

# CAMBRIDGE-NARROWS COMMUNITY SCHOOL



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Nelson Arsenault - Principal  
Leanda Bruijns - Vice-Principal  
Sandra Jenkins - Administrative Assistant

## Picture Retakes

Picture retakes will be on Tuesday, November 1<sup>st</sup> in the afternoon.

## Community School News

Now that the colder weather is upon us, please make sure students are dressed appropriately for outdoor activities.

Community Food Smart orders are due on Nov. 2, and orders will be here for pick up on Nov. 9th after 1pm.

Here's a follow up from our plastic bag recycling event that was held last spring at C-NCS. We came in at 4th place in the province with an average of 88 bags per student. We are going to be doing the challenge again next spring, so start saving your bags now!

We are excited to have received the RBC Learn to Play Grant and are working on bringing in some special activities for our students. We were very pleased to have UNB Women's Varsity Red's coach, Joe Crossland and 5th year team player, Laura McNicholas, come in for a day of fun soccer related activities. We are looking forward to having tennis, archery, dance and other exciting activities in the upcoming months.

Farm to School Monday meals continue on this month. Order forms will be going home with Elementary students later this week.

We were happy to have Nature NB here with us last week, and spend a day with all of our Elementary students, talking about climate change, spotting changes in our seasons, and mapping our school yard for bird habitation.

A special thanks to our Grade 11/12 wood working class who built 2 beautiful trellises that mark the outdoor trails we have out back and 4 brand new raised garden beds that we will be using in the spring.

The Middle Level Girls and Boys Basketball teams will be needing coaches for the upcoming season. If you or anyone you know is able to help out with this please contact the school. If we do not get coaches, we will not be able to have our ML basketball teams.

Speaking of basketball, the annual C-NCS Tip Off tournament is set to go on the 17th of November. Please make sure you come on out and support your Huskies!



## Campbell's Soup Labels

The Campbell's Soup label campaign is coming to an end. We are still collecting labels until December 23<sup>rd</sup>. If you have any labels at home, please send them in before December 23<sup>rd</sup>. Thank you for all labels that we have had brought into the school.

## Hip Hop for the Homeless Dance a Thon

We will be having a Dance a Thon on Friday November 4, 12 noon to 6pm sponsored by WeAct.

On Friday November 4, 2016 from 12pm until 6pm, students in K-8 are invited to participate in the Dance A Thon, and students in 9-12 are invited to join us at 2:25pm. Students will be given a healthy snack before the dance, but should bring a bag lunch. There will be a canteen if students need to buy a lunch. Dancers will be given pizza and juice for supper at 5:30pm, as well as prizes for most money raised, and best dancer for Elementary and for Middle/High level. The Dance A Thon is sponsored by our WeAct club that focuses on bringing awareness to social justice issues both locally and globally. This year we will again support Youth in Transition and Chrysalis House. Chrysalis House provides shelter to local youth ages 14-21 who are in need of housing, as well as supporting youth in learning life skills. Half of all funds raised go directly to the house, with the other half going to expenses for WeAct students to attend WeDay in Halifax in November. Please consider sponsoring students for this fun and worthwhile event.

## Is It A COLD or The Flu

The Flu also known as influenza is a contagious respiratory illness. The flus is different from the common cold. Flu symptoms come on suddenly and may include: fever, headache, general aches and pains, tiredness, runny or stuffy nose, cough and sore throat. Symptoms of cold are usually milder and generally do not result in serious health problems.

**Did you know:** The flu can be spread easily from person to person through coughing, sneezing, or talking.

The spread of the flu can be through direct contact with objects contaminated by the influenza virus.

**Tips to Remember:** Wash your hands frequently. Regular cleaning of doorknobs, telephones and keyboards can help. Cover up when you cough or sneeze.

## UPCOMING DATES

Nov 1	Picture Retakes (afternoon)
Nov 4	Hip Hop for the Homeless Dance-A-Thon 12:00 -6:00
Nov 9	Remembrance Day Ceremony 10:00 am
Nov 11	No School – Remembrance Day
Nov 17-19	Tip Off Tournament – (High School Basketball)
Nov 21	PSSC Meeting
Nov 24	Parent Teacher (Evening)
Nov 25	No School – Parent Teacher (afternoon)
Dec 1	Christmas Bazaar
Dec 23	Last Day of Classes
Jan 9	No School – PL Day
Jan 10	First Day of School for Students
Jan 16	PSSC Meeting
Jan 23-27	Exam Week

### Christmas Bazaar

It will be here before you know it....our annual Christmas Bazaar! The date has been set for December 1st from 3pm to 8pm. If you are interested in renting a table please contact Sandra at the school. Also, we will be accepting donations of new items for our Chinese and Silent Auction. If you have anything you can donate, please contact Marcy at the school. All proceeds from the bazaar go to support school activities such as field trips and other special activities.

## Tips from Our Public Health Nurse

### *Vaccinations Protect Your Child*

**Diseases that were once common in childhood are now rare because of vaccines. Many of these diseases caused severe illness and sometimes death in children. Vaccinations given to infants, children and teens protect them against many of these serious illnesses. These vaccines can be given by your doctor, nurse practitioner or through Public Health clinics.**

In New Brunswick, parents are required to provide schools with an updated immunization record for their child.

- If your child is starting kindergarten or just entering school in New Brunswick, please provide the school with a copy of their immunization record.
- If you are not sure if your child has received all their vaccines or if you need a record of your child's vaccinations, contact your doctor, nurse practitioner or local Public Health Office.
- Your child's record should show proof of all their vaccinations required for their age, including the preschool booster.

