

# Barnhill Lightning News

December 18<sup>th</sup> – December 22<sup>nd</sup>

# School Wide Focus: Dodge Hunger Campaign

- Barnhill is practicing the spirit of generosity as we enter the holiday season.
- We hope all students find a way to be kind and generous to those in need. Here are some ways that students and families can participate:
  - Donating Cash or Non-Perishable Food to...
    - Participate in the Newcomb Ball Tournament
    - Watch the Newcomb Ball Tournament
    - Contribute to the homeroom class collection
  - Purchasing Candy Grams

All donations and proceeds from holiday events will go directly to the West Side Food Bank.



A festive poster for 'Candy Grams' featuring a white background with various candy-themed illustrations. At the top, the words 'CANDY GRAMS' are written in large, bold, brown letters with a white outline. Below this, the text 'On sale at lunch in the lobby' is in a simple black font, followed by 'December 11- 18' in a red cursive font. A large red starburst contains the text '50 cents each'. In the center, a large candy cane is curved, with a red gift tag attached to it that says 'To: Sally From: Bob'. At the bottom, it says 'All proceeds go the the West Side Food Bank.' The poster is surrounded by illustrations of candy canes, round ornaments with patterns, and a pointed candy cone. The entire poster is set against a background of purple and blue bokeh lights.

# CANDY GRAMS

On sale at lunch in the lobby

*December 11- 18*

**LAST DAY TO BUY  
IS ON MONDAY!**

50 cents  
each

To: Sally  
From: Bob

All proceeds go the the  
West Side Food Bank.



# Holiday Art Contest

- Must be Holiday themed
- Must be completed on a 8.5x11 piece of paper
- Use any medium of your choice (pencil crayons, markers, paint, etc)
- Submit to Ms. Dennis by Wednesday, December 20
- Judges are looking for creativity, craftsmanship, and use of space



# Pancake Breakfast!



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- Students will have a pancake breakfast this week during Foundations.
- Grade 6 will be on Tuesday.
- Grade 7 will be Wednesday.
- Grade 8 will be on Thursday.

# Holiday Spirit Week- Special Events!

Special Event Days for Holiday spirit week will begin on Wednesday. Our Newcomb Ball Tournament will be happening in the gym. Students who are participating will be spectators when they are not on the court.

All other students have chosen different activities to attend for each class: Holiday Art and Reading, Board Games and Cards, Computer Games, or to watch the tournament!

Please see the following slides for information on the theme days!

# Holiday Spirit Week: Monday

## Holiday Head Accessories

Wear your Santa hats, Reindeer antlers, Elf hats... anything jolly!



Prizes will be given each day for best dressed!

# Holiday Spirit Week: Tuesday

Holiday Movie Character Day

Dress up as your favorite Holiday character!



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Prizes will be given each day for best dressed!

# Holiday Spirit Week: Wednesday

## Ugly Sweater Day

Wear a tacky holiday sweater!



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Prizes will be given each day for best dressed!

# Holiday Spirit Week: Thursday

## Human Christmas Tree

Wear lights, garland, and top it all off with a star!



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Prizes will be given each day for best dressed!

# Holiday Spirit Week: Friday

Holiday Vacation

Dress like you are on a holiday vacation!



Prizes will be given each day for best dressed!

# BARNHILL STAFF SPOTLIGHT

## Mrs. Shelia Goguen

**Educational Assistant**

**Teaching Experience: 37 years working with children**

**Years at Barnhill: 2**

**What do you love about being an EA?  
"Everyday is a new day and experience."**

**Interest/Activities: Spending time at the cottage/reading/family**

**Interesting Fact: One of the children that I taught is now my dentist**

**Family: Married with three children**



# COUNSELLOR'S

*corner*



## HOLIDAY STRESS

The holidays are a fun and joyous time but also a very busy one. We tend to believe that the holidays are a magical time for children and that the stress of it all is only felt by the adults. Holiday stress and anxiety in children can and does happen.

Any Questions?

Email: [terriynn.vanderbeck@nbed.nb.ca](mailto:terriynn.vanderbeck@nbed.nb.ca)

## TIPS FOR REDUCING HOLIDAY ANXIETY IN KIDS

### Set a Calm Example

The most important way parents can help ease anxiety in children during the holidays is by trying to keep things relaxed as much as possible.

### Remember the Importance of Routines

To minimize holiday stress in your kids, try to get routines back on track once an event or party is over.

### Important Dates Coming Up

Hanukkah December 8 - 15

Las Posadas - December 16

Christmas - December 25

Kwanzaa - December 26 - January 1

# Holiday Break is almost here...

Friday, December 22 is a half day for students. Students will be dismissed at noon. After the break, classes will resume on Monday, January 8<sup>th</sup>.

*All of us here at Barnhill want to wish you a happy holiday season! We hope you enjoy this special time of year with your loved ones. We will see you in the new year!*