

Menu 2019-2020



| Meals \$5.50 | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|---|---|--|
| Jan 20 th - 24 th Feb 3 rd - 7 th Feb 18 th - 21st March 9 th - 13 th March 23 rd - 27 th Apr - 6 th - 10 th Apr - 20 th - 24 th May 4 th - 8 th May 18 th - 22nd June 1 st - 5th | Spaghetti With Home Made Meatballs Or Marinara Sauce Fruit of the Day Milk | Homemade Pancakes topped with Berries, with or without Ham Slice, Cucumber Slices Milk | Homemade Baked Chicken Strips, Mashed Potatoes, Mixed Vegetables, Fruit of the Day Milk | Home-style Meat or Veggie Lasagna with Salad, Fruit of the Day Milk | Sweet and Sour Meatballs served on Noodles, with Stir-Fried Veggies Fruit of the Day Milk |
| Jan 29 th – 31 st Feb 10 th – 14 th Feb 24 th – 28 th March 16 th – 20 th March 30 th – Apr 3 rd Apr 13 th – 17 th Apr 27 th – Mat 1 st May 11 th – 15 th May 25 th – 29th | Home Made Mac & Cheese Veggie Sticks Fruit of the Day Milk | 2 Soft Taco Filled With Beef, with Tossed Garden Salad Fruit of the Day Milk | Chicken Alfredo on Noodles, Side of Hot Veggies Fruit of the Day Milk | Chicken Quesadilla with Rice and Salad Fruit of the Day Milk | Hot Chicken Sandwich with Potato Wedges Corn Fruit of the Day Milk |
| Alternate Meals | Chartwells Lunchables Sliced Ham or Turkey Cheese Stick Crackers Veggie Sticks Cookie bites Fruit of the Day Milk | Chartwells Lunchables Naan Wedges Pizza Sauce Pepperoni Slices Shredded Cheese Mini Brownie Fruit of the Day Milk | Chartwells Lunchables 6 Pinwheel Ham and Cheese Sandwiches Veggie Sticks Mini Rice Krispie Square Fruit of the Day Milk | Chartwells Lunchables Naan Wedges Hummus or Salsa Baby Carrots with Dip Banana Loaf Slice Fruit of the Day Milk | Chartwells Lunchables 4 Garlic Breadsticks Pizza Sauce Cucumber Slices Mini muffin Fruit of the Day Milk |

Daily Options Pizza, Homemade Hamburger, Chicken Breast, Grilled Chicken Snack or Veggie Sticks Or Garden Salad and Fruit of the Day Milk

\$6

All meals made with local meat and produce

