

Learning Opportunities - Grade 6-8 - May 19th-May 22nd

Do the best you can! Focus on life skills, physical activity, mental well-being, creative expression, social responsibility and social connections. Stay healthy and safe!

Try to work on the learning opportunities for 2 hours each day.

Every day, students should be reading for 30 minutes and getting 30 minutes of physical activity.

Physical Education — This week's game: "Wall Tennis". Send a picture or video to michael.grant@nbed.nb.ca.

Activity	Materials/resources	Instructions
Wall Tennis	Side of your house/garage, inside on a wall (as long as you have room), ball, sidewalk chalk, rackets, paddles, your hand, partner. (Family member or someone you have bubbled with!)	Here's a video on how to play: There are 3 different versions you can play so make sure you watch the whole video. https://twitter.com/wattersja/status/1261256524950900736?s=12