






## HEAD LICE CHECKLIST CALENDAR

<p><b>Nit Picking Tips</b></p> <ul style="list-style-type: none"> <li>❖ It is very important to pick nits <b>BY HAND</b></li> <li>❖ Nits are easier to see if you use a <b>bright light</b> such as a <b>flashlight</b></li> <li>❖ Soak combs, brushes, hair ties in hot water for 10 minutes</li> <li>❖ Pillow, towels, and other items that touch the child's head should be washed in hot water</li> <li>❖ Tell your child not to touch heads with others</li> <li>❖ Coat child's head with conditioner for daily head checks, this makes checking easier!</li> </ul>	<p style="text-align: center;"><b>Day 1</b></p> <ul style="list-style-type: none"> <li>❑ Chose between conditioner or pediculocide treatment and begin treatment today</li> <li>❑ Check child's whole head and remove nits by hand</li> <li>❑ Check all other family member's heads and treat if lice or nits are found</li> <li>❑ Inform the child's school, daycare and other close contacts</li> </ul>	<p style="text-align: center;"><b>Day 2</b></p> <ul style="list-style-type: none"> <li>❑ Check child's whole head and remove nits by hand</li> <li>❑ Use conditioner with head checks</li> </ul> 	<p style="text-align: center;"><b>Day 3</b></p> <ul style="list-style-type: none"> <li>❑ Check child's whole head and remove nits by hand</li> </ul>	<p style="text-align: center;"><b>Day 4</b></p> <ul style="list-style-type: none"> <li>❑ Check child's whole head and remove nits by hand</li> </ul> 	<p style="text-align: center;"><b>Day 5</b></p> <ul style="list-style-type: none"> <li>❑ Check child's whole head and remove nits by hand</li> </ul>	<p style="text-align: center;"><b>Day 6</b></p> <ul style="list-style-type: none"> <li>❑ Check child's whole head and remove nits by hand</li> </ul> 	<p style="text-align: center;"><b>Day 7</b></p> <ul style="list-style-type: none"> <li>❑ If treating with pediculocide and nits are still present then re-treat today</li> <li>❑ Check child's whole head and remove nits by hand</li> </ul>
	<p style="text-align: center;"><b>Day 8</b></p> <ul style="list-style-type: none"> <li>❑ Check child's whole head and remove nits by hand</li> </ul>	<p style="text-align: center;"><b>Day 9</b></p> <ul style="list-style-type: none"> <li>❑ Check child's whole head and remove nits by hand</li> </ul>	<p style="text-align: center;"><b>Day 10</b></p> <ul style="list-style-type: none"> <li>❑ Check child's whole head and remove nits by hand</li> </ul>	<p style="text-align: center;"><b>Day 11</b></p> <ul style="list-style-type: none"> <li>❑ Check child's whole head and remove nits by hand</li> </ul>	<p style="text-align: center;"><b>Day 12</b></p> <ul style="list-style-type: none"> <li>❑ Check child's whole head and remove nits by hand</li> </ul>	<p style="text-align: center;"><b>Day 13</b></p> <ul style="list-style-type: none"> <li>❑ Check child's whole head and remove nits by hand</li> </ul>	<p style="text-align: center;"><b>Day 14</b></p> <ul style="list-style-type: none"> <li>❑ Check child's whole head and remove nits by hand</li> </ul>
	<p style="text-align: center;"><b>Day 15</b></p> <ul style="list-style-type: none"> <li>❑ Check child's whole head and remove nits by hand</li> </ul>	<p style="text-align: center;"><b>Day 16</b></p> <ul style="list-style-type: none"> <li>❑ Check child's whole head and remove nits by hand</li> </ul>	<p style="text-align: center;"><b>Day 17</b></p> <ul style="list-style-type: none"> <li>❑ Check child's whole head and remove nits by hand</li> </ul> 	<p style="text-align: center;"><b>Day 18</b></p> <ul style="list-style-type: none"> <li>❑ Check child's whole head and remove nits by hand</li> </ul>	<p style="text-align: center;"><b>Day 19</b></p> <ul style="list-style-type: none"> <li>❑ Check child's whole head and remove nits by hand</li> </ul>	<p style="text-align: center;"><b>Day 20</b></p> <ul style="list-style-type: none"> <li>❑ Check child's whole head and remove nits by hand</li> </ul> 	<p style="text-align: center;"><b>Day 21</b></p> <ul style="list-style-type: none"> <li>❑ Check child's whole head and remove nits by hand</li> <li>❑ <b>SUCCESS AT LAST!</b></li> </ul> 