

Learning Opportunities - Grade 6 / 7 / 8

Cultural activities

Topic - Talking Stick

A "Talking Stick" is a sacred tool often used during important gatherings within First Nation communities. It allows for a conversation to have purpose and respect. In a classroom setting we have used a Talking Stick to discuss topics such as our feelings or something that may concern us as a whole group. We all are in a time where healing and talking will help us get through these tough times. This activity is intended for the whole family to join in!

<u>Activity</u>

Task #1

- > Go outside as a family and search for the perfect stick.
- > Decide how you are all going to make your talking stick special.
- > You may paint, bead, place ribbon/yarn, or maybe you just want to keep it in its natural form. The choice is yours!

Task #2

- > Decide on a time as a family where you would like to discuss a topic.
- > You may have something exciting you would like to talk about.
- > You may want to discuss your feelings or emotions you may have.
- > You may just want to spend time with your family talking without electronics.
- > Remember those who have the Talking Stick are the only ones able to speak at this time.
- > This task is meant to be sacred and respectful.



The following link gives you further information about the sacred protocols behind a talking stick. <u>https://www.ictinc.ca/blog/first-nation-talking-stick-protocol</u>

If you would like to show off your artwork you may email it to me at <u>Molly.Brown@nbed.nb.ca</u> Woliwon,

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