school year! One of these is Mr. Wesley Walls, in room 217 (that's Mr. Watson's old room!). In case you're new, every month in Teacher Spotlight, a certain teacher is interviewed so students can get to know them better. This month, that teacher was Mr. Walls!

Not only is Mr. Walls new to teaching at Harbour View, but to teaching overall. This is his second year, as he spent the last school year teaching grade 7 at Bayside Middle School. Here, he's teaching English 9, English 112, Social Studies 9, and Business Organisation and Management 120 this semester. His passion for Social Studies and English is what led him to teach at HVHS. On top of that, he's an assistant coach for the baseball team. He's hoping to get more involved as the year progresses.



The relationships in his life are paramount to him. He spends lots of time with his fiancée, family, friends, and of course, his dog. One of the most motivating role-models in his life is his father. Because he was always there for him to talk about difficult situations with him, give advice, and cheer him up, Mr. Walls looks up to him.

In high school, Mr. Walls was the baseball team captain, he helped out with the yearbook and the environmental club, and he performed in musicals and plays. Based on his experiences, he thinks getting involved in your school community is one of the most important things you can do at that age. "At times I could be outgoing and very social, while at others I was much more reserved and quiet," he explained. "Life at school is so much better when you step out of your comfort zone and meet all kinds of your fellow students by being a part of clubs, teams and other extra-curricular activities. Also, take time to enjoy the little things in life. You never know what you take for granted each and every day!" So, how engaged at school was Mr. Walls when he was our age? Quite!

Speaking of engagement, he became engaged this summer with his fiancée! This busy and bustling summer, he also spent a lot of time in PEI to visit her family, went to Ontario, and played softball. Since joining us this fall, he's taken note and appreciated our school's culture, which he explained as positively thriving. "The staff is incredibly supportive and is always willing to discuss common-planning and share resources. The students have been a great source of motivation through their kindness and willingness to work hard and actively engage in the learning process." Give yourselves a pat on the back, guys!

The other new teachers this year at HVHS are Mr. Fowler, Mr. Goguen, Ms. Mazzerole, Mr. McGill, Ms. Sutherland, and Ms. Symonds-White.

Meet your new Grade 9 Rep



By Harbour Views Staff

Elections were held on Sept 27 to choose the student who will represent grade nine students at Harbour View for the 2023-24 academic year.

Many students offered to serve, and Mack Anderson was thrilled to be elected.

"I knew the first day of school that I wanted to run," he said. "I thought it would be fun because I wanted to get involved in the school and all the activities here."

Although Mack's responsibilities will go beyond his role as grade nine rep, Mack said he "hopes all the grade nine students will give me ideas of fun things to do at school and that I can help make them happen."

"I'm really looking forward to the year," Mack added.



By Ben Prowse

Communism in the 21st century

There is no perfect economic system, but some just don't work at all. Communism is an example of one that just doesn't work. This is clearly exemplified in the former Soviet states that are plagued by poverty, corruption, turmoil, and violence. This turmoil is one of the factors that led to the current war in Ukraine. Communism was supposed to be an economic system that would end class inequality and create equality, but it has failed time and time again. China, a supposedly Communist country, is becoming a stronger force on the world stage in a world dominated by capitalism. This means it's time to look back at Communism and look how far it has progressed.

Capitalism isn't a silver bullet to all the issues with Communism, but to quote JFK "Capitalism isn't perfect, but we never had to build a wall to keep everyone in." Communism is a very interesting idea, and I admire its goal of an equal world. The problems start when you start to practice Communism. Communism has produced systems of production that are super inefficient.

In a Capitalist world we have a free market which is competitive and creates constant demand for more goods at lower prices. Companies naturally also strive to create products at market value because this increases their profits. The profits of a company make people motivated to work hard, so they can make more money. Communism doesn't have this same level of driving motivation. Whether people work hard or not they still get the same amount as everyone else. This demotivates people, and even the Communists seem to understand this. In the 1990's Soviet leader Mikhail Gorbachev instituted a policy that would allow farmers to sell extra crops for profit. This might as well have been an admission of defeat in the ideological battle that was the Cold War. This policy was among many of Gorbachev's policies that would lead to the fall of Communism in Europe. Capitalism wasn't initially very popular after the fall of the Soviet Union, but over time more and more leaders have changed their perceptions after seeing the economic prosperity it has given them. When similar problems arose in China, they adjusted policies and adapted. That's why China has the world's most billionaires in a country that claims it centers around wealth equality.

Communism is a complex topic that honestly is kind of a massive debate. There are some benefits, but they don't outweigh the drawbacks. If you ask someone who lived in former communist countries whether they liked Communism or Capitalism more I bet you twenty dollars they would say Capitalism. While Capitalism hasn't always been a force for good, I am still grateful I was born in a place like Canada.



