

Lightning News

November 20-23



Holiday Craft Fair- November 18



Our Craft Fair is tomorrow in the school gymnasium from 8:00 a.m. to 1:00 p.m.

Come and do some pre-holiday shopping here at Barnhill!

This is a fundraiser for our Grade 8's going to Quebec.

World Children's Day



Monday, November 20th is World Children's Day. This is a date celebrated annually in honor of children.

Barnhill will be celebrating their students by gifting some Barnhill swag on Monday!

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Book Club- Thursdays

Mrs. Kirkbride will be hosting a book club for students in the Learning Commons on Thursdays at 12:25. All are welcome!



Drama Production- Information Meeting

There will be an information meeting on Thursday, November 23 for any students wishing to participate in this year's Drama Production. Please come to the Music Room (Room 17) at the beginning of lunch and bring your lunch with you.



Professional Learning Day- Nov 24



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Friday, November 24th is a professional learning day for staff to prepare for Report Cards.

There is no school for students on this day.



November is Financial Literacy Month!

Some teachers are working on financial literacy skills for middle schoolers in Foundations and Math!



Electronics Policy Change



As of Tuesday, November 14, cell phones and other personal electronic devices are not permitted on school property during school hours. This includes in the school yard in the morning, at lunch, and while waiting for buses after school.

This policy is being implemented with the full support of our Parent School Support Committee and our staff.

If you have questions, please contact administration.

Parent School Support Committee

The PSSC will meet on Monday,
November 20th at 6 p.m. in Room 28.
All are welcome.



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Breakfast and Lunch

We have healthy breakfast items available in the front lobby in the morning.

There will be no canteen or hot lunch on Friday because there is no school for students.



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Athletics

Badminton Practice:

All practices go until 4:30. Please have your drive here by 4:30. Spares do not attend practices

Please see Mr. Stuart for this week's schedule.

Please listen to announcements for intramurals.



COUNSELLOR'S

corner

Co-Regulating Moves



Set the scene



Match volume and tone



Check your physical presence



Use reflecting language



Prompt strategies and choices

This Might Look Like:

Using lighting as a cue – dimmer to bring the energy down, brighter to bring the energy up

When a situation is escalating, keeping a quiet or moderate volume with a serious, calm, steady tone

Getting on students' eye level to balance power

Naming the emotions students express as a way to show you are listening to or seeing them

Remind students of available supports or strategies, when they might not be at their best

CO-REGULATION

Co-regulation is the process of supporting a child when they are feeling unregulated. Unlike self-regulation, this requires adults to actively provide the environment and the support for a child to successfully meet their needs and achieve their goals.

Important Dates Coming Up

Financial Literacy Month - November

Transgender Awareness Month - November

Remembrance Day - November 11

Diwali - November 12

World Children's Day - November 20

Diversity and Respect Week - November 20-24

Any Questions?

Email: terrilynn.vanderbeck@nbed.nb.ca

Madame Ruth Kingne

Has a Grade 7 homeroom and teaches PIF and FILA

Teaching Experience: 12 years

Years at Barnhill: First year at Barnhill

What do you love about teaching? “Being around children and getting to watch or participate in their learning fascinates me.”

Interest/Activities: Traveling, bonding with family, cooking.

Interesting Fact: Will experience my first Canadian winter this year.



On the Horizon...

Report Cards will be going home on Monday, December 4th at the end of the school day.

Parent/Teacher Interviews will be on Thursday, December 7th from 4:30 p.m. until 7 p.m. and Friday, December 8th from 9:00 a.m. until 11:30 p.m. Appointments can be made online after report cards are sent home.