



HARBOR VIEWS

Issue 2

November 2023

"Being willing is not enough; we must do."
Leonardo da Vinci



We asked you...
What's your favorite class this semester and why?



Katherine Rice

"Science class because Mr. Watson is funny."



Lucas Holder

"Chemistry because it's really fast paced, and I learned a lot."



Jazmine Feicht-McKim

"AP Statistics because Mr. VanSnick made a notoriously boring class entertaining and engaging."

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Listen to this 11

Mix It Up With Matilda- Bite Size Cinnamon Bun Recipe 12



Eric Prowse

"My favorite class is AP Computer Science because it's easy".



Lydia Ross

"Chemistry 12 because it's kind of fun sometimes and the teacher is nice."



Carter Taylor

"Forensic Science because the labs and the units we've done so far are fun and Mrs. Butler is awesome"

November at HV

8th—Post-Secondary Day

9th —Picture Retakes AM

10th—Remembrance Day Assembly

14th—Term 2 Begins

20th—Report Cards

23rd—Parent Teacher PM

24th—Parent Teacher AM



A Note From Your Editor

By Joanna Jackson

November: What Even Are You?

Every year, November is a fever dream. For Halloween lovers, it's the end of spooky season, and they're sad it is coming to an end. However, for the Christmas lovers, it's like we just want to skip right into the holiday season. I've never really thought of November as its own special month. It's always been just a segue out of a fun time and into better things. I wish I could take in the last month of fall a little more each year.

October has always felt like fall to me. The pumpkins, apple picking, and Halloween spirit are what I have always associated with autumn growing up, and then we get to November and all that goes out the window. The weather starts to get cooler, the

leaves are all lifeless on the ground, and it's the equivalent to winter, just minus the fresh snow and holiday cheer.

Sometimes the only thing you can do to get through a month as odd as November is cling to the better things coming; for me, that has always been Christmas. I just remind myself that soon, fresh white snow will cover the fallen leaves, and a sweater in the morning will fade into a cozy coat needed to even be able to walk to your car. But the best part is the start of holiday markets. This year, my sister and I will be participating in many markets throughout November, where we will be launching our business called "The Bread Box". We will be selling things like bread and Christmas cookies, an activity that is sure to get me in the spirit. Hopefully, you get to stop by as many markets as possible, especially the one that will be held at Harbour View on December 9th (see the Instagram or Facebook for more information—no promo intended). No, but seriously, as we get into this month, it really does help to team up with the people around you to make it through, and get as involved as possible in this strange time of the year.

I have also always found November to be one of the hardest months of school to get through. The excitement from starting a new school year has already faded away, and the end is not in sight. But it's also a very rewarding time. You start to get grades back, and the hard work you've put in for the first two months of school is finally starting to show. It's always good to look on the positive side of everything, which is something I'm learning to do through these incredibly strange editor's notes.

I guess what I'm trying to say is do your very best to embrace the transition that is the month of November. Cling to the holiday cheer that will be flooding our lives soon, and just make it through. Sometimes that's just what we gotta do.

I hope that reading some of these pieces written by the incredible students of Harbour View will start your month off on the right note. I know that each time I finish editing a piece, it makes me a little more sane.

Harbour Views Staff

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Next issue: December 2023

If you would like to work for the school paper, please see Ms. McDonald in Room 307.

Study abroad and see the world

By Iris Metcalfe

Atlantic Education International (AEI) is offering a study abroad program for 2024-2025. If anyone is interested in becoming an exchange student next school year, go quick! AEI is offering a full scholarship for a year of studying in either Germany or Switzerland. This scholarship includes full compensation for all the needs a student may have on their exchange, and the deadline is November third!

According to Yui Yokoyama, a Japanese exchange student at Harbour View this year, students like her often do their exchange year to try something new and to meet new people. She said she chose to come to Canada because she "thought it would be the nicest option!"

While exploring the country for a full school year, students will create long - lasting friendships around the world.

Rachael Ahearn said, "I would want to go to Italy for its beautiful scenery and to learn about the culture!"

Ella Cusack said, "I'd go to Sweden because of the nature. I would want to explore."

If anyone is interested in becoming an exchange student, it is highly encouraged. It is an amazing opportunity to meet new people and learn about new cultures.

Like Yui said, try something new!

Class of 2024 Enjoys Movie Night and Gets to Give Back

On Tuesday October 17th, grads had their our first movie night. Through the HVHS 2024 Grad Instagram, seniors voted on what spooky movie they wanted to watch. It was a tight race between watching *Coraline* and *Nightmare Before Christmas*, but *Coraline* won in the end. Grads packed into the cafeteria that evening with lots of blankets and popcorn to make everyone feel cozy.



