## **Buddies Not Bullies!**

Hubbard is currently having a little fun at work while we continue our academics and celebrate SCHOOL SPIRIT WEEK. A calendar was sent home with details regarding the week's events and what participation we have had! We recently celebrated a school wide learning assembly about bullying, and we will have RESPECT ribbons for individuals showing acts of kindness. Pink Shirt Day at Hubbard will be celebrated on Wednesday, March 2nd. It is to raise anti-bully awareness, standing up for what is right, supporting others, and showing kindness. The term bullying is often an overused and misunderstood term, and educating our students is the key to dealing with this age-old challenging school and backyard issue. Below are some of the messages students regularly hear at school:

What makes it Bullying? Bullying is different from the usual problems children have at home or at school. We all know, there are going to be times when they will tease, disagree, or react impulsively in situations and need to make amends for choices that they can learn from. But....

- 1. It becomes Bullying when it is hurtful on purpose, repeated, and one person has power over or intimidates the other routinely.
- 2. Bullying can be physical, verbal like name calling and put downs, social or relational like excluding others, spreading rumors or purposefully leaving someone out of play. Watch what your child is doing with technology. Cyber bullying is a growing concern!

What can we all do to help? Teach children to recognize and correct their own behavior and how to respond if bullying happens to themselves or to someone else. Hold them accountable for their actions. This might include:

Being Assertive-stand up for yourself and others (without being physical), move to a safe place, walk away, or get adult help.

Show Compassion and Empathy—recognize the emotions in others, learn to apologize when you have caused hurt and tell others if they have caused the hurt to you. Be a supportive bystander, that means don't join in the laughter or actions that are hurtful.

Include others—Don't make them feel left out. Include adults by reporting bullying. Tell your parents if it is something you have tried to stop! If it is really bullying you need to report it. This is very different than tattling!

What about the Bully?-The bully often acts like this for a reason that they might not even understand. Bullies are often hurting themselves, need positive attention and might have lots going on in their personal lives so they try to find ways to be powerful over others.

Talking it out together and facing the bully with an adult can help a lot!

## Hubbard Happenings March 2016

## Just a reminder: Our school website is http://hubbard.nbed.nb.ca

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Basketball Season Starts this Month! GO HURRICANES!	Hot Lunch One in a Minion Day	Pink Shirt Day Acts of Kindness Recognition Principal for a Day: Ava VP for a Day: Sarah	Hot Lunch Jersey Day  Annual Skate and Lap-A-Thons @ Grant Harvey Centre Please send your sponsor money in right away (before the break!)	Hot Lunch \$\$\$ Counters Needed! School Color Day	5
March Break 7th-11th	Hot Lunch Welcome Back We hope you enjoyed your week together.	15 Free Pizza Hot Lunch Today!	Hot Lunch  Jump Rope  For Heart  1:30	Hot Lunch Shamrock Milkshakes \$2.00	18 Hot Linch \$\$\$ Counters Needed!	19
20	21 HotLinch	22 HotLunch	23 HotLunch	24 Hot Lunch  Hot Lunch \$\$\$ Counters Needed!	25 NO SCHOOL Good Friday!	26
27	28 NO SCHOOL Easter Monday!	29	April 7 PARENTA April 8 AM PAR	CARD #2 V WOW (First Nation Studen /TEACHER INTERVIEV ENT/TEACHER INTER DOL FOR STUDENTS (t	WS 6:00-7:30 VIEWS 9-11:30	

Heritage Fair is coming! Look for notices coming home shortly that outline this year's themes and project suggestions for Heritage Fair. Our school will showcase projects on April 12th. Projects need to be in by April 8th. Some classes have chosen to do this as a class, some in groups and some as individual home projects. Potentially, eight students from Grade 5 will be chosen to attend the District Heritage Fair representing our school. Winners will then have a chance to go on to the Provincial or even the National level. EVERY child at our school is to take part in the development of a project with a class mark grade being assigned to the project. Please support your child in their work. Students take great pride in their work and the projects are always interesting and unique! If you have any questions about the project expectations, please contact your child's teacher. We will have an opening ceremony on April 12th with musical selections, guest speakers and of course, project judges at each grade level. This is a wonderful way to both learn about and to model quality project creation, and an even better way to celebrate what defines us as Canadians!!