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|  | Glen Falls SchoolNEWSLETTEROctober 2023 |



**VISION**

To provide students with essential knowledge and skills to become the leaders of tomorrow.

We would like to remind everyone that the weather is getting much cooler as we move into the Fall months. Please make sure to dress your child appropriately for the weather. All children should be wearing a jacket to school. We would also ask that you ensure that your child has a **pair of sneakers as indoor footwear**. To take part in Phys. Ed., children must wear sneakers.

**Attendance Matters** – We are already seeing children who have missed more than five school days. This is a very serious concern for us. Attendance letters will be sent home for every five days a child is absent. Please make every effort to send your child to school daily and please try to schedule all appointments outside of school hours. If your child is going to be home, please call the school to notify us.

**Important Dates**

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| **Oct. 2nd – No School (Orange Shirt Day Holiday)**Oct. 6th – Invitational Adult Lunch DayOct. 8th – 14th Fire Safety Week**Oct. 9th – No School (Thanksgiving Day)**Oct. 10th – PSSC Meeting**Oct. 11th – School Pictures Day**Oct. 10th – 13th – Kindergarten Registration Week**Oct. 13th – No School (School Improvement Planning)** | Oct. 16th – 22nd School Bus Safety Week Oct. 16th-20th - Active Classroom ChallengeOct. 2nd – Lunch orders open for Nov. School Cash OnlineOct. 18th – Take Me Outside DayOct. 25th – Picture Retakes Oct. 25th - Lunch orders close School Cash OnlineOct. 31st – Celebrate Halloween (wear orange and black) |

 **Lunch Program**

We are continuing to encourage parents to sign up for School Cash Online, the online payment system for Hot Lunches. You will get an email letting you know that the forms will open on October 2nd for November Hot Lunches orders. Orders will close on School Cash Online, October 25th. Please call the office, 648-5340 if you are not getting the email notifications for School Cash Online.

We continue to be amazed at the generosity of many of our community partners and our PALS!  In September Glen Falls School received donations from our PALS - Knights of Columbus #6595 gave a donation to our breakfast and lunch programs and donated school supplies, and JDI donated school supplies!  Also, we have PALS who give of their time as they volunteer at GFS – BASE Eng., CAA, and JDI. THANK YOU! THANK YOU! THANK YOU!

**Invite an Adult to Lunch Day**

**When:** Friday, October 6th, 2023

**Time:** 12:00-12:25

**Who:** **One parent or guardian per student** (it doesn’t have to be a parent, it can be a grandparent, aunt, or uncle, but only 1 because of space)

Please come, **bring your own lunch,** and join your child for a meal together with their class. We will provide a small dessert for all who attend. We look forward to our time together. (When parking we ask that you not block any driveways, businesses, or fire hydrants.)

**October 8th-14th is Fire Prevention Week**

This year’s FPW campaign, “Cooking safety starts with YOU. Pay attention to fire prevention™,” works to educate everyone about simple but important actions they can take to keep themselves and those around them safer when cooking. The Saint John Fire Department will be visiting the school in early October with the Fire Safety House to continue their education with the grade three students.

**Kindergarten Registration for 2023-24**

Registration takes place from October 10th-13th for children starting Kindergarten in September 2024. Children who will turn five by December 31, 2024, can register to start school in September 2024. Registration can be completed online or at your local school. For more information, visit the ASD-S website at asd-s.nbed.nb.ca

Reminder to current Kindergarten parents to bring or send an updated copy of your **child’s immunization** to the school office. This record should include the 4-year-old booster. If you have any questions, please call your local public health office @ 658-2285 (SJ).

**PSSC**

We are still looking for volunteers for the school PSSC. We review school policies and Operational Plans. If you are interested in joining the PSSC please contact Mrs. Sullivan at 658-5340 or via email colleen.sullivan@nbed.nb.ca . Our next PSSC meeting is going to be held on October 10th @ 7:00pm. Meetings take place in the school Learning Commons.

**School Pictures Day**

Photography Flewwelling is once again coming in to take our school pictures. They will be at the school on **Oct. 11th** and will be doing retakes on **Oct. 25th**. Please note, it is important that children arrive on time for school picture day. Classes will be going as a class to have their pictures taken and may miss their opportunity if they arrive late. For retakes, you will need to indicate on their original order form if you are requesting retakes and your child must be on time for school that day. The photographers are only at the school for a limited time on both days.

**Facebook Page** - Glen Falls School has a new Facebook page. **The page you are looking for has the Glen Falls School logo and a picture of the butterfly that is in the school lobby.** Search **Glen Falls School Page.** Please just “like” the page, no need for a friend request. Please note that there is an old Glen Falls School page that is NOT connected to the school.