L-R: Keely Flanagan, Brooklyn Loatman, Marissa Foote, Megan Lacey, Bree Stockford

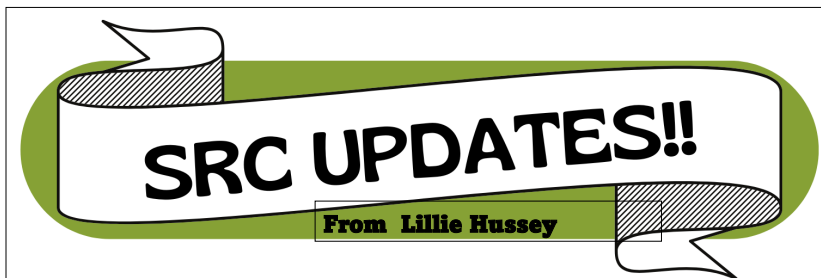
Another exciting opportunity for grads is our first fundraiser. This fundraiser is in partnership with Mitchell’s Soup Company and will be ending on November 10th. Although there are several different soup varieties, but even if you aren’t into soup there is still an opportunity to support the fundraiser by buying soup which will then be donated to a local soup kitchen. The grad who sells the most soups will get free grad clothing.

Coming up on the agenda for grads is their special, limited edition, HVHS grads of 2024 merch, and the Grad Championship. The designs for grad clothes were submitted by students, and they will be available to order soon so they arrive in time for Christmas! After reviewing the “Grad Outreach form” sent out so grads can voice their opinions to the executive

committee, the championship will be up and running soon, so grads should be keeping an eye on the Instagram and “Grade 12 Team.”



Zeppelin Bourque, Emma Van Dyck, Maddy Losier



Last month:

The month of October was a crazy month for SRC. October 6th, we hosted a our first “Mini Mania”! We gave out chocolate covered apples, Halloween candy and popcorn. We also had some fun carnival games such as axe throwing, washer toss, and Whack-a-Mole. It was a super great event. At football’s East VS West, we sold hot chocolate with marshmallows, whipped cream, and sprinkles on top. SRC and Grad Class have been work-

ing very hard to plan our annual Haunted House. The theme this year is Haunted Circus! If you’re a fan of jump-scares, this is the place to come. If not, there will be some Halloween fun activities in the cafeteria such as potion making and free candy. Another spooky event was the Halloween dance on Thursday, October 27th.

Your SRC hopes you had a very happy and safe Halloween!

What’s happening this month?

Although November might not be a busy month, we hope that Vikings will continue to stay involved and show their school spirit.

November 11th – Remembrance Day

Our annual Remembrance Day assembly will be held Nov 10.

November 27th-December 1st- It’s Wellness Week! We will have a wellness Wednesday and sell popcorn that week!



Lillie Hussey and Georgia Anderson

VIKING SPORTS

With Georgia Anderson

Who doesn't love a good spirit game? What about a come-from-behind win? A strong win after a strong game? Well fun fact: Harbour View has had all of these outcomes and more in the last month of sporting. Fall is always a super exciting time when it comes to athletics.

The girls softball team has always been a force to be reckoned with. Although half the team were brand new to the sport, the team was able to pull off many successful wins. In the highlight of the season, the team was able to dominate against our rivals from the East, Simonds High (I've said it before, East /West softball anyone?) As most of the girls move on from high school come June, we wish them all the best in their future endeavors. Whether they spent two months on the team or four years, they all gave their all to the team every game. To anyone who's interested in joining next year, my advice is go for it! You never know what sport you may fall in love with at HVHS.

All three soccer teams have been on an absolute roll this season. Junior varsity girl's star rookie goalie Holly Cho has been a brick wall in the net, giving her amazing team the extra confidence to push hard every game to the opposing end. While there are representatives from every grade level on the varsity boys' soccer team, the group's undeniable talent and teamwork has pushed them to be a powerhouse this season. The boys were even able to win not once but three separate times against the STM varsity boys. Also, this year's varsity girls team has continued to show up and crush any team that comes their way. These girls have fantastic chemistry and it's evident on the field. Their communication on the field and positive spirit is what sets them apart and leads them to being able to highlight goals from star players Phoenix Whitepine and Bree Stockford. Congratulations to each team for a hard-fought season, on and off the field.

The girls field hockey team is an absolute beast on the field. In a sport like field hockey, it is important to not only have strength, but also have endurance, and this young team has improved every game. After successfully finishing the regular season, the team and coaches were ecstatic to make it to the playoffs. However, after a hard-fought game against STM, the girls finished their season at the regional level. Here at Viking Sports, we know that with the amount of talented grade nines that will be returning to the field hockey team in the next three years, playoffs are in the future for these girls again.