*The influenza vaccine is also free of charge to all children and youth between 6 months and 18 years of age. The flu vaccine is available every year starting during the month of October. Flu can be a serious infection for children. Please contact your health care provider to ask about the flu vaccine for your child and family.*

Public Health can answer questions that parents may have. The Public Health Office can be reached in Fredericton and Oromocto area at 453-5200 and in Woodstock at 1-888-829-6444 (toll-free).

*Information is from Government of NB and Public Health Agency of Canada websites.*

<http://www2.gnb.ca/content/gnb/en/departments/cmoh/cdc/content/immunization.html>

**Cambridge-Narrows Community School**

**Christmas Bazaar**

**Thursday, December 1st**  
(Storm date: Thursday, December 8<sup>th</sup>)

**3:00pm - 8:00pm**

**Admission:    Adults \$2.00    Students \$1.00**

AUCTION ITEMS      HOME BAKING      CHINESE AUCTION  
RUDOLPH'S CAFÉ      CRAFTS

**VISIT FROM SANTA**

To book a table contact:  
C-NCS @ 488-3500  
Table rental cost \$10.00 each

# Anglophone West School District

## An Important Message to Parents – School Closures Because of Weather Conditions

Anglophone West School District is committed to the safe and efficient transportation of students. The District recognizes it may be necessary to cancel bus runs, close schools, or delay school opening to ensure students are not endangered by hazards brought on by poor weather and road conditions.

Approximately 22,300 students attend 69 schools in the following areas: Edmundston, Grand Falls, Plaster Rock, Perth Andover, Bath, Florenceville-Bristol, Centreville, Hartland, Woodstock, Canterbury, Nackawic, Burtts Corner, Chipman, Minto, Cambridge Narrows, Gagetown, Burton, Geary, Fredericton Junction, Oromocto, Lincoln, Boiestown, Doaktown, Stanley, Nashwaak Valley, Harvey, McAdam, New Maryland, and the greater Fredericton area.

261 school buses transport approximately 15,000 students, travelling more than six million kilometers each school year. When a decision is made to close school, delay school opening, cancel bus runs, or delay bus runs, safety is the paramount factor.

### Options Considered

- **Schools open as usual:** no communication required.
- **All schools closed for the day:** see “Communication” section below.
- **A school or schools in a particular zone of the district closed:** see “Communication” section below.
- **All school bus routes delayed by one hour:** On these occasions, all schools in the district will open at their regular time to receive walking students and drop-off students. Students arriving late will not be disadvantaged.
- **Schools may be closed early** on days when it is anticipated that weather conditions may deteriorate significantly. It is important that parents have alternate arrangements for their children if they or another adult will not be at home to receive the students. Please ensure that the school has up-to-date contact numbers for parents (work numbers, cell numbers, etc.) and at least one emergency contact. It will be announced that buses will run their afternoon runs one, two, or three hours earlier than usual, whatever time is determined.

### Important Notes

- There may be occasions when a particular bus route is hazardous because of varying weather conditions throughout the district. In cases where the bus driver has a safety concern, he or she has the responsibility to recommend either the cancellation or delay of his/her particular bus run.
- On days that the weather or road conditions are poor, parents may exercise their right to keep children at home. Students will not be penalized for such absences; however, parents must provide a written excuse to the student’s teacher when the child returns to school.
- There are times when school buses run late for reasons unrelated to weather. Individual school buses expected to be more than 20 minutes late will be announced whenever possible. Parents are responsible for the safety of their children at the stop until the bus comes.

### School Zones

1. Edmundston
2. Grand Falls, Plaster Rock, Perth-Andover
3. Florenceville-Bristol, Bath, Centreville, Hartland, Woodstock
4. Canterbury, Nackawic, Burtts Corner, Millville, McAdam, Harvey
5. Stanley, Boiestown, Doaktown
6. Greater Fredericton Area (including New Maryland, Keswick Ridge, Nashwaak Valley)
7. Oromocto, Geary, Burton, Lincoln, Fredericton Junction
8. Chipman, Minto
9. Cambridge Narrows, Gagetown

### Decision Process

The Superintendent of Schools makes the decision to keep open or close schools after district transportation personnel provide current information about weather and road conditions. The school district transportation department has access to current weather and road conditions throughout the district through the Department of Transportation and Infrastructure road supervisors, a contracted weather information service provider, as well as other internet sites. Inclement weather predictions are monitored closely throughout the prior evening and again from 5:00 a.m. onward.

### Communication

It is a school-based decision to use voice-messaging, if available. Parents should not rely on this means of notification for information about school closures. **Announcements will be made on local radio stations, through a recorded message that can be heard by dialing the district public information line at 1-888-388-4455 (toll free) or 453-5454 (local calls) any time after 6:00 a.m., and by checking the district website at [www.asd-w.nbed.nb.ca](http://www.asd-w.nbed.nb.ca).**

The following is a list of radio stations that will be notified of a school closure/delay for announcements:

• CFAI – 101 Rock 105	101.1 FM	- Edmundston	• UP	93.1 FM	- Fredericton
• CJEM	92.7 FM	- Edmundston	• CJRI	104.5 FM	- Fredericton
• CKMV	95.1 FM	- Grand Falls	• CFRK – Fred FM	92.3 FM	- Fredericton
• CIKX	93.5 FM	- Grand Falls	• CIXN – Joy FM	96.5 FM	- Fredericton
• CJCJ	104.1FM	- Woodstock	• CKHJ	103.5 FM	- Fredericton
• WQHR	96.1 FM	- Presque Isle	• CINB – New Song FM	96.1 FM	- Saint John
• CBC – Radio One	99.5 FM	- Fredericton	• CBC – CBC Radio One	104.5 FM	- Saint John
• Capital FM	106.9 FM	- Fredericton	• CHSJ	94.1 FM	- Saint John
• Fox	105.3 FM	- Fredericton	• The Wave	97.3 FM	- Saint John