

Sept. 23rd, 2015



Dear Parent/Guardian,

Barnhill School is once again pleased to offer the Rainbows program. The Rainbows curriculum is designed to assist children and youth who are grieving a death, divorce or any other painful transition in their family, within a safe, supportive environment with a unique peer assisted program.

When something significant happens in a family, the entire family is affected. Even though death, divorce or loss appears to be only grown-up problems, they have a profound effect on the children touched by these experiences. If a parent dies or a divorce occurs, not only do the parents grieve, the children do also. Because of their age and short life experience, children find it extremely difficult to verbalize their feelings of grief.

If your child is part of a single parent family, a step-family, has experienced the death of a loved family member, friend or sibling, or is struggling with a painful experience, this will be an opportunity for him/her to participate in this program.

Through the Rainbows support group, we hope to assist children in expressing and understanding his/her feelings, to feel acceptance for what has happened, and to feel a sense of belonging in a safe and secure place.

The Rainbows program is offered in 10-12 weekly sessions with the first program beginning in October and the second program offered in February/March of the current school year.

If you feel your child would benefit from the Rainbows peer support program, please return the bottom portion to your child's teacher or to Mrs. Settle, to receive a Rainbows registration form.

Sincerely,

Mrs. Settle
Guidance Counselor
643-7010

Please provide a Rainbows Registration form with more information regarding the Rainbows program

Child's Name _____

Grade and homeroom _____ Parent/Guardian signature _____