Lightning News for March 8th – 12th.

Barnhill does their Best! Better Every Single Time.

The theme for the month of March is “honesty.”

“Being honest may not get you a lot of friends, but it’ll always get you the right ones.” ~ John Lennon

Dr. Jennifer Russell stated in Saturday’s Telegraph -Journal that the province will be back to “yellow” by Monday. Please take the opportunity to re-read our Operational Plan so you are aware of the expectations of the yellow phase ~ it is all highlighted in yellow.

**Monday, March 8th is International Women’s Day** ~ This year the theme is, “Women in leadership: Achieving an equal future in a COVID-19 world.” Women and girls around the world are making tremendous efforts in shaping a more equal future free from stigma, stereotypes and violence; a future that is sustainable, peaceful, with equal rights and opportunities for all to create a world without gender-based discrimination.

Canadian Agriculture Literacy Month (CALM) takes place March 1 to 31. This national program encourages children to learn about and celebrate Canada’s agriculture and food story. We will be providing our students with opportunities to read books about the following…

1. Composting
2. Bugs
3. Sustainable food practices
4. Taking care of animals
5. A career in farming/agriculture
6. Gardening

We will be setting up some reading challenges with our classroom bubbles and the students will have opportunities to win prizes.

**March is Nutrition month!** Healthy eating looks different for everyone. However, it is always very important to start the day with a proper breakfast, even if you are in a hurry! Here is an excellent recipe to get your day started in the right way…

Chocolate Banana Smoothie:

Ingredients:

Plain Greek yogurt ¾ cup

Frozen banana 1

Milk of choice 1 cup

Handful of ice cubes

Ground flax seed 1 tbsp.

Cocoa powder 1 tbsp.

Handful of spinach ~ optional

Directions:

1. Blend all ingredients.
2. Serve in a cup or thermos with a straw.

Enjoy!

Always remember we have a student led breakfast program here at school; there are nut free, healthy, individually wrapped breakfast items and snacks available. While we are in the yellow phase of COVID -19 the breakfast items will be available in the Student Lounge starting at 8:10 a.m. We do not want any students going hungry; therefore, they can come to the Student Lounge and receive a healthy food item.

Every Friday we have hot lunch available for our students. Pizza is sold on Cashless School for $5.00 for two slices. However, do not despair, students may purchase pizza for $2.50 a slice on Friday, however, it is first come first serve.

**Virtual Assembly:** On Wednesday morning, March 10th we will be having a virtual assembly presented by “Live Different” from Hamilton, Ontario to all 15 of our classroom bubbles. This is sure to be an excellent event. Our SRC representatives in each of the class bubbles will be leading the interaction between the class and the virtual assembly. Pre-COVID -19 we had this group here in our gymnasium and the students loved this presentation.

**Staffing Changes:** Every year after March Break we make a few changes with our Educational Assistant’s assignments, therefore some of the EA’s in some of the class bubbles may be different. All our EA’s are excellently trained and will be a wonderful support to any class bubble.

Ms. Bethanie McShane will be out on a leave. Ms. McShane who teaches grade 7/8 Math will be replaced in the interim with Mr. Tom Kyle. Mr. Kyle’s Music classes and Science classes will be taught by Miss Cassidy Cook who has an extensive background in Music.

**On the Horizon:**

**Yearbooks:** Tomorrow, all students will be receiving forms to order this year’s yearbook. Please, if you would like to order a yearbook fill out the form and abide by the due dates.

**Report Cards:** The second home report will be issued on March 31st. Parent/guardian/student/teacher conferences will be virtual. We will provide you with all the details in next week’s newsletter.

If you have any questions or concerns, please do not hesitate to contact me at 658-5971 or [jill.ferguson@nbed.nb.ca](mailto:jill.ferguson@nbed.nb.ca)

Thank you.

Ms. Jill Ferguson