Have you been wondering how our small but mighty cross-country team has been performing this season? Well, you've come to the right place. It shouldn't be a surprise that Top-Ten finishes have been common for this team, especially for senior Cole Fitzgerald. Despite a smaller number of athletes compared to some of the other teams here at HV, this team has been making waves at each meet. We are so proud of all they continue to accomplish.

The moment we've all been waiting for since a cold day last fall returned once again this year on Thanksgiving weekend. That's right, the East West Cup, everyone's favorite football game, was an unforgettable night for all in attendance. Despite the fact that Taylor Swift wasn't there as she has been for recent NFL games, the energy in the crowd was electric. Although the rain was an unwelcome guest, we all know nothing can stop the Vikings. Through the oncoming hurricane, the boys fought and pushed while cheers of glee and encouragement could be heard from the crowd. Unfortunately, the Seabees were able to use the weather to their advantage by acting on fumbles and were eventually awarded the title of East West Cup 2023. Congratulations to every senior on the football team. While your grade nine year (when you just played flag football) was a bit of a rocky start, your high school football careers are something we all commend you for.

And now, it is with great sadness that I must announce that we are once again at the end of this month's Viking Sports. A major congratulations to every single fall athlete on a successful season. You balanced sports, schoolwork, and life. That it something that is at times remarkable and I, along with many others, are very proud of you. Now, if you want to be extra remarkable, remember to return your jersey ASAP to the Student Athletic Directors' office and follow HVHS Athletics on Instagram.

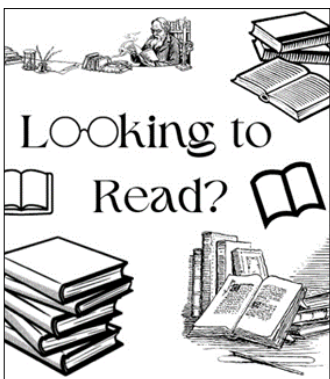
Have a superb November and Happy Sporting!



Photo submitted by Gracelynn Gaunce

By Ella Baxter

This month I read the book *The Gilded Wolves* by Roshani Chokshi. Set in Paris during the year 1889, this novel is by no means historical fiction, (though it does include interesting facts about the social system at the time). With magic and advanced science and technology that we



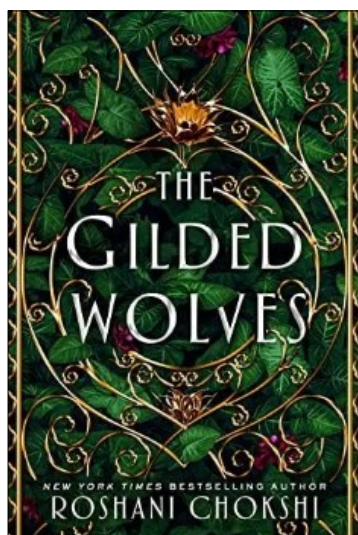
don't even have now, this book would be classified as fantasy with some historical detail.

As the protagonists scour the city for an ancient relic in a desperate attempt to keep themselves safe and to accomplish the individual goals that brought them together in the first place, they are facing off against a supernatural force also looking for the relic.

Within only 384 pages, Chokshi manages to create a complex and captivating new world which resides right alongside our own. Her cast of characters is brilliant and enticingly realistic,

filled with flaws and all make mistakes all throughout the story. Told from multiple perspectives, this narrative is followed from all sides, allowing for an intricate plot. I loved the diversity of the characters, all from different backgrounds with vastly different histories. Cunning, cutthroat, and fiercely protective, they bring the story to life and were the main attraction in the book.

I'd give this book a 3.5 out of 5 stars because while it was intriguing and had well-developed characters, the plot was a bit hard to follow. I would still recommend this book so long as you are prepared to pay close attention because if you miss a detail, you could get lost very quickly.



By Enya Weil and Sophie Van Dyke

This month, three lucky Viking Ambassadors members, Danielle Bradford, Charlotte Colpitts, and Sophie Van Dyke, were invited to attend the Mental Health Forum in Quispamsis. The day was filled with inspiring messages from war veteran Patrick Gordon, an incredible man who served three tours of Afghanistan, founded Operation Feed Saint John, and participated in the Invictus Games. These Vikings also got to experience two other speeches from the LINK program and a mental health activist. They got to learn about some mind-calming techniques, create collages, use sparklers to celebrate LINK's anniversary and brainstorm what the seven mental health words meant to them. We are fortunate that Vikings are able to participate in events like these and cannot wait for what's to come. Overall, the day was an excellent experience for those who participated.

During Wellness Week this month, the Viking Ambassadors started their first school-wide initiative by handing out coloured circles. Within these circles, students could draw or paste images representing themselves. Watch for a brand-new mural coming to our school soon. This mural will comprise every circle from every student, so make sure to find yours somewhere in the collage.