**Bus Information** - For information about busing, such as stops and schedules, we encourage you to sign up for [BusPlanner](https://can01.safelinks.protection.outlook.com/?url=http%3A%2F%2Ftrack.spe.schoolmessenger.com%2Ff%2Fa%2FSFhkloX_c-iIQslRrd9Dgw~~%2FAAAAAQA~%2FRgRjGhbxP0QZaHR0cHM6Ly9hc2RzYnAubmJlZC5uYi5jYVcHc2Nob29sbUIKYThx4zhhyb34jVITYXNkc2luZm9AbmJlZC5uYi5jYVgEAAAAAg~~&data=04%7C01%7CColleen.Sullivan%40NBED.NB.CA%7Cc595f4da36204b2221a308d972e898c8%7C4d2b5fdfc4d24911870968cc2f465c9f%7C0%7C0%7C637667165598648922%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=yb7g4VWqylMj4rLsuR2IuSIQiZNZyTlfgUQlPx6ArU0%3D&reserved=0) and be sure to opt-in to notifications about delays and cancellations. Instructions for signing up can be found on the ASD-S [website](https://can01.safelinks.protection.outlook.com/?url=http%3A%2F%2Ftrack.spe.schoolmessenger.com%2Ff%2Fa%2FGO1k22TQ1gWVEqT70lDxFw~~%2FAAAAAQA~%2FRgRjGhbxP0Q1aHR0cDovL3dlYjEubmJlZC5uYi5jYS9zaXRlcy9BU0QtUy9QYWdlcy93ZWxjb21lLmFzcHhXB3NjaG9vbG1CCmE4ceM4Ycm9-I1SE2FzZHNpbmZvQG5iZWQubmIuY2FYBAAAAAI~&data=04%7C01%7CColleen.Sullivan%40NBED.NB.CA%7Cc595f4da36204b2221a308d972e898c8%7C4d2b5fdfc4d24911870968cc2f465c9f%7C0%7C0%7C637667165598658874%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=8XWxOlmpUvmsEB2HtDLmKUiZJJYBqJ48We9Hz4RY4W8%3D&reserved=0).

**Halloween**

Instead of wearing costumes to school for Halloween we would like to encourage all students to wear orange and black to celebrate on Oct. 31st. Costumes can get easily torn throughout the course of the day and we would not want this to happen. Also, due to the nutrition policy we ask that you **not send in treats for the entire class**.

We ask parents to limit the number of treats the children bring to school after Halloween and would like to remind parents to check the treats that the children will be bringing to school to **ensure they are peanut and nut free**.

**Active Classroom Challenge**

In continuing efforts to improve the overall health of our students we will be continuing with our Heart Healthy School challenges this year. Our first challenge is going to be our Active Classroom Challenge during the week of Oct. 16th – 20th . We will also take part in Take Me Outside Day, a day that encourages outdoor learning, on Wednesday, Oct. 18th. We encourage families to get outside and be active.

**Cooking with the Stars**

We have started our in class cooking club, Cooking with The Stars! Our Glen Falls Stars will have the opportunity to cook 5 different recipes over the school year.  In recognition of the Day for Truth and Reconciliation, we started in September by making Bannock.  Bannock is a flatbread that contains very few ingredients.  Indigenous People of Canada originally cooked Bannock by a variety of methods, some rolled the dough in sand then pit-cooked it, brushing the sand off once it was ready to eat.  Others baked it in clay or rock oven and others wrapped the dough around green, hardwood sticks, over an open fire.  Bannock is popular today at festivals and family gathering where it is usually deep fried, pan-fried or oven baked.

**Bannock (Pahkwesikan)**

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| **Ingredients****½ cup margarine (tohtosapopimehkan)** **2 ½-3 cups flour (askipahkwesikan)****1 ½ TBSP baking powder (opihkasikan)****1 TBSP sugar (sîwinikan)****1 tsp salt (sîwihtâkan)****1 ½ cups milk (tohtôsâpoy)** | **Directions:****1. Preheat oven to 400°F.****2. In a large mixing bowl, combine all ingredients. Mix with hands. Add more flour if dough is too sticky.****3. Press out with hand until 2 inches thick (kind of like a thick pizza dough)****4. Put on greased (or use parchment paper) cookie sheet and bake in oven for 25 minutes****5. Eat plain or with butter and cinnamon sugar.** |

**Star Citizen**

The school theme for the month of October is **“Respect”**.

**MISSION**

At Glen Falls Elementary School we are committed to providing a positive, safe learning and working environment. Students are supported in their individual development to become well-rounded, productive, responsible citizens and lifelong learners. We enable students to attain the knowledge and skills to thrive in the 21st century, including communication, collaboration, and independence. Recognizing that it takes a community to raise a child, we value our partnerships with parents, businesses, and other community members. Together we celebrate our successes.

**School Motto**

**At Glen Falls School we are shooting for the**

**S Safe**

**T Team Spirit**

**A At My Best**![MC900093405[1]]()

**R Responsible Citizens**

**S Shooting for Success**

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**Attention Students: Please have your parent sign this form and return to your teacher for a chance to win a prize!**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Teacher: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_