

Summerhill Street Elementary School November/December 2021

Shannon Atherton – Principal

Sheila Morgan – Acting Vice-Principal

Crys Myrie – Administrative Assistant

Website: <http://web1.nbed.nb.ca/sites/ASD-W/summerhill/Pages/default.aspx>

Follow @StarsSummerhill on Twitter for highlights of events at our school



It is hard to believe that we are near the end of November and we have only 5 weeks of school left before the Christmas break! These next 5

weeks will be very busy as we prepare for Parent/teacher Interviews and other special events leading to Christmas break.

*****Please mark the important dates on your calendar that are included in this newsletter.**

Report Cards and Parent-Teacher

Interviews



Report cards will be sent home on December 1.

We will be sending out the link to sign up for Parent – teacher interviews today. Interviews will be by phone or virtual meeting through TEAMS.

The timings to sign up are:

Thursday, Dec. 2 from 4:00 – 7:00

Friday, Dec. 3 from 8:00 – 11:30

POSITIVE LEARNING AND WORKING ENVIRONMENT GOAL **3G STRONG PROGRAM THEME OF THE MONTH:**

This month, we'll be jumping into executive function skills in Month of Keys to Success. Executive functions are like the CEO of the brain, the boss telling everyone what to focus on, where to put time and energy. When these skills are undeveloped, there is no focus on priorities, and we tend to live in a world of chaos, feeling behind and stressed.

You'll get gritty this month in the weeks: Mind Management, Self Patrol for Control and Structure for Success in which you'll learn the Stop, Think, Act Strategy, look at consequences of choices or lack of action, and set goals to achieve success.

Time and energy management, task initiation, working memory, flexible thinking and impulse control are executive function skills that help us manage well in our daily life. Students who struggle with these things often struggle with school because they may lose points for late work or get a zero for completely losing an assignment. Not having these skills leads to stress and can be defeating.

As an adult in a child's life, you can help them create habits for success by creating routines and procedures so they know what to expect. When you know what to expect, it saves your energy. It may take a checklist, some reminders, and even teaching step-by-step how to do a skill (for instance hanging up your coat or cleaning your desk), but with practice and consistency, these skills can become a habit so our CEO, the prefrontal cortex, can focus on other priorities.

Routines and habits are a key to success as they take out some decision fatigue. If I know that my shoes always go in the closet, I don't have to wonder where to put them. And when I need them, I don't have to wonder where they are. They'll be in the closet. We can train ourselves one habit at a time, and we can help our kids learn things so they can take on more tasks as they get down daily routines as habits instead of critical thinking decisions that take their mental energy away from other things.

These executive function skills don't "just happen" for most elementary students, but definitely change the quality of a person's life. They are skills that are keys to success!



NEW! NEW! NEW!
WORKOUT WEDNESDAY

Students and staff are invited to wear their workout clothes every Wednesday. Each Wednesday will be dedicated to Workout Wednesday! This is a day where we will start our day with some fitness activity during the morning announcements. If we are dressed for a workout – we can be active at any point in the day.

PSSC CORNER

The Parent School Support Committee

Our next PSSC Meeting is Tuesday, November 30th at 6:30 PM. This will be a virtual meeting once again.

All are welcome to this public meeting. Please just let Mrs. Atherton know if you would like to join.

We have a fantastic PSSC this year. Please check our website for PSSC minutes and news.

The members of our PSSC are:

- **Kate O'Rourke**
- **Anita Curran**
- **Arianna Murissi**
- **Melissa Hawthorne**
- **Tanya Malloy**
- **Colleen Foreman**
- **Angie Jackson (Community Member)**
- **Mr. Makhot (Teacher Member)**
- **Thomas Geburt (DEC Member)**

The PSSC is a committee of dedicated parents that works under the mandate of the Education Act, in particular Sections 32 and 33.

The group is an advisory committee for the principal and represents the parents of the school. There are specific responsibilities and a clear mandate for the function of the committee. It is not supervisory nor does it get involved in operational matters of the school.