The final event the Viking Ambassadors will lead this month is helping with the children's section of the haunted house. This spooky event took place on October 27th from 7-9 pm, so hopefully you got the chance to stop by with your family and friends to have a thrill and support your Vikings.

On a final note, if you are interested in joining Viking Ambassadors, do not be afraid to visit Ms. Oram at any point throughout your day. We are still recruiting new members who are interested in making a positive impact in our school.



By Ashley Phelps and Hannah Bresenski

Trending Fall Flavors

Pumpkin lattes are one of the most popular fall drinks. With the rich taste of cinnamon and a subtle hint of ginger, they are a great treat to wake you up for school or to have while studying. It is the perfect fall drink. You can order them at almost every coffee shop from September to November. If you do not like pumpkin spice lattes, another trendy fall drink is hot chocolate. From classic to white to peppermint there is a flavor for everyone. It will keep you warm on the chilly fall days to come.



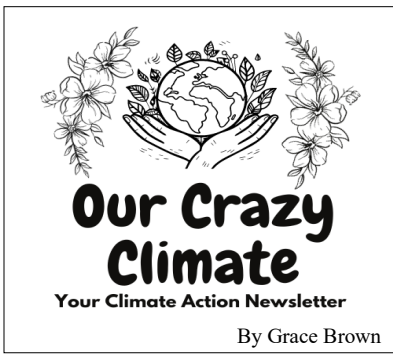
Photo credit: <https://healthyfoodiegirl.com/wp-content/uploads/2022/10/Homemade-Pumpkin-Spice-Latte-Recipe.jpg>

Trending Fashion

What originally came from Scotland in the 1700s has become a fashionable fall trend. Plaid shirts go with everything from jeans to skirts to pajamas. This year's most popular colors are a light and warm taupe, sage green and classic red. Knit sweaters are also trendy this month. As the weather gets cooler, knit sweaters are a great fashion choice to keep you warm and looking good. The trendiest colors are cream and beige.

Trending Makeup

Berry blush and lip products have gained popularity recently because of their inclusivity, as they complement many different skin tones. Some of the top-selling berry blushes are the Tower 28 Beach Please Lip + Cheek Duo, Dior Rosy Glow Blush, and Nars Blush. The blackberry color of these blushes complements many skin tones causing them to gain extreme popularity with a variety of people. Along with Berry Blush, berry lip products have been going viral as well. It is a must-have shade for fall and winter. The top selling berry lips products are the Clinique Black Honey Almost Lipstick, and Rare Beauty Affection Soft Pinch Tinted Lip Oil.



Now that we're into November and school's up and running, our clubs are moving past the welcoming stage and beginning to really show what their club is about. Climate Action is no exception to that rule, having had multiple events over the past month and highlighting some of the many more events to come.

This month Climate Action was very active in our community, planning activities that were equally fun and helpful to our environment. The first of these activities was a tree planting session at Queen Square West, a local park. Members from Climate Action went to the park and planted ten trees to help



Kyler Hogan and Abbigale White
Photo by Carter Malco

Stonehammer with their goal to plant two billion trees. This activity was a huge success, but that's not surprising as it wasn't the first time Climate Action did this activity at Queen Square West – allowing some of the senior members of the group a chance to visit their trees from a few years ago. The next event in October was the school's first Pop-Up shop of the 2023-24 school year. Pop-Up shop leaders Jane Peters and Dominique Campbell hosted their first pop-up shop as Climate Action leaders on the 17th of October and it was a great success. The pop-up shop received plenty of donations and was a huge hit among students at the school. Dozens of students visited the shop, particularly during the fifteen-minute break.



Julie Dickson and Kylie Munn
Photo by Carter Malco

The final event of October was Climate Action's welcome party. Climate Action members met after school on the 19th of October to have a clean-up, participate in plenty of group activities, and get to know each other better. Starting with a clean-up outside, Climate Action members worked together to clean up around our school. After the clean-up, members enjoyed food provided by leadership. To end the party, Climate Action members divided into two open stations, one germinating plants for our Hydroponics led by Audrey Cho, the other decorating Climate Actions new suggestion boxes led by Grace Brown.

This month Climate Action will have many other events lined up, and new members are always welcome.

By Joseph Carvell

While not the most well known club in the school, the Harbour View debate team is debatably one of the most influential to its members. Prioritizing public speaking, strong arguments, and making your opponent feel dumbfounded repeatedly, the club has been able to inspire a sense of confidence and expression that can be hard to come by.



Having been revived by Mr. Johnson and Ms. Vickers last year, the idea of professional debate was foreign to many of the members. Despite many being well versed in arguing with their peers and siblings, the structured format can take some getting used to. Luckily, the club has an assortment of student leaders from last year, teachers who have dedicated their free time to learning alongside them, and even outside experts who have been involved in this world for years. One of these student leaders, a grade twelve student Audry Cho, claimed, "I think this year's team is very capable of winning competitions. They're committed and excited to learn." So, if you have any interest in turning passion and an argumentative spirit into useful skills, the club is always looking for new members.

