

Parent/Guardian Letter

Barnhill Memorial School

Dear Parent/Guardian,

Barnhill School is pleased to offer the Rainbows program. The Rainbows curriculum is designed to assist children and youth who are grieving a death, divorce or any other painful transition in their family within a safe, supportive environment with a unique peer assisted program.

When something significant happens in a family, the entire family is affected. Even though death, divorce or loss appears to be only grown-up problems, they have a profound effect on the children touched by these experiences. If a parent dies or a divorce occurs, not only do the parents grieve, the children do also. Because of their age and short life experience, children find it extremely difficult to verbalize their feelings of grief.

The Rainbows program helps these children put those feelings into words, work through their grief, build a stronger sense of self-esteem, and begin to accept what has taken place in the family.

If your child is part of a single parent family, a step-family, has experienced the death of a loved family member, friend or sibling, or is struggling with a painful experience, this will be an opportunity for him/her to share with a special someone on the outside what is happening to them on the inside.

Through the Rainbows support group, we hope to assist children in expressing and understanding his/her feelings, to feel acceptance for what has happened, and to feel a sense of belonging and love. Because we are unable to answer their questions or solve their problems, we will accomplish this through the channels of peer support with nurturing adults to guide them along with a safe and secure place to share their feelings.

The Rainbows program is offered in 12 weekly sessions with an additional Celebrate Me Day with the first program offered in September/October and the second program offered in February/March of the current school year.

If you feel your child would benefit from the Rainbows peer support program, please return the bottom portion to your child's teacher to receive a Rainbows registration form.

Sincerely,

Jennifer Settle / Guidance Counselor

643-7010

Please provide Rainbows Registration form

Please provide more information regarding the Rainbows program



Child's Name _____

Teacher's Name: _____ Grade: _____

Parent/Guardian: _____ Date: _____