


Name: \_\_\_\_\_ Date: \_\_\_\_\_ Per: \_\_\_\_\_

# growth mindset

## STRENGTHS AND WEAKNESSES

**DIRECTIONS:** Complete this chart by drawing, listing, or writing about the things you are good at, great at, want to work on, and are afraid to try. Then, answer the question at the end.

<b>I AM GREAT AT...</b>	<b>I AM GOOD AT...</b>
<b>I WANT TO WORK ON...</b>	<b>I AM AFRAID TO TRY...</b>



What can you do this school year to improve in each of these areas?

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## growth mindset GROWTH VS. FIXED MINDSET #1

**DIRECTIONS:** Read through these scenarios. In small groups or individually, write down how each person would react if they had a growth mindset and if they had a fixed mindset.

GROWTH MINDSET	FIXED MINDSET
Jennifer is trying out for the soccer team and really wants to make varsity. After tryouts, she learns she is on the junior varsity team.	
Carlos is struggling with math. It is his most challenging subject and he is worried about a big test tomorrow. He has time to study, but isn't sure it is worth it.	
Claire's best friend just landed the lead in the school play, the part she auditioned for and really wanted. Claire was assigned to portray a minor character.	
Robert's teacher just informed the class about the school's upcoming science fair. The exhibitor with the winning display will earn a science scholarship.	



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## growth mindset GROWTH VS. FIXED MINDSET #2

**DIRECTIONS:** Read through these scenarios. In small groups or individually, write down how each person would react if they had a growth mindset and if they had a fixed mindset.

GROWTH MINDSET	FIXED MINDSET
Elizabeth needs to decide which math class to take. She's completed her school's math requirement, but taking calculus would look nice on her transcript.	
During peer editing, Samantha's classmates told her that she needs to work on the introduction of her essay. They also said it lacked enough supporting evidence.	
Jacob keeps missing free throws during basketball practice. He is getting very discouraged with his performance and his teammates start teasing him.	
Owen's little brother won a prestigious award from the school. Owen's parents are very happy and decide to award his little brother with the new phone Owen wanted.	



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## growth mindset CLASSROOM QUILT

**DIRECTIONS:** Following the instructions below decorate your square. You want your square to be an accurate representation of who you are.

**BANNER:** Write and decorate your name or nickname in the banner.

**FOUR QUADRANTS:** Use the four designated areas to illustrate information about yourself. Designate one quadrant for something you are good at, one for something you want to be good at, one for learning from mistakes, and one for growing and learning.