Though what good is being able to debate well if you don't have a chance to respectfully tear apart the argument and sanity of another person in large scale events?

"I enjoy learning how to express myself better. Debate really helped me learn to think quicker and say what I'm thinking," said Max Doyle, a Gr 12 student and returning member of the team.

While there are many advantages for all aspects of life, from presenting, to thinking on your feet, to simply knowing how to make an impactful point, students also have the opportunity to participate in events provincially and beyond. Recently, several students went to a workshop and debate at Rothsay Netherwood High School.

Austin Enns-Wind, a grade twelve student in his second year of debate, attended, saying "It was a good chance to get back into debate for this year."

See Mr. Johnson or Ms. Vickers for more information.

A Cold Comic By Tanor Gautreau



"The Bug Collector" by Haley Heynderickx

"recently," by Liana Flores

"Last Words of a Shooting Star" by Mitski
 "Divine Loser" by Clem

"Rewind" by Goldspot

"Nine Lives" by Odie Leigh

"Fear" by Current Joys

"The Moon Will Sing" by The Crane Wives

"Baby Blue" by Tigers in the Sky

"Cover me in Roses" by Holden Laurence

"Swallow" by CASIOPEA

Turner

"Silver Bell" by Gregory Alan Isakov

"Everyone Adores You (at least I do)" by Matt Maltese

"little person" by Matt Maltese

"First Love/Late Spring" by Mitski

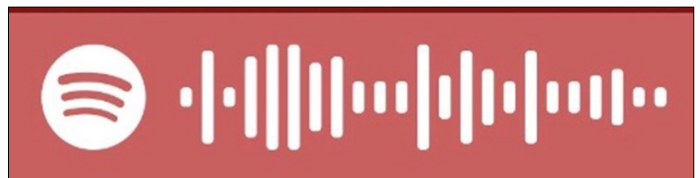
"Hate Yourself" by TV Girl

"Mister Church" by Cottonwood Firing Squad

"These Foolish Things" by Lester Young

"To Tundra" by Los Campesinos!

"Early Summer" by Ryo Fukui



Scan the Spotify code or search "Riley Cleveland :)" on Spotify to listen to the playlist!



Welcome to *Stardew Valley*

"You've inherited your grandfather's old farm plot in Stardew Valley. Armed with hand-me-down tools and a few coins, you set out to begin

your new life. Can you learn to live off the land and turn these overgrown fields into a thriving home?" – Steam store page

Stardew Valley is a game created by Eric Barone aka "ConcernedApe," and he has done all the art, music, and sound effects himself. It's a pixel-art country-life RPG where you, the player, inherit a farm from your late grandfather, out in a coastal place called Pelican Town. There are many things to do, and many things to learn. How will you spend your time? The choice is entirely yours. We'll talk about this and more in this month's edition of Gamer Talk.

The Basics

Stardew Valley is very well received game, with overwhelmingly positive reviews on Steam and a 9.5/10 rating with IGN. It's for good reason, too. The game is amazing, and it's amazing because of its simplicity. There's a lot you can do but it's also not complicated. It's an RPG, a role-playing game, where you farm and just live your life. That's the whole point. While the game is incredibly detailed, those details aren't hard to understand.

The Gameplay

Stardew Valley is a farming simulator where you take care of your farm, forage, fish, befriend the community and so much more. All the aspects of the game are so simple, but so thoughtful

and detailed that it keeps things interesting. I like the simplicity. It's easy to understand and it makes *Stardew Valley* a good game to relax with. For the first portion of the game, you'll be focusing on restoring the community center. There's two ways to do it: the natural way or the Joja route. Whenever I play, I always go the natural way. This way, you get to experience more of the game while playing. It's a better way to learn everything about it, too. The Joja route happens when you buy a membership at the local Jojamart. Think "evil capitalist." That's basically it. Depending on whether you restore the community center yourself or sell your soul to the Joja company, most of the game focuses on what you do with the community center. After that you're free to do whatever you want. Mine all day? Focus solely on livestock? Waste time? It's all up to you!

My Thoughts

I absolutely adore this game. There isn't one thing that I hate or even mildly dislike. I've played a total of 260 hours, which seems like a lot, but for a game like *Stardew Valley* that's hardly anything. It's a beautiful game, with beautiful art, music, characters, and story that all invoke a comfortable and cozy feeling. Unless you don't like farming/life simulators, you will not regret purchasing and playing this game. I think it's made me a better person honestly. I love *Stardew Valley* with every part of my being. I know that you will too.