By Ella Baxter

I had no idea what book I even wanted to write about for my very first book column, Then I realized the solution was right in front of my face: the one I had just bought from Indigo., which just so happened to be *The Brothers Hawthorne* by Jennifer Lynn Barnes. A sequel novel to her trilogy, *The Inheritance Games*, this one follows the narrative of Jameson and Grayson Hawthorne as they face off against separate threats. Dealing with family drama, risky gambles and deceit from all sides, the characters dive into two new adventures ranging across all of Europe and the U.S.

Despite having a neatly tied up end to her first series, it seems Jennifer Barnes couldn't get enough of the Inheritance world, but like our resident thrill seeker, Jameson Hawthorne said "I'm a Hawthorne, Heiress. Nothing is ever enough."

Only recently published in 2023, it's been on my bucket list since I saw the first advertisement. Filled with riddles and estranged family problems, this book will keep you guessing until the end.

I personally enjoyed it and finished it within a few days of first opening it.

I'd give it a solid 4 out of 5 stars.

If you like mysteries and enjoyed the first trilogy, there's no doubt you'll find this book entertaining.





Welcome to *Darkwood*

“You are playing a challenging and unforgiving game. You will not be led by the hand. Respect the woods. Focus.” – *Darkwood* loading screen

Darkwood is a game developed by Acid Wizard Studios. It’s a top-down, story-rich survival horror game where the player is trapped in a forest by overgrown trees that are nearly impossible to cut down. Smart thinking is key when playing *Darkwood* because even one small mistake can lead to a night of misery. Between the gameplay, environmental storytelling, art and the lingering knowledge that any second could be your last skillfully, *Darkwood* creates a dread that stays with you throughout the entirety of the game. *Darkwood* is truly unlike any other indie game out there, which is why we’ll be talking about it in this month’s edition of Gamer Talk.

The Basics

Darkwood is developed by Acid Wizard Studios and was fully released on August 17th, 2017. It is widely available most places where games can be played. It’s a top-down, story rich, survival horror game that takes place in the Soviet Bloc (Poland specifically) during the late 1980’s. Its premise is simple. Something has infected the trees and forest in this area. It has caused them to grow so rapidly that cutting down even one branch is virtually impossible. The creatures have a new thirst for blood. The trees have grown so tall that the daylight is dim, and the night is pitch-black. Once you’re in the *Darkwood*, it’s impossible to get out. Or is it? Play the game, survive the woods, and see for yourself.

Survival horror is an interesting genre that, when done right, can create masterpieces such as *Darkwood*. Instead of relying on gore, or jump scares, survival horror gets its fear factor by making you fear for your life. It plays on the instinctual fear of death we all have as well as playing on our need to survive. It doesn’t use many outside things to scare you; it simply plays on your preexisting fears, some of which you may not had until playing *Darkwood*.

I live surrounded by trees in the woods. Having to leave my house while it was dark out, alone, walking down my very long driveway is no longer a fun experience after playing this game.

In terms of being a survival horror game, *Darkwood* is not all that dissimilar to others of its genre. The map is randomly generated, there are multiple difficulties and endings possible, but that’s as far as I’d place it in terms of other survival horror games. Unlike many other games, *Darkwood* has no quest markers. There is a story that is very important to the game; it is mostly optional. There is no hand holding. You, as the player, will not be told what to do.

You can choose to take the suggestions from various characters but if you’d rather just camp out in the hideout and fight for your life, you are free to do so. That’s what makes the gameplay so interesting.

The Gameplay

Part of *Darkwood*’s uniqueness is greatly from its gameplay and game mechanics. The mechanics are simple however there are many of them. All of them help with *Darkwood*’s atmosphere and ever-lasting dread, however.

As mentioned previously, *Darkwood* is a top-down game. What does this mean? It means you have a birds-eye view of the player character and the game environment. In most games, top-down means you’re able to see all of the player character, such as in *Stardew Valley*, but *Darkwood*’s birds-eye view is a true birds-eye view. You see the top of the player character and just the top. This applies to every character in the game. The only time you get to see what they look like normally is when speaking to them and their sprite is in front of you. The birds-eye view allows you to see all of the environment. This is partially true for *Darkwood*. While you do technically see everything, what the player character perceives is only in a small frame of where your character is actually looking. The cool thing about this is that you can still see objects move outside of the view. What moved them? It’s up to you to assume the worst. You’ll probably be right. I remember my second night in *Darkwood*. I saw the dresser I was using as a door barricade be pushed out of the way from where I placed it. I couldn’t see what it was, but I could hear the horrible sound of the floor scraping and the growls of the beast that would later take my life. Words cannot truly describe the feeling of raw fear that this invoked in me.

