



## Elementary Menu

2016-2017

## daily price list

Meal Price : \$5.25

Menu Dates	Monday	Tuesday	Wednesday	Thursday	Friday	
<b>Week 1</b>	<p>Sept. 12-16 Sept. 26-30 Oct. 10-14 Oct. 24-28 Nov. 7-11 Nov. 21-25 Dec. 5-9 Dec. 19-23 Jan. 9-13 Jan. 23-27</p>	<p>Spaghetti with Meatballs and Garlic Bread Stick</p>	<p>Pancakes topped with Berries served with sliced Ham</p>	<p>Chicken Potato Bowl with Mashed Potatoes topped with Diced Chicken, Veggies and Gravy</p>	<p>Soft Beef Taco with Rice and Corn</p>	<p>Sweet &amp; Sour Meatballs with Rice and Corn</p>
<b>Week 2</b>	<p>Sept. 19-23 Oct. 3-7 Oct. 17-21 Oct. 31-Nov. 4 Nov. 14-18 Nov. 28-Dec. 2 Dec. 12-16 Jan. 2-6 Jan. 16-20 Jan. 30-Feb. 3</p>	<p>Creamy Macaroni and Cheese with Veggie Sticks</p>	<p>Pancakes topped with Berries served with sliced Ham</p>	<p>BBQ Chicken Breast with Mashed Potato and Mixed Vegetables</p>	<p>Shepherd's Pie with Carrot Coins</p>	<p>Pizza Grilled Cheese Sandwich with Chicken Noodle Soup</p>
<b>Treat Of the day</b>	<p>Apple Slices &amp; Dip</p>	<p>Cookies Applesauce Brownie</p>	<p>Frozen Yogurt</p>	<p>Muffin Cinnamon Bun</p>	<p>Apple Slices &amp; Dip</p>	

**Favourites!**  
 Pizza Tue, Thur, Friday, Garlic Fingers Wed, Grilled Cheese, Hamburgers, Chicken Burger,  
 Snack Wraps

<b>Daily Combo</b>	<p>Fingers and Baked Potato Wedges \$5.25</p>	<p>Garlic Slice with Caesar Salad \$4.25</p>	<p>Pizza Slice with a Frozen Yogurt and Small Milk \$4.75</p>	<p>Chicken Snack Wrap with Carrots &amp; Dip and Small Milk \$5.00</p>	<p>Breadstick and Caesar Salad \$5.00</p>
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**Sandwiches:**  
 Grilled Cheese \$3.50  
 Chicken Salad Sandwich \$3.00  
 Egg

**Drinks:**  
 250ml White Milk \$0.50  
 250ml Choc Milk \$0.55  
 Juice Box \$1.25  
 Bottled Water \$1.50  
 Yop (113ml) \$1.25

**Salads:**  
 Caesar Salad \$3.50  
 Garden Salad \$3.30  
 Add Chicken to your salad \$1.25

**Other:**  
 Chicken Burger \$3.75  
 Hamburger \$3.75  
 Cheeseburger \$4.50  
 Pizza \$2.95  
 Garlic Slice \$2.75  
 Chicken Snack Wrap \$3.00  
 Veggie Snack Wrap \$2.25

**Snacks:**  
 Popcorn \$1.25  
 Veggies and Dip \$1.50  
 Crackers and Cheese \$2.00  
 Fresh Fruit \$1.00  
 Fruit Cup \$2.00  
 Apple Slices w/Dip \$2.25  
 Pudding Cup \$1.75  
 Baked Chips \$1.50

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