Photo credit:
https://www.google.com/url?sa=i&url=https%3A%2F%2Fstore.steampowered.com%2Fapp%2F413150%2FStardew_Valley%2F&psig=AOvVaw2XpEX



By Madison Cullinan

Guy Ritchie's 1998 film *Lock, Stock and Two Smoking Barrels* is a shocking example of a small-time heist, and the big complications that sprout from it. In this high-tension film, a small-town card shark, Eddy, enters a sketchy poker match, and comes out owing

500k to the wrong crowd. Eddy and his unwillingly enlisted crew then have to make a lot of money, and quickly. Time is ticking, and their lives are at stake, so as their last resort they plan a heist.

The movie follows Eddy (Nick Moran) – and his friends Bacon (Jason Statham), Tom (Jason Flemyng) and Soap (Dexter Fletcher) – as they navigate securing the money they owe. In doing so, they come up with an interesting plan. When they overhear that their next-door neighbours plan to steal a sum of money and drugs from a dealer, Eddy concludes that the only way to get the money on time is to steal it... from another burglar.

Their plan goes just about as horribly wrong as you'd assume, and that's what makes it such a comedic piece. With a creative use of irony and entrancing dialogue, Ritchie's film is 100% worth the watch. As the movie goes on, it gets more comedic, chaotic, and even a bit murderous – all the best things to find in a film. The fast-paced plot grabs your interest and holds on until

the very last moment. It's a movie that requires a lot of attention to detail. As the title happens to suggest, there are two important guns that make their rounds throughout the movie, and as they change hands it gets more and more confusing. This confusion can be easily avoided if you pay close attention.

Another point of interest about the movie is the amazing soundtrack. On multiple occasions, I found myself rewatching scenes just for the music, or pausing to look up titles of the songs. It stood out as one of the better soundtracks I've heard and was possibly my favourite part about the movie. It did an amazing job of setting the mood and kept spirits high as the crew got themselves into more and more trouble.

As a frequent watcher of heist-based films, this is arguably one of the most creative I've seen. Hilarious yet entrancing in all aspects, *Lock, Stock and Two Smoking Barrels* will not fail to take you off guard. Overall, I give this movie a 4 out of 5. I think many will agree when I say it's worth the watch.

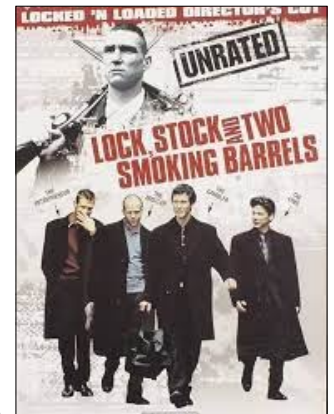


Photo credit:
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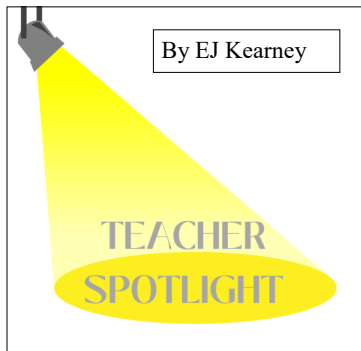
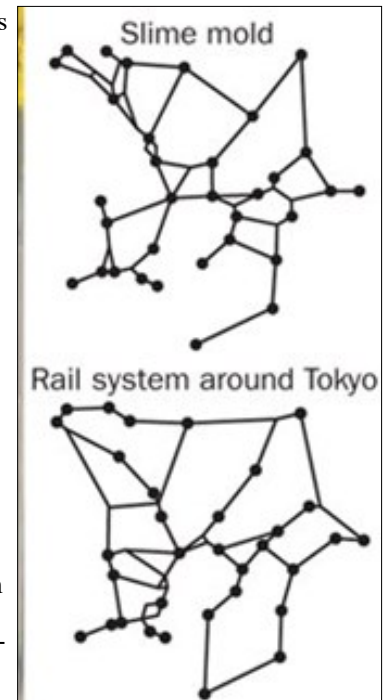
The Future is Fungi

Many people have a pre-existing opinion that fungi are just organisms that rot our food and grow unpleasantly in the backyard, but these notions barely scratch the surface of what makes a fungus a fungus. On top of being a good source of nutrients, they also maintain soil conditions in our ecosystem through decomposition. Fungi are eukaryotic and heterotrophic organisms. Almost all fungi reproduce asexually through spores and although they

are considered a plant, the behaviour of certain fungi is very much extraordinary.

Recent research shows that fungi connect and communicate through electrical impulses similar to the firing of neurons. This indicates that while fungi may not have the ability for abstract thought like us humans, they can determine their actions in a manner similar to the function of a brain. The basic signals such as where to move to find a food source, or what environment is most beneficial, are an innate behaviour which the fungi use as needed.