Darkwood has many game mechanics, average ones that you can find in many other games, but they all have a sort of unique twist to them. Trading, for example, is not done with currency (money means nothing in *Darkwood*) but through reputation. Each night you survive, you’re rewarded with a certain amount of reputation depending on what hideout you’ve stayed at. The more dangerous, the more reputation. Items can also be traded for reputation. Shiny stones in particular make the traders happy. There’s one trader who deals exclusively in arms (as in weapons) and ammo. He is known as the Wolfman. He will be very important later.

Other mechanics include the map, gossiping, crafting, the skills and combat. The map gets filled out as you explore more area, however you never know your exact location. Gossiping with NPCs (non-player characters) can provide useful information and in some cases progress the game. Crafting is an essential part of the game that you quickly become reliant on. Skills are a unique thing. You gain skills not through actually doing anything but rather through cooking certain things you find in the forest. Most of these will be mushrooms. Once you have the necessary amount of “essence” as it’s called, you will inject it into yourself and are able to choose the skill (and downside. It must be balanced) you would like. Every time you inject yourself with the essence, the player goes on a small acid-trip experience. I don’t fully understand these trips. I can tell you that they aren’t enjoyable though.

The hideouts are the key to surviving in *Darkwood*. They provide a safer zone during the day as well as your only chance of survival at night. There are three hideouts in the main map of *Darkwood*, one in the Dry Meadow (least dangerous), one in the Old Woods (medium dangerous), and one in the Silent Forest (very dangerous). They each have workbenches, generators, wood saws, wells and stoves. Workbenches allow you to craft more complex things and provide storage for extra materials. Generators light up the hideout. Light helps keep out enemies and provide a small comfort during the night. It is important to keep generators fuelled and off when you’re away from the hideout. Most of the gasoline you collect in the game goes to keeping the generators going. Wood saws do as the title says: saw wood. You can turn logs into planks, which can be used for barricades, repairing hideouts, and crude weapons when needed. Wells, when fixed, offer a small amount of bonus health and energy once per day. They aren’t needed, but they’re certainly a very useful thing to have. Stoves, when lit, will emit their special gas that make the hideout a “safe” place to spend the night. You cannot cook on the stoves during nighttime.

It is essential that you keep the stove lit or else you will not survive. Point blank. Always make sure the stove is lit.

Death is frequent and expected in the *Darkwood*. If you're out scavenging and get killed (which you will be), half of your inventory will be lost and a marker on your map will be placed in order to regain your items. If you die at night while in a hideout? Tough luck. No reputation for you. In certain difficulties you have a limited number of lives before the save file you're playing in is gone. In the hardest difficulty when you die, you're gone for good. Deaths will most often happen at nighttime during the nighttime events. This can be any number of things and really depends on where you hideout during the night. The nighttime event usually consists of an enemy of some sort breaking in to kill you. This is where traps will save your life, because the faster you're able to get rid of them, the better chance you have of survival.

At the end of each night, an in-game hour before the sun is fully up, music plays, hauntingly beautiful and heavenly music. Hearing this music means you survived another night. The screen will fade to white, then morning will start. This is when the player gets to breathe, relax for a bit, and process the horror you were just victim too. In the mornings, you get a small amount of comfort. Time is on a temporary pause to allow you to trade with the trader, turn off the generator and craft anything you need to before the cycle starts anew. The small mercies of the game make all the suffering worth it. Kinda. If not the small mercies, the story does.

Aries (Mar. 21st – April 19th):

Do you actually read these? Do you actually care? I put so much effort into this. Why won't you read them?

Taurus (Apr. 20th – May 20th):

I made you a little paper bird :)

Gemini (May 21st – Jun. 20th):

Did you know that the Xbox logo was inspired by sourdough bread? The creator of the Xbox, Seamus Blackly, now owns a bakery that specializes in making bread.

Cancer (Jun. 21st – Jul. 22nd):

CRAB RAVE

Leo (Jul. 23rd – Aug. 22nd):

Keep your head up, you silly goober. I believe in you!! You've got this!!

Virgo (Aug. 23rd – Sept. 22nd):

Put some socks on!!!!!!!!!!

Libra (Sept. 23rd – Oct. 22nd):

Your sign name arguably is spelt the weirdest. It's like, library, but without the "ary". Do you want to be a library or not? Get it together. Good gracious.

Scorpio (Oct. 23rd – Nov. 21st):

If you keep that up, they're going to lock you in the Dungeon.

Sagittarius (Nov. 22nd – Dec. 21st):

What's it like always being one of the youngest people in your grade?

