




Farm to School **Farm Fresh** Menu Served in the Cafeteria at lunch time Tuesday , Wednesday & Thursday  
 Same Day Purchase or Pre Order Specials  
 Pilot project to offer local, fresh, salads and soups to CCS students & staff  
 Sponsored by Farm to Cafeteria Canada, Centreville Community School & Strawberry Hill Farm

	<b>Tuesday Nov 3</b> Salad Bar & Roll	<b>Wed. Nov 4</b> Salad Bar & Roll	<b>Thurs, Nov 5</b> <b>Veggie Wraps</b>	<b>Salad Bar Items</b> Mixed Greens, Spinach,, Tomatoes, Cucumbers Red Onion Celery Grated Carrot Hard Boiled Egg or Cheese WW Roll Salad Dressing  Soup: \$2.50 Full Course Salad: \$2.50 Soup/ Salad Combo: \$4.00 Side Salad or small dish one veggie of choice: \$1.00 <b>Veggie Wrap with                      cheese</b> \$2.00
	Hamburger Vegetable Soup & WW Roll	Hamburger Vegetable Soup & WW Roll	Hamburger Vegetable Soup & WW Roll	
	<b>Tuesday Nov 17</b> Salad Bar & Roll	<b>Wed. Nov 18</b> Salad Bar & Roll	<b>Thurs, Nov 19</b> <b>Veggie Wraps</b>	
	Or Chicken Vegetable Soup & Roll	Or Chicken Vegetable Soup & Roll	Or Chicken Vegetable Soup & Roll	
	<b>Tuesday Nov 24</b> Salad Bar & Roll	<b>Wed. Nov 25</b> Salad Bar & Roll	<b>Thurs, Nov 26</b> <b>Veggie Wraps</b>	
	Hamburger Vegetable Soup & WW Roll	Hamburger Vegetable Soup & WW Roll	Hamburger Vegetable Soup & WW Roll	

**NO Farm to School Menu November 10, 11, 12 due to Remembrance Program and Holiday**

**Student Name:** \_\_\_\_\_ **Home Room:** \_\_\_\_\_

**Circle your order. Send money to home room teacher.**

**Purchase a Meal Card:**

3 soup or full course salads : 7.50      3 Soup & Salad: \$12.00

Purchase 10 soup or full course salads: 22.50 Get next two free

Purchase 10 soup & salad combo- \$40.00 Get next two free

Side salad or small dish with one veggie from salad bar of student choice: \$1.00 each  
 10 for \$10.00 with next two free or 5 wraps for \$10 with next one free

**Purchase daily at salad bar:**

Soup & Roll: \$2.50 Main Course Salad & Roll: \$2.50

Side Salad or 1 Veggie in small dish: \$1.00      Veggie Wrap: \$2.00