



# J.D. Irving Invitational Elementary School Cross Country Meet

Wednesday, October 8<sup>th</sup>, 3:30 – 5:30 pm

Organized by the Saint John Track Club & UNBSJ Cross Country/Track Team

Location: Wolastog Park, Lancaster Avenue, West Saint John



**Course Description:**

All events will take place on a well-marked course around the perimeter of the park on a mix of grass and trail. The course is a loop of just over 1 km, providing a fast, challenging and exciting race to watch. We want to say a special thank you to our sponsor J.D. Irving Limited, for use of the park and their sponsorship.

**Registration Information:**

There is no registration fee and no advance registration required. Questions prior to the event can be sent to [saintjohntrack@yahoo.ca](mailto:saintjohntrack@yahoo.ca). Individual and team entries are welcome. Registration will occur on site 3:30-4:00 pm. Athletes can walk the course up until 3:45 pm. Please note that teams must have a designated adult in charge of checking-in and recording. All athletes from a school are considered a team with the top 4 finishers to count for scoring. All athletes on a team must attend the same school.

**Cancellation:** In the event of **VERY Severe Weather** the event will be cancelled with no rain date. Notification will be provided to the schools as of 11:00 am of the meet day and posted on the SJ Track Club web site at [www.SJTC.ca](http://www.SJTC.ca).

**Parking:** Limited parking is available in the park but overflow is available at various places nearby.

**Events:** Official course walk-through will take place at 3:30.

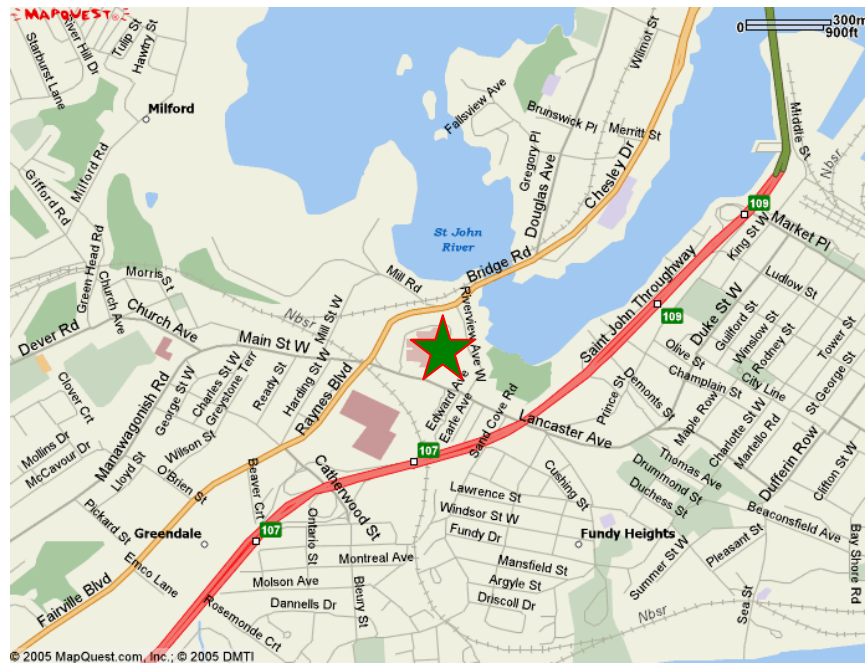
Races will start promptly at 4:00 and occur in the order shown below.

<b>Division</b>	<b>Distance</b>
Grade 3 - Girls	1.1 km
Grade 3 - Boys	1.1 km
Grade 4 - Girls	1.1 km
Grade 4 - Boys	1.1 km
Grade 5 - Girls	1.1 km
Grade 5 - Boys	1.1 km

**Awards:** Participant ribbons for all competitors. Medals for the top 6 individual and ribbons for the top 6 teams.

**For More Information:** Bill MacMackin – [SaintJohnTrack@Yahoo.ca](mailto:SaintJohnTrack@Yahoo.ca) (w) 647-4931 (h) 847-0610

The park entrance is across from the Bowlarama, 248 Lancaster Ave.



Race Course