Capricorn (Dec. 22nd – Jan. 19th):

If you want an interesting rabbit hole to go down, you could go digging for how My Chemical Romance caused Ellen DeGeneres' downfall.

Aquarius (Jan. 20th – Feb 18th)

The children yearn for the vending machine cookies. You are the children. Get the cookies. Get the cookies. Get the cookies.

Pisces (Feb. 19th – Mar. 20th):

LET ME SEE WHAT YOU HAVE IN YOUR MOUTH!!

My Personal Thoughts

I love *Darkwood*. It is by far one of my favourite horror game experiences, and I'm so, so sad that I won't be able to experience it for the first time again. All the characters are so cool and piercing together the lore and the story was so fun. It's scary, not overly so, but enough that it lingers with you. I love the art and the environments. I loved the scavenging for materials, and I loved fighting for my life. It's a beautiful game and I'm so happy I got the chance to play it. That being said, it does have its flaws.

All of the nights in chapter two are extremely difficult. It got to the point where I wasn't sure I could keep going with them because I was starting to get more annoyed with it than anything. I did keep going, because I wanted to know more about the story and find out what all was happening, but there were points it was tedious. Now, the game is about survival, and it very clearly says that "you are playing challenging and unforgiving game" which I completely understand but there were times that it felt cruel. Overall, however, I adore this game. I went with the Wolfman's path in chapter and then the disabled man's path in chapter two.

I think about this game daily. It's captivated me unlike any other game has and I highly recommended that fans of the survival horror genre play it if they ever get the chance. I can almost guarantee that you will not regret it.





Club Talk

By Joseph Carvell

The new school year is getting into full swing. Bells are ringing, friends are chatting, pencils are scribbling, and clubs are popping up all around. One of the most influential being the Climate Action Group, which specializes in helping to fight the climate crisis while spreading awareness of the issues at hand.

The Climate Action Group boast a large range of ways that students can get involved.

Many of the schools most important features, from maintaining the garden towers, running recycling programs, and even working on the pop-up shops are all run by these students. So no matter your interest or skills, the climate action club has a place for you.

Around the school many have noticed the appearance of tall white towers covered with plants. These haven't just appeared on their own. The machines, referred to simply as hydroponic towers, are part of the climate action club's plan to bring hydroponics to Harbor View. Under the careful watch of Audrey Cho, the towers that use a water and nutrients-based solution to grow the plants in. The plants grown in these stations tend to yield far more produce in much less time than their soil grown counterparts. The Climate Action Group can then use these sustainably grown produce to the benefit of students throughout the school.

Another of the group's most important initiatives is the pop-up shop. Several times throughout the school year, students from the group work together to gather, clean, and give away second-hand clothes. While being called a shop, these events actually give away everything. This helps to support the idea of reusing quality materials, rather than always buying new.

These programs, along with the many others arranged by this group have left major impacts on the school community as a whole. Arguably, one of the most important aspects of this club to the individuals is its ability to foster connections. With a member attendance rate that rivals many sports teams combined, students get a chance to work side by side with likeminded people.

Many students have brought up how connected they feel they've become with the school after joining this group including EJ Kearney who remarked that, "Climate Action was the first club I joined in grade nine and it's helped me get more used to the school's atmosphere."



L-R: Ms. Durant, Madison Cullinan, Audrey Cho, Joanna Jackson, Bella Jordan, Jane Peters, Grace Brown.

Missing from photo: Dominique Campbell, Carter Malco



By Enya Weil and Sophie VanDyke

The Viking Ambassadors is a one-of-a-kind club here at Harbour View. Ms. Oram, the faculty advisor for the Viking Ambassadors, is incredibly passionate about her work and isn't afraid to dive into a friendly competition when needed. We're an inclusive club that welcomes students of all ages and backgrounds. So, don't hesitate to swing by Room 325, Mrs. Oram's room. It's an excellent way to become a part of our school community! There are no requirements needed, just your commitment and

enthusiasm.

Every month, we gather to plan exciting events, usually with a cultural twist. Over the past year, we've organized events such as Winter Solstice celebrations, cultural awareness days, support for middle school field days, student tours, fundraisers for global causes, and many more activities for you to soon discover!

For the month of September, our members got an early start on Tuesday, September 5. We weren't just helping with Grade 9 orientation but also lending a hand to students who had recently arrived at Harbour View from various countries through our foreign exchange program. Throughout the day, we guided the newcomers through the world of clubs, gave them tours, helped them find their classrooms, broke the ice with some fun activities, and even handed out some cool, personalized Harbour View swag for the Class of '27. It turned out to be a fantastic start to their school year, and the Viking Ambassadors were thrilled with the results!