



2020

Elementary-Middle Menu

Give Us a Try

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 Sept 14- 18 Sept 28-Oct 2 Oct 12-16 Oct 26-30 Nov 9-13 Nov 23-27 Dec 7-11	Spaghetti with Lean Meat Sauce or Marina Sauce, with Caesar Salad, Fruit of the Day	Chicken Strips, Mashed Potato & Hot Veggies with Side of Fruit	<u>Lunchables</u> 6 Pinwheel Ham and Cheese Sandwiches Veggie Sticks Mini Rice Krispie Square Fruit of the Day	Hamburger with Baked Potato Wedges or Veggie Sticks & Dip and Side of Fruit	<u>Lunchables</u> 4 Garlic Breadsticks Pizza Sauce Cucumber Slices Mini muffin Fruit of the Day
Daily: Pizza, Hamburger, Chicken Burger, Soft Beef Tacos, Snack Wraps					
Week 2 Sept. 21-25 Oct 5-9 Oct 19-23 Nov 2-6 Nov 16-20 Nov 30-Dec 4 Dec 14-18	Vegetarian or Meat Lasagna with Tossed Salad	Homemade Pancakes topped with Berries, with or without Ham Slice, Cucumber Slices	2 Soft Taco Filled With Beef, with Tossed Garden Salad Fruit of the Day	Chicken Burger, Baked Wedges or Veggie Sticks & Dip	<u>Lunchables</u> Naan Wedges Pizza Sauce Pepperoni Slices Shredded Cheese Mini Brownie Fruit of the Day
Daily: Pizza, Hamburger, Chicken Burger, Soft Beef Tacos, Snack Wraps					

Meal Price :	
Includes Milk	\$5.25
Sandwiches:	
Grilled Cheese	\$3.50
Chicken Salad Sandwich	\$3.75
Egg	\$3.00
Drinks:	
250ml Milk	\$0.55
Bottled Water	\$1.50
Frozen Juice Cup	\$1.50
Juice Boxes	\$1.25
Salads:	
Caesar Salad	\$3.85
Garden Salad	\$3.85
Add Chicken to your salad	\$1.25
Other	
Pizza	\$3.35
Chicken Burger	\$4.25
Hamburger	\$4.00
CheeseBurger	\$4.75
Snack Wraps	\$3.75
Snacks:	
Veggies and Dip	\$1.50
Crackers & Cheese	\$1.75
Fresh Fruit	\$1.25
Fruit Cup	\$2.25
Apple Slices w/Dip	\$3.00
Pudding Cup	\$2.00
Homemade Cookie	\$0.75
Homemade Muffin	\$1.50
Homemade Banana Bread	\$1.50



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