

Do the best you can! Focus on life skills, physical activity, mental well-being, creative expression, social responsibility and social connections. Stay healthy and safe!

Every day, students should be reading for 30 minutes and getting 30 minutes of physical activity each day.

Social Studies – The theme for the week is "Sports". You are encouraged to spend 30 minutes a day on Social Studies activities. Here are 3 options for this week: <u>Kim.Cheeseman@nbed.nb.ca</u> <u>Kelly.Stephenson@nbed.nb.ca</u> <u>Nathalie.Morin@nbed.nb.ca;</u> <u>Michael.Grant@nbed.nb.ca</u>				
Activity	Materials / resources	Instructions		
Research a New Brunswick Athlete Willie O'Ree Ice hockey	Technology device Here are some examples of NB Athletes: Rheal Cormier Ron Turcotte Everett Sanipass Heidi Hanlon Danny Grant Matt Stairs	 Consider a New Brunswick athlete. Make a brochure or a PowerPoint. Include: Who? (Name, weight, height, sport) Age & Birthdate Where is he/she from? Training place Details of training program Family dynamics Long term goals How he/she helped his/her community (I.e - build a library) 		
History of the Olympic torch	https://www.youtube.com/ watch?v=_HOTYasc644	 <u>Optional</u>: Watch the attached video. Make an Olympic Torch. Play a familiar game in your backyard. Make it competitive. Whoever wins the game, wins the torch! Ensure that your winner is put on display and properly handed the torch. Have fun. 		
Past and Present of a Sport	Pictures: History of Sports Evolution of NHL goalie mask Evolution of hockey stick	 Using a Venn Diagram, label circles Past, the other Present, and in the middle, Same. In bullet form, write things from the past, present, and things that remain the same in the sport. (See sample Venn Diagram on the left.) 		
Share		 Share your research with your family! Have a younger sibling record you as you share. Send your video to your teacher! 		



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Math – The theme for the week is " Sports ". You are encouraged to spend 30 minutes a day on Math activities. Here are 3 options for this week: <u>Kim.Cheeseman@nbed.nb.ca</u> <u>Kelly.Stephenson@nbed.nb.ca</u> <u>Nathalie.Morin@nbed.nb.ca</u> ; <u>Michael.Grant@nbed.nb.ca</u>			
Activity	Materials / resources	Instructions	
Besketbell Meth	Math Antics: How to Calculate Percentages: <u>https://www.youtube.com/w</u> <u>atch?v=JeVSmq1Nrpw</u>	 <u>Basketball Toss Game:</u> 1. Place a garbage can/ basket 8 feet away from you (take eight steps to measure). 2. Using crumpled paper or balls, throw them into the can or basket 10 times. Record each time it goes in. 3. Calculate the equivalent fraction of successful shots out of 20. (/ 20) 4. Calculate the fraction as a percent: Example: 5/20 = 5 ÷ 20 = 0.25 x 100 so 5/20 is 25% 5. Record and calculate the equivalent fraction and percent for 50 throws. 	
Extreme Sports	https://secure1.nbed.nb.ca/ sites/ASD- W/pams/Teachers/Docume nts/Extreme%20Sports.pdf	Read about the four extreme sports and calculate the answers for each question.	
Math Games Online	Adding and Subtracting Double Numbers Math Basketball <u>https://www.funbrain.com/g</u> ames/math-basketball	Addition Math Baseball https://www.funbrain.com/games/math-baseball Integer Football Game (online) https://www.mathgoodies.com/games/integer_game Integer Football Game (paper) https://secure1.nbed.nb.ca/sites/ASD- W/pams/Teachers/Lists/Posts/Post.aspx?ID=976	
	www.ixl.com Grade 5 - Decimals • F.1 What decimal number is illustrated? • F.2 Model decimals and fractions	Click on:Practice: Grade 6 - Percents • Q.1 What percentage is illustrated? • Q.2 Convert between percents, fractions and decimals • Q.3 Compare percents to each other and to fractions	
SHARE III		Share with your family!!! Or Share with your teacher! Don't forget about our PAMS Facebook page ©	



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Science – The theme for the v	veek is "Sports". You are	encouraged to spend 30 minutes a day on		
social studies activities. Here Kim.Cheeseman@nbed.nb.ca	are 3 options for this week <u>Kelly.Stephenson@nbea</u>	.nb.ca <u>Nathalie.Morin@nbed.nb.ca</u>		
Michael.Grant@nbed.nb.ca				
Activity	Materials / resources	Instructions		
Shotput experiment	Measuring tool Scales- if available Household items	 Make 3 shotputs using household items. Ie. Wadded up socks in a ball, apple or orange, ball of foil Which one is the heaviest? Which one will go the furthest? What is your hypothesis? Create a table to examine your data and check your prediction. 		
The Solo Cup Height and Circumference Challenge	https://www.youtube.com/watc h?v=rgQ1Y-X0psA Pick a Partner! Need stackable cups- foam or plastic from your cupboard Paper to mark distance	 Circumference = length of a circle Height = length from top to bottom Is the circumference bigger than the height of your cup? What happens if you have more cups? Make your prediction. Test – Measure as in video with marking your paper. Who was more accurate? You? Or your partner? Write your prediction and your explanation. 		
Classification of Sports	Classification refers to the placement of items into groups based on their similar relationships.	chess sailing tennis rugby swimming gymnastics football rowing draughts skiing baseball wrestling jogging judo boxing cricket golf cycling badminton volleyball motor wind- snow- pole- speed racing surfing boarding vaulting skating athletics rowing snooker archery hockey bobsleigh horse-riding weightlifting marathon hurdle race hang sumo curling rafting sudoku gliding sumo curling rafting sudoku • Classify the sport names from above and put in the chart below. Sports played or done against one contestant Sports played or done in a team		
Share O	facebook	Share on Instagram or Share on PAMS Facebook or Share with a family member or e-mail your teacher a picture!		



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Language Arts – The theme for the week is "Sports". You are encouraged to spend 30 minutes a day on Language Arts activities. Here are 3 options for this week: Kim.Cheeseman@nbed.nb.ca Kelly.Stephenson@nbed.nb.ca Nathalie.Morin@nbed.nb.ca Michael.Grant@nbed.nb.ca Activity Materials / resources Instructions Writing Journals Write 10 questions you would ask a Interview an professional athlete, a regional athlete, or a Athlete retired player. Pencil/Pen Afterwards, interview the athlete and write your responses to your questions? Example: When did you get your start in hockey? Ans: I started playing hockey in my backyard at the age of 3. You're Out - Read This Read the article, You're Out! Reading Activity Write your answers either in a journal or on You're Out! Questions the You're Out! Document. Topic: Do you think the Summer Olympics Write about **ONE** of the Olympic Topics. Writing of 2020, that was supposed to take Prompts place in Japan should have been Please ensure to write in full postponed to Summer 2021? Why sentences, use interesting word or Why Not? choices and effective punctuation. Other topics: **Olympic Writing Topics** share Don't forget about our PAMS Share with your family!!! facebook Facebook page Or Share with your teacher!