

Do the best you can! Focus on life skills, physical activity, mental well-being, creative expression, social responsibility and social connections. Stay healthy and safe!

Every day, students should be **reading** for 30 minutes and getting 30 minutes of **physical activity** each day.

**Social Studies** – The theme for the week is **"Food"**. You are encouraged to spend 30 minutes a day on Social Studies activities. Here are 3 options for this week:

<u>Kim.Cheeseman@nbed.nb.ca;</u> <u>Kelly.Stephenson@nbed.nb.ca;</u> <u>Nathalie.Morin@nbed.nb.ca;</u> <u>Michael.Grant@nbed.nb.ca</u>

Activity	Materials / resources	Instructions
Food Culture Around the World	Breakfast around the world  Food Items (your choice)	<ul> <li>Watch the video.</li> <li>Create a breakfast, snack, or meal (Choose ONE) from Canada and ONE from another country. (Example: Turkish Delights in Canada look and taste far different than those from Turkey.)</li> <li>Make TWO recipes.</li> <li>Share your recipes with your family.</li> <li>Ask which they enjoy more and explain why. Ask a family member to <i>video you cooking</i> and having fun!! Share with your teachers!!</li> </ul>
History of Candy	www.Candyhistory.net	<ul> <li>Using the website, read the information regarding the origin and history of candy.</li> <li>Create a one-page poster that includes super cool facts about the origins and history of CANDY to share with someone.</li> <li>For example: Did you know that Halloween is the holiday with the highest candy sales? About \$2 billion is spent on candies during this holiday.</li> </ul>
Diverse Menus  McDonald's	Journal Pen/pencil  McDonald's Around The World	There are over 26 000 McDonald's restaurants in 121 countries! Think about how people in other countries feel about American/Canadian restaurants spreading into their cultures. Write your answers in your journal.  • What positive impacts do you think this has on people's culture?  • What negative impacts do you think it has?  • You are opening a new restaurant and want to attract customers from different cultures. Create a menu of food items you will offer. (At least 10)  • Optional: Draw and label the food items.
Share		<ul> <li>Share your research with your family!</li> <li>Have a younger sibling record you as you share.</li> <li>Send your video to your teacher!</li> </ul>



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Math – The theme for the week is "Food". You are encouraged to spend 30 minutes a day on Math activities. Here are 3 options for this week: <u>Kim.Cheeseman@nbed.nb.ca</u>; <u>Kelly.Stephenson@nbed.nb.ca</u>; <u>Nathalie.Morin@nbed.nb.ca</u>; <u>Michael.Grant@nbed.nb.ca</u>

ctivity	Materials / resources	Instructions
Fast Food Math Word Problems  T+T+T=30 T+S+S=20 S+S+S+S=9 S+S+S=?	Fast Food Math Problems	Look at the pictures of fast food restaurant signs and calculate the answers on paper.
S'more Fractions  S'MORE MATH!  IDENTIFY FRACTIONS GAME	S'mores fraction pdf	Using the S'mores fractions pdf, record your answers on paper.
Food Labels  Nutrition Facts  Serve that 10 may 160 min garbe Control 160 min garbe Cont	Nutrition Label Math Sheet pdf	Examine each Nutrition Fact and record or SHARE your answer.
100 T. 25.	www.ixl.com Grade 5 – Review:  Money:	www.ixl.com Grade 6 – Money:
	I.3  Multiply money amounts: word problems I.4  Multiply money amounts with decimals: word problems I.5  Divide money amounts with decimals: word problems	S.5 Multiply money amounts: word problems  S.6 divide money amounts  S.7 divide money amounts: word problems
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Science—The theme for the week is "Food". You are encouraged to spend 30 minutes a day on social studies activities. Here are 3 options for this week:

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Activity	Materials / resources	Instructions
Food Science Lab Monster Mallows  Food Digestion Experiment	Marshmallows Paper plates or paper towels Microwave  Marshmallow Explanation pdf  Bread in a bag pdf	<ul> <li>Put two marshmallows on a paper plate or paper towel in the microwave. Set the timer for 1 minute (60 seconds).</li> <li>Watch through the window, after 20 seconds, they will puff up about four times their size!</li> <li>When the timer stops, take them out and put them on the counter.</li> <li>Wait a few seconds, then pull one marshmallow off. Is the marshmallow hollow inside? Is the inside the same color as the outside? When you eat it, is it soft or crunchy?</li> <li>Leave the other marshmallow on the plate and watch it for a minute. When it shrinks back down, you can pull it with your fingers and make it into whatever shape you want. It will stay in that shape and get hard and crunchy. You can eat it too.</li> <li>What do you think is happening? Check your answers from the pdf file.</li> <li>Take pictures of your experiment.</li> </ul>
		<ul><li>Label the steps.</li><li>What surprised you?</li><li>Share your results with a family member.</li></ul>
REDUCE FOOD WASTE SAVE MONEY	Reduce Waste Video	How to reduce food waste? Write about how you can help reduce waste at home. Expand on an idea!  Make a meal plan and grocery list. Store ingredients correctly. Cook ingredients with a shorter shelf life first. Reuse the remains of ingredients. Turn leftovers into new meals. Use the freezer.
Share	facebook	Share on Instagram or Share on PAMS Facebook or Share with a family member or e-mail your teacher a picture!



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**Language Arts** – The theme for the week is "**Food**". You are encouraged to spend 30 minutes a day on **Language Arts** activities. Here are 3 options for this week:

<u>Kim.Cheeseman@nbed.nb.ca</u>; <u>Kelly.Stephenson@nbed.nb.ca</u>; <u>Nathalie.Morin@nbed.nb.ca</u>; <u>Michael.Grant@nbed.nb.ca</u>

Activity	Materials / resources	Instructions
Recipe Writing	Journal Pencil/pen	<ul> <li>Choose a favorite recipe.</li> <li>Rewrite the recipe in your own words.</li> <li>Give the recipe to someone in your family bubble for them to try.</li> <li>Enjoy!</li> </ul>
Writing Prompt	Journal Pencil/pen	<ul> <li>Explain in 2 paragraphs why it is important to eat a variety of foods every day.</li> <li>Opinion: State your favorite food and explain why? Be sure to state three reasons and explain them. Use descriptive words.</li> </ul>
Weekly Spack Plan	Journal Pen  Dipples Stenkings  Fuesday  Fuesday  Fuesday  Friday  Saplay  Saplay	<ul> <li>Draw a template that contains the days of the week down the left side. Record breakfast, snacks, lunch, dinner across the top.</li> <li>Record your weekly Meals and Snacks for 5 days.</li> <li>Consider how you could improve your choice of healthier snacks or congratulate yourself for choosing wisely.</li> <li>Communicate your results with your family!</li> </ul>
Share	Don't forget about our PAMS Facebook page	Share with your family!!! Or Share with your teacher!



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