

# Cafeteria : Harvey High School

2018-2019

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Sept 3-7 Oct 1-5 Oct 29 - Nov 2 Nov 26-30 Jan 7-11 Feb 4-8 March 4-8 April 1-5 May 6-10 Jun 3-7	Lasagna Bread	Shepherd's Pie	Chicken Nachos on Wrap	BBQ Chicken	Tacos Wrap
		Salad Bar Fruits	Salad Bar Fruits	Salad Bar Fruits	Salad Bar Fruits	Salad Bar Fruits
		Tomato Soup Grilled Cheese or Ham & Cheese Sandwich Salad Bar Fruits	Hot Hamburger	Pizza Day	Meat Balls with Rice	Chicken Burger
		Chicken Noodle Soup Hamburger/ Cheeseburger	Homemade Pancakes Ham	Macaroni and Cheese	Ham Sub	Homemade Chicken Nuggets with Rice
WEEK 2	Sept 10-14 Oct 8-12 Nov 5-9 Dec 3-7 Jan 14-18 Feb 11-15 March 11-15 April 8-12 May 13-17 June 10-14		Salad Bar Fruits	Salad Bar Fruits	Salad Bar Fruits	Salad Bar Fruits
		Salad Bar Fruits	Salad Bar Fruits	Salad Bar Fruits	Salad Bar Fruits	Salad Bar Fruits
		Oven Ham	French Toast Ham	Spaghetti	Turkey Mashed Potatoes	Chinese Meal (Beef Noddles, Rice & chow Mein)
		Salad Bar Fruits	Salad Bar Fruits	Salad Bar Fruits	Salad Bar Fruits	Salad Bar Fruits
WEEK 3	Sept 17-21 Oct 15-19 Nov 12-16 Dec 10-14 Jan 21-25 Feb 18-22 March 18-22 April 15-19 May 20-24 June 17-21		Salad Bar Fruits	Salad Bar Fruits	Salad Bar Fruits	Salad Bar Fruits
WEEK 4	Sept 24-28 Oct 22-26 Nov 19-23 Dec 17-21 Jan 28 - Feb 1 Feb 25 - March 1 March 25-29 April 29 - May 3 May 27-31					

High School: \$6.00/ Middle School : \$5.00  
TEACHERS : \$6.00  
(Dessert & Beverage not included)

## Resto la Bonne Assiette

14, Rue Principale , Sainte-Anne de Madawaska, N.-B., E7E 1B5

Price \$6.00  
Meal of the day

or

Cheeseburger, Wrap,  
Sub, Pizza  
Sandwich and soup  
(Served every day)

**IMPORTANT :**  
**THIS YEAR WE WILL NOT**  
**BE SERVING « À LA**  
**CARTE » ITEMS**  
**COMPLETE MEALS ONLY**

### Salad Bar & Condiments

Salad, Cucumbers,  
Tomatoes, Carrots,  
Pickles, Onions  
Fresh Fruits, Cheese,  
Bacon, Ketchup,  
Mustard, Relish, Mayo,  
BBQ Sauce, Gravy,  
Croutons, Salsa, Sour  
Cream

### Snacks & Beverage

Bottle of water	\$1.25
White Milk	\$0.50
Pop Corn 16 oz	\$1.50
Yogurt	\$0.75
Fesh Fruits	\$0.75
Veggies	\$0.75
Cheese	\$1.00
Homemade cookies	\$0.75
Homemade Muffins	\$0.75
½ Bagel	\$0.75
Salad Dressing	\$0.25
Cream Cheese	\$0.25
Extra	\$0.25
English Muffin Breakfast	\$3.75

- Homemade Muffins
- Homemade cookies
- Milk-Pudding
- Banana/Carrot Bread
- Crackers