

School Lunch Order



Buy 11 meals
and get \$3.50 off!



We make **school lunch ordering** healthy, delicious and easy!

www.schoollunchorder.ca

Ordering is easy:

- 1) Click on "**ORDER NOW**"
- 2) Select your school (choose province, city and then select your school)

SELECT YOUR SCHOOL

Select Province: Select City: Select School:

- 3) Add your child(ren) that will be receiving an order at this school. After they have been created [Select Meal Days](#) to add items to their order.

(If you have children at different schools you will need to place a separate order for each child after choosing their school)




- 4) On the ordering page click on the squares next to the dates that you wish to order from. Then choose the items for this date.

(If you need to make a correction simply click on the item/date you have already chosen and it will deselect your choice.)

- 5) To order for addition children for this school, click on [Back to Children](#) and the [Select Meal Days](#) for this child.

- 6) You can view your child's(ren) order by selecting [Back to Children](#).

You can make changes to your order anytime prior to checkout by clicking [Select Meal Days](#) next to the child's name. You can edit the child's information by selecting [Edit](#).

- 7) When your order is complete for all children in this school select [Order Complete Proceed to Checkout](#). We accept:   

- 8) You will receive a confirmation email of your order. Some parents prefer to send in a copy of the order with their child. Please know the order is also automatically sent to the unit when placed.

If you have any questions regarding the ordering process please email our Webmaster, tanya.rafuse@compass-canada.com

FREQUENTLY ASKED QUESTIONS

When must my order be placed?

Please place your order by 7:45 am for same day delivery.

Are all meals healthy?

All menu items meet provincial guidelines for healthy eating. Within those guidelines we offer favourite meals using **better-for-you products** and **cooking methods**.

I understand you still **sell cookies**?

Yes we still sell children's favourite foods but we have sourced and/or make from scratch, recipes that meet the provincial guidelines. For example our cookies are only 1oz low fat, low sodium and high fibre; pizza is made using low fat cheese and turkey pepperoni; breaded chicken is low fat, low sodium and high fibre; fries are low fat, low sodium and oven baked; pastas are whole wheat and dressings are low fat.

Can a I visit at lunch to see what you serve?

Parents are welcome to come in (with school administration permission) and enjoy a meal with their child. We have that much confidence in the taste of our food.

What if my child is sick or not attending school?

Please contact us by 7:45 am the same day to cancel. You will then be credited for this meal on an agreed upon date. **Please call your school and ask for the supervisor at the cafeteria.**