Student Drop-Off Reminders

Students should not be dropped off prior to **8:05 AM** which is when supervision begins.

Thank you for your attention to this.

PLEASE BE SURE YOUR CHILD IS DRESSED FOR THE WEATHER!



Autumn leaves are falling and so are the temperatures as it is getting very chilly! Our grounds are also very wet and muddy. Our students are outside for recess and again at noon. Also, Physical Education classes are still being held outside from time to time, when weather permits. Please be sure

your child has appropriate outerwear for the weather. If your child tends to gravitate toward wet places, please keep a change of clothes in their bookbag. The school does not keep a supply of clothing.

STAR PATROL



As part of our Positive Learning and Working Environment plan, staff have been handing out STAR SLIPS to students when students show behaviour that represents our 3 stars: Be Responsible, Be Safe and Be Respectful. *Mrs. Atherton visits a few classrooms each Friday as part of "Star Patrol."* We can't wait to visit classrooms to do a draw with STAR SLIPS and give away lots of prizes! If your child comes home with a prize you know it may have come from the **Star Patrol Star Slip** prize draw.

HOT LUNCH PROGRAM:

Please note the email sent by Mrs. Myrie about the updates for Hot Lunch and how to order. If you want a paper copy for Hot Lunch, please request one from the office.

We also have a breakfast program on Mondays, and Wednesdays. Coolers are being delivered to classrooms and students are enjoying the food that is available. We thank **PC Childrens' Charities** who gave us a grant to fund for healthy foods for breakfast. Classrooms are also stocked with healthy snacks along with apple baskets.

We would like to thank the **Oromocto Food Bank** who provides hard-boiled eggs for us each week.

FUNDRAISING NEWS:

Thank you to all those who participated in our VAN HOUTTE COFFEE Fundraiser! We made almost \$2000 profit from this fundraiser.

GENEROUSITY FROM THE COMMUNITY:

Thank you to the Nason family for their donation of the beautiful bench that is at the front of the school. It looks great and we really appreciate the addition to our outdoor space!

Thank you as well to the Arrand family for donating pumpkins for our Class Pumpkin decorating contest. This was a very close contest! Ms. Morgan's class

won for Best Pumpkin with their Pikachu decorated pumpkin. They will have an extra Outdoor Phys. Ed. class!



DATES TO REMEMBER- Mark Your Calendar!	
Nov. 30	PSSC Public Meeting 6:30 PM (Virtual)
Dec. 1	Report cards are sent home
Dec. 2	Parent Teacher Interviews (Evening 4:00 – 7:00)
Dec. 3	Parent – teacher interviews/PL Day – No school for students
Dec. 23	Last day of school before Christmas Break

Looking Ahead.....

Jan. 10	First Day of School after Christmas Break
Feb. 21	Family Day
March 7 – 11	March Break

Wear your passion day!!

WHO: SUMMERHILL STUDENTS AND STAFF

WHAT: This is Summerhill’s 2nd “Wear your Passion” day. This is the chance to show your classmates what you love doing! You can wear a jersey, music shirt, a cub uniform, your Karate GI, a cheer t-shirt...the possibilities are endless

WHEN: NOVEMBER 26TH, 2021

WHY: Cost \$1.00 From Ms. Morgan’s Grade 4 class:

***** Money raised will be donated to THE JOHN WOOD FOUNDATION**

12 DAYS OF CHRISTMAS

Our Music teacher, Ms. Dias has already sent out the song list of Christmas carols to teachers for classes to practice singing. Our plan this year is to send out a song clip of our students singing for you to enjoy. Each day starting on Dec. 13, there will be something planned for students leading up to Christmas. Stay tuned for a calendar of events soon!



SCHOOL CLOSURES DUE TO WEATHER

We will do our best to post school closures on School Messenger, but it is always wise to listen to the local radio station or check the ASD – W website or Twitter feed.

Please remember that school closure decisions are made at 6:00 a.m. on the day in question. From time to time, only certain sections of the district are closed.

Our school is ZONE 7.

