



HARVEY HIGH NEWS

January 2020

A new decade! The Holiday Season is in full swing and the building is vibrating in anticipation of the break.

The following is a cannabis excerpt received from the Healthy Learners Program in our District. It was very worthy of sharing with parents as they support youth to make positive choices.

“While teens are not able to use cannabis legally, they may have questions. This is an opportunity for discussion that will help your child make informed decisions about cannabis use later in life.

- Talk to your teen openly. Spend time with them and their friends to keep a connection with them.
- Use positive messages to let them know you are listening. Avoid scare tactics when talking about cannabis.
- Encourage your teen to make safe choices. Example: avoid getting into a car with a driver that is under the influence of cannabis.
- Stay informed about cannabis and other substances so you can answer your child’s questions.
- Support your teen to find healthy coping strategies when they are feeling stressed or trying to fit into a peer group.
- Be conscience of your personal substance use around children. Model positive coping such as: going for a walk, talking to a counsellor or a family member when experiencing stress.”

Pink Shirt Day is Wednesday, February 27, 2020. All students are encouraged to wear pink to school. Anti-Bullying Day (a.k.a. Pink Shirt Day) is a day celebrated on various dates throughout Canada, including the last Wednesday of February. It originally started as a protest against a bullying incident at Central Kings Rural High School in Nova Scotia. On this day, people wear pink to symbolize a stand against bullying.

Basketball season is very busy with our senior, junior, middle school and mini teams attending games and tournaments. Basketball playoffs for all teams are held in February. Special thanks to the outstanding number of community members who continue to show their support at home games in the HHS gym. Continue to check under the “Extracurricular-Athletics” link on the HHS website for weekly updates on team schedules, practices, games and tournaments. As usual, home games, tournaments and events are also posted on the digital sign at the end of the HHS driveway. We are looking for help with coaching high school badminton (grades 9-12). Badminton season runs from March 12 – April 18. If you are interested, please contact athletic director Don Fletcher at: don.fletcher@nbed.nb.ca

CALENDAR

Jan. 20-24 Assessment (Exam)Week for 9-12
Jan. 27 **No students 6-8** Professional Learning for Staff
Jan. 27, 28 Turnaround days- **No 9-12 students**
Jan. 29 Semester 2 Begins
Feb. 17 Family Day
Feb. 27 Pink Shirt Day
Mar. 2-6 March Break
April 10-13 Easter Weekend