In 2010, using yellow slime mold, researchers from Japan and the U.K mapped the area of the Tokyo railway system. They did this with the end goal of finding the most efficient route to each destination. The genus of the fungus used was *Physarum*, specifically *Physarum polycephalic*. It is an acellular organism and is capable of ingesting material through phagocytosis. When searching for a food source it can expand outwards until one is found. Only one branch of the expansion it sends out is most efficient, so it retracts the others, leaving the most effective route behind. Led by Toshiyuki Nakagaki, researchers placed food samples on each coordinate on the map and left it for a few days. The resulting pattern was a strikingly similar pattern to the current railway route with only a few minor differences. The naturally occurring organism had solved a design problem all on its own. Shown by this incredible experiment, we can incorporate fungi into future architecture and design projects, to allow for an environmentally friendly practice, as well as a natural and convenient city layout method.



Featuring Ms. Sutherland

Happy November, Vikings! As you may have known, we have a lot of new faculty and staff this year at Harbour View, and they have been reporting how much they enjoy and feel welcomed at the school. We're so glad to have them here, and one of these teachers is Ms. Sutherland.

Although she was born in Alberta, she grew up in Kennebecasis Valley. During high school, she was a member of the KV's school swim team, and during competitions, she always found the HV kids had the best spirit. They weren't the champions or top of the league, but she envied the sense of belonging and positivity they exhibited.

Her mother, a teacher, was one of the things that influenced her to choose a career. Although it didn't click that she wanted to pursue teaching until a little later through her education, she has

dear memories of playing 'classroom' with her siblings.

"I don't think I always *knew it*," she said, "but I think I always *wanted* to be a teacher."

But what about now? Well, she teaches a lot of grade 9 classes this semester, including Math and Science. She's also looking forward to next semester's classes, which include PIF and Environmental Science. She's enjoying all of them so far and recognizes they all have perks, like being in the labs for science or how relaxing math is.

"Well, calm, maybe," she specified. "Maybe not *relaxing*."

She's enjoying her first couple months at HVHS.

"It's been really great to get involved, helping some teams, going to some cross country, events, being a part of climate action." She also helped out with the musical, but outside of school, her hobbies include reading and swimming. Her beloved dog, Rollo, is a Bernedoodle and loves walks.

Monthly Music that Can't be Missed!

By Ella Cusack

IVE *I've Mine*

(Photo credit: <http://surl.li/mlnvp>)



Truly adored by the media, IVE has garnered media attention since their debut, with their unique concepts and refreshing music. An Yujin, Gaeul, Rei, Jang Wonyong, Liz, and Leeseo, the members of IVE, released their first extended play (EP) album *I've Mine* on October 13. The album had three singles, with staggered releases. The first track, “Either Way,” was released on September 25 and is a song with a dreamy synth and lyrical atmosphere, depicting the idea of being free from other people’s gaze. With members like Jang Wonyoung constantly under fire, their fans, “Dives” speculate that the song is about the members finding their true selves amidst constant media attention. Their second single, “Off the Record” was released on October 6th. “Off the Record” contains a rhythmic beat, characterized by a groovy and heavy bass guitar. The lyrics discuss the desire to express honesty and intimacy in the late hours of the night, meant to remain “off the record” and away from the public eye. Potentially the most striking track from the group the third track, “Baddie”, was released alongside the EP. “Baddie” details a dark charm executed through a strong beat and electric bass rhythm. The lyrics convey a message of self-confidence, unlike the punchy pop IVE has consistently produced on their own.

Seventeenth Heaven

(Photo credit <http://surl.li/mlnvu>)

Following the release of their tenth EP album, “FML”, on April 24th, 2023, Seventeen released their eleventh EP album *Seventeenth Heaven* on October 23rd. Seventeen, a K-Pop group ironically comprised of thirteen members, reflects the name Seventeen with their three subunits within the group, vocal, performance, and hip-hop. They explain their name “Seventeen” derives from their thirteen members, three teams, and themselves as a group. Seventeen. *Seventeenth Heaven* includes eight tracks, with a total play time of 26 minutes and 45 seconds. Members within the group produced and composed the tracks within the album, with member Woozi producing the EP, and his fellow members S.Coups, Hoshi, Wonwoo, Mingyu, and Vernon contributing to the lyrics of the songs. The EP expresses their celebration of the bands’ career and has an upbeat production. Woozi explains that the album’s title is derived from the term “seventh heaven,” which “represents the state of extreme joy”. Alongside

the musical aspect of the album, the release of the physical album draws a creative aspect to the release, releasing three separate versions of the album. The first version, a 5:26 AM version depicts the start of an imaginative festival at dawn; the second, a 2:14 PM version witnesses the festival in full swing; and the third, a 10:23 PM version presents the festival’s finale. Introducing a creative aspect to the physical albums, the times chosen on the albums represent key achievements within the group’s career. 5:26, or May 26th, representing the day the group debuted with their song “Adore U” in 2015. 2:14, or February 14th appeals to “Carat Day,” a day Seventeen celebrates the dedication and loyalty of their fans, “Carats” and 10:23, or October 23rd, representing the day the EP was released.



