

Nov. 21, 2016

Parents/Guardians of Hubbard Avenue Elementary:

There been reported cases of Hand, Foot and Mouth Disease in our School Community. We ask that you keep an eye on your child and monitor appropriately.

Below are some facts to keep you informed:

Illness: Hand-foot-and- mouth disease

Signs/Symptoms: Fever, headache, sore throat, small painful mouth ulcers and a rash (small red spots or small blisters) usually on the hands and feet, can be in the mouth and on other parts of the body.

How it spreads: Spreads from person to person by direct or indirect contact with stool or saliva (nose or throat secretions)

Infectious period: Virus stays in saliva for a few days only but can remain in stool for 4 weeks after onset of illness.

Prevention and Control: Encourage proper hand hygiene with soap and water, cleaning and disinfecting frequently touched surfaces.

Exclusion guidelines: No exclusion. Children can attend school as long as they feel well enough to participate in all program activities. If they have significant drooling that can not be controlled they should remain home, and if blisters are open and oozing.

If you have any questions regarding this issue, you can call the Public Health Communicable Disease department toll free at 1-800-829-6444 or 444-5905 for more information.

Sincerely,

Mrs. Loker-French

Principal, Hubbard Ave. Elementary