

Parenting Children with ADHD

Start Date: COMING THIS SPRING!

Time: TBA

Parenting Children with ADHD

This group is designed for caregivers having difficulty parenting a child between the ages of 5 to 12 years diagnosed with ADHD. The program is a six-week educational program that focuses on helping parents and guardians to develop and increase their understanding of the causes and symptoms of ADHD, learn and develop effective parenting approaches and skills, develop and implement strategies to modify and cope with disruptive and distressing behaviors, and increase their awareness of treatment options for children diagnosed with ADHD.

Cost: \$120 pp or \$175 per couple

Taking Registrations NOW!

To register for a program, or for more information, call Lynn (506) 652-7284 Ext 355 or (888) 394-4022, or email us at lynnecook@nb.aibn.com.