Taylor Swift *1989 (Taylor's Version)*

(Photo credit <http://surl.li/mlnwb>)

Arguably the most influential singer of our time, the 12-time Grammy winner and the 46-time nominee, Taylor Swift announced the re-recording and re-release of her fifth studio album *1989*, following the closing of the first leg of “The Eras Tour”. *1989* was an era in Swifts’ career in which she promoted a range of pop subgenres, including dream pop, synth-pop, electropop, and more. Releasing some of the most popular hits of her career, Swift released the re-recorded version of the project on October 27th, 2023. The title was perhaps the most highly-anticipated of the six projects she has re-recorded. When the album was first released nearly a decade ago, three of its singles “Shake it Off”, “Blank Space”, and “Bad



Blood” reached number one on the *Billboard Hot 100*. With a total of 21 tracks, *1989 (Taylor's Version)* included re-recorded versions of 16 tracks from the deluxe version of *1989*, and five previously unreleased “From the Vault” tracks.

Mix It Up with Matilda

By Matilda Beyea

As every day gets colder, I wish I had a fresh plate of sweet treats to dunk in my hot chocolate and to pass around the table at family dinners. Instead of wishing, we can make that happen by following the recipe I've shared this month to keep you and your family happy and warm. Our recipe for the month will be a batch of bite size cinnamon buns. These cinnamon buns will have you making a second batch and filling your mouth with more!

For the dough: Starting with the dough cream together $\frac{3}{4}$ cup butter and both powdered and non-powdered sugars until you've reached a light and fluffy texture. Add the eggs plus the vanilla and mix well. Slowly add one cup of flour, baking powder and salt. After all that is mixed add the remainder of the flour and mix until you get a smooth soft dough. Flatten that dough into a thin disk and wrap in plastic wrap, set in the fridge for an hour.

For the filling: After that long wait, take out a small bowl and combine the brown sugar and the cinnamon. Separate the dough into two pieces and working with one piece at a time, roll the dough to about $\frac{1}{4}$ inch thick and about 15 inches by 4 inches. Spread 2 tbsp of butter gently on top of the dough. Sprinkle $\frac{1}{2}$ of the cinnamon sugar mix and lightly press it in the dough. Take one long edge of the dough and start to roll it into a tight log. Do the same for the remaining dough, butter, and cinnamon sugar mixture.

Cutting the dough: Using a sharp knife, start by cutting 1-inch pieces, that should make about 15 cookies per log. Place each cinnamon roll 2 inches apart on a lightly greased baking sheet.

Preheat the oven to 350 degrees: Bake the cinnamon buns for 9-11 minutes for the best result (they should have a pale color to them still). Set the cinnamon buns on a cooling rack for 1-2 minutes before setting the glaze on them. While the buns bake that would be a great time to start the glaze.

For the glaze: Start by mixing the cream cheese and powdered sugar together until it is thick and smooth. You may want to use an electric mixer or a blender so it's less work for your arm. You're going to add vanilla and 1 tbsp of milk. Continue to add the milk, $\frac{1}{2}$ tbsp at a time until the glaze has a thickness to it but still pourable. Drizzle glaze over the cooled off cinnamon buns and enjoy!

Your cinnamon buns are complete! You can now dunk every single one into your hot chocolate and stuff your mouth full of tasty, sweet cinnamon. This recipe will come in handy on those cold rainy days or if you need to give someone a gift or even to just snack on while you go about your day. Happy November Vikings!!!

Ingredients:

For the dough

2 $\frac{1}{2}$ cups all-purpose flour
 $\frac{1}{4}$ cups powdered sugar
 1 tsp. baking powder
 $\frac{1}{2}$ tsp. kosher salt
 $\frac{3}{4}$ cups granulated sugar
 $\frac{3}{4}$ cups salted butter, softened
 2 large eggs
 $\frac{1}{2}$ tsp. vanilla extract

For the glaze

2 $\frac{1}{2}$ cups powdered sugar
 2 tbsp. cream cheese softened
 $\frac{1}{2}$ tsp. vanilla extract
 1-2 tbsp. milk
 2 tbsp. butter softened

For the filling

4 tbsp. butter softened
 $\frac{1}{2}$ cup brown sugar
 1 tsp. cinnamon



Photo credit <https://www.pillsbury.com/recipes/giant-cinnamon-roll/019f57d5-5f7e-4371-a8d9-60f232559eb2>