



The Parent School Support Committees of the 4 Saint John area high schools are pleased to present the first in a series of presentations.

## It Takes a Village to Raise a Teen: A Family's Journey to Mental Wellness

**Tuesday, October 4<sup>th</sup>, 2016**  
**7 – 8:30 pm (doors open at 6:30)**  
**Saint John High School Auditorium**

The kick off session will include:

Our guest speakers will discuss the mental health concerns of raising a teen in today's society, address some of the resources that are available within our schools and community and hear a mom's powerful personal story of hope.

For more information contact us at [sj.takesavillage@gmail.com](mailto:sj.takesavillage@gmail.com)



Canadian Mental  
Health Association  
New Brunswick  
*Mental health for all*

Association canadienne  
pour la santé mentale  
Nouveau-Brunswick  
*La santé mentale pour tous*