Barnhill Lightning News

December 11th – December 16th

School Wide Focus: Dodge Hunger Campaign

- Barnhill is practicing the spirit of generosity as we enter the holiday season.
- We hope all students find a way to be kind and generous to those in need. Here are some ways that students and families can participate:
 - Donating Cash or Non-Perishable Food to...
 - Participate in the Newcomb Ball Tournament
 - Watch the Newcomb Ball Tournament
 - Contribute to the homeroom class collection
 - Purchasing Candy Grams

All donations and proceeds from holiday events will go directly to the West Side Food Bank.





Grade 8 News: Kiwanis Calendars



All money and unsold calendars must be returned to Mrs. Muise by Monday, December 11th.

Newcomb Ball Tournament

- Here is how to participate:
 - Create a team of 15 peers
 - Give a list of the teammates to Mrs. Graham, with first & last names and homerooms.
 - Bring in \$5 or 5 non-perishable food items

Teams MUST be submitted to Mrs. Graham by Wednesday, December 13.



Regular Scheduled Classes This Week...



• This week is a full school week for all staff and students.

 Students will be attending their regularly scheduled classes each day with a focus on academics.

 We are looking forward to Holiday Spirit Week on December 18th-22nd.

Special Presentation: Motivational Speaker

- Robert McLeod will be here on December 14th to talk to students! He advocates for physical literacy, resiliency, kindness and selfawareness. His message is "Best Effort Always."
- This is an interactive presentation and students are asked to wear their indoor sneakers when attending.



- Must be Holiday themed
- Must be completed on a 8.5x11 piece of paper
- Use any medium of your choice (pencil crayons, markers, paint, etc)
- Submit to Ms. Dennis by Wednesday, December 20
- Judges are looking for creativity, craftsmanship, and use of space



We are pleased to offer Barnhill spirit wear this year! There are two options available:

> Item: Crewneck Sweater in Sport Grey Logo: Black Font Centered on Chest



Sizes: Youth & Adult S-3XL Price: \$30

Item: Hooded Sweater in Purple Logo: White Font on Left Side of Chest



Sizes: Youth & Adult S-3XL Price: \$35



Additional information:

Order forms can be picked up in homeroom.

Completed Order forms can be dropped off at the office during foundations.

Payments must be made on Cashless Schools.

Sample Sizes are in the lobby at lunch.

Last Day to Order is December 15.

Orders will arrive in January.

Please see Ms. Dennis with questions.

Students of the Month - November

Grade 6

Akshaya Dileep Heath Miller Cassie Martin Tiffany Copeland Alex Harinarine Grade 7

Riley Ross Keith Melvin Ameenat Balogun Alexander Dow Brooklyn Smith Grade 8

Faithful Onwughai

Grace Burgess

Rory Wood

Allie Legere



Difference Maker Award

We are proud to be participating in the "Difference Maker" initiative. This is an award given out by the Saint John Police Force to Middle School students in the city.

Criteria and eligibility:

- One student from grade 6-8 per school, per month
- Student must demonstrate leadership in punctuality, good manners, kindness, and citizenship
- Student must contribute to making a difference in the lives of peers, staff, and volunteers, and is dedicated to a positive, healthy school environment

The "Difference Maker" recipient for November is Grade 7 student Allison Byers!

BARNHILL STAFF SPOTLIGHT

Mrs. Jennifer McLaughlin

- **Educational Assistant**
- Teaching Experience: 6 years
- Years at Barnhill: First year
- What do you love about being an EA? "Building relationships with students and teachers"
- Interest/Activities: hockey and reading Family: Partner, Marc, and five children!





COUNSELLOR'S

HOW to AVOID TOXIC POSITIVITY

INSTEAD OF : JUST STAY POSITIVE

SAY: THAT MUST BE REALLY HARD

INSTEAD OF: EVERYTHING HAPPENS FOR A REASON

SAY: I'M SORRY YOU'RE GOING THROUGH THIS

INSTEAD OF : THINGS WILL WORK OUT/ LOOK ON THE BRIGHT SIDE

SAY: THIS JUST REALLY SUCKS RIGHT NOW. IS THERE ANYTHING I CAN DO TO SUPPORT YOU?

Any Questions?

Email: terrilynn.vanderbeck@nbed.nb.ca Call: 506-643-7592

TOXIC POSITIVITY

Toxic positivity is the belief that no matter how hard or difficult a situation is, people should maintain a positive mindset. It's important to have a positive outlook on life, but sometimes life isn't so positive. Toxic positivity minimizes and even denies any trace of other human

emotions.

Important Dates Coming Up

Hanukkah December 8 - 15 Human Rights Day December 10 Las Posadas - December 16 Christmas - December 25 Kwanzaa - December 26 - January 1

On the horizon...

- Holiday Spirit Week begins on December 18. There is a different theme for each day! Details are on the next page.
- The Harbourview Band will be here playing for our students on Monday, December 18.
- The Holiday Dance is on Thursday, December 21 from 6:30-8:30. Sign-ins are available through the office.
- Friday, December 22 is a half day for students.

Holiday Spirit Week: Theme Days

- Holiday Spirit Week begins on December 18. Here are the themes for each day:
- Monday Dec 18- Holiday Head Accessories- Wear your Santa hats, Reindeer antlers, Elf hats... anything jolly!
- Tuesday Dec 19- Holiday Movie Character Day- Dress up as your favorite Holiday character!
- Wednesday Dec 20- Ugly Sweater Day- Wear a tacky holiday sweater!
- Thursday Dec 21- Human Christmas Tree- Wear lights, garland, and top it all off with a star!
- Friday Dec 22- Holiday Vacation- Santa in Hawaii! Surfing Elves!

Prizes will be given each day for best dressed!