CCS CAFETERIA SERVICES – OCTOBER 2019

	TUES.	WED.	THURS.	FRI.
Week 1 Sept 30 – Oct 4	Whole Wheat Waffles Turkey Bacon Salad Bar/Fruit Milk	Lasagna Whole Wheat Roll Salad Bar/Fruit Milk	Naan Pizza & Garlic Finger Salad Bar Pudding Milk	Taco Wrap Wedges Salad Bar Fruit Milk
Week 2 oct. 7 - 11	Whole Wheat Waffles Turkey Bacon Salad Bar/Fruit Milk	Shepherd's Pie Whole Wheat Roll Salad Bar/Fruit Milk	Naan Pizza & Garlic Finger Salad Bar Pudding Milk	Chicken Burger Wedges Salad Bar Fruit Milk
Week 3 Oct. 14-18	Whole Wheat Waffles Turkey Bacon Salad Bar/Fruit Milk	Spaghetti Whole Wheat Roll Salad Bar/Fruit Milk	Naan Pizza & Garlic Finger Salad Bar Pudding Milk	Hamburger or Cheeseburger Wedges Salad Bar/Fruit Milk
Week 4 Oct. 21 - 25	Whole Wheat Waffles Turkey Bacon Salad Bar/Fruit Milk	Turkey Wrap Carrot Sticks Salad Bar Fruit Milk	Naan Pizza & Garlic Finger Salad Bar Pudding Milk	Taco Wrap Wedges Salad Bar Fruit Milk

A hot lunch meal will be provided on **Tuesday, Wednesday, Thursday & Friday** for **\$5.00**.

The Salad Bar is available **Tuesday – Friday** for a cost of \$2.50 for students; \$4.00 for Staff.

Fresh fruit cups are available for \$1.00, **Tuesday – Friday**.

White or chocolate milk is available **daily** for \$0.55.

Wedges will be available every **Friday** for \$2.50.

Please detach and send in the order form at the beginning of each week.

Any questions or comments – please message the *Centreville Home and School* Facebook Page.

Our **Salad Bar** offers lots of variety - lettuce, spinach, broccoli, cauliflower, onions, carrots, cucumbers, tomatoes, red & green peppers, mushrooms, boiled eggs, cheese, salad topper, croutons & more!

Fruit Cups can include strawberries, blueberries, raspberries, blackberries, grapes, oranges, watermelon, kiwi or pineapple (based on availability).

Ctudout Nome /II		<u>September</u>	30 th — Octobe	r 4 th
Student Name/H		OICES (i.e. Tacos	Salads) ON THE BACK	OE THIS EOPM
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Mon., Sept. 30	White Milk	Choc. Milk		٦
Tues., Oct. 1	White Milk	Choc. Milk	Waffles	Salad
Wed., Oct. 2	White Milk	Choc. Milk	Lasagna	Salad
Thurs., Oct. 3	White Milk	Choc. Milk	Naan Pizza	Salad
Fri., Oct. 4	White Milk	Choc. Milk	Taco Wrap	Salad Wedges
TOTAL COST: \$;			
	WEEK 2 -	– October 7 º	th – October 11	1 th
Student Name/H				
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·		OICES (i.e. Tacos,	Salads) ON THE BACK	OF THIS FORM
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PLEASE	LIST TOPPING CH	<u> </u>	Salads) ON THE BACK	OF THIS FORM
PLEASE Mon., Oct. 7	White Milk	Choc. Milk		7
PLEASE Mon., Oct. 7 Tues., Oct. 8	White Milk White Milk	Choc. Milk Choc. Milk	Waffles	Salad
PLEASE Mon., Oct. 7 Tues., Oct. 8 Wed., Oct. 9	White Milk White Milk White Milk	Choc. Milk Choc. Milk Choc. Milk	Waffles Shepherd's Pie	Salad Salad
PLEASE Mon., Oct. 7 Tues., Oct. 8 Wed., Oct. 9 Thurs., Oct. 10	White Milk	Choc. Milk Choc. Milk Choc. Milk Choc. Milk	Waffles Shepherd's Pie Naan Pizza	Salad Salad Salad
PLEASE Mon., Oct. 7 Tues., Oct. 8 Wed., Oct. 9 Thurs., Oct. 10 Fri., Oct. 11 TOTAL COST: \$	White Milk	Choc. Milk Choc. Milk Choc. Milk Choc. Milk Choc. Milk	Waffles Shepherd's Pie Naan Pizza	Salad Salad Salad Salad Wedges
Mon., Oct. 7 Tues., Oct. 8 Wed., Oct. 9 Thurs., Oct. 10 Fri., Oct. 11	White Milk	Choc. Milk Choc. Milk Choc. Milk Choc. Milk Choc. Milk	Waffles Shepherd's Pie Naan Pizza Chicken Burger	Salad Salad Salad Salad Wedges

Student Name/Homeroom:										
PLEASE LIST TOPPING CHOICES (i.e. Tacos, Salads) ON THE BACK OF THIS FORM										
Mon., Oct. 14	NO	SCHOOL								
Tues., Oct. 15	W	/hite Milk		Choc. Milk		Waffles		Salad		
Wed., Oct. 16	w	/hite Milk		Choc. Milk		Spaghetti		Salad		
Thurs., Oct. 17	W	/hite Milk		Choc. Milk		Naan Pizza		Salad		
Fri., Oct. 18	w	hite Milk		Choc. Milk		Hamburger		Salad		Wedges
TOTAL COST:	\$									

WEEK 4 - October 21st - October 25th

Student Name/Homeroom:										
PLEASE LIST TOPPING CHOICES (i.e. Tacos, Salads) ON THE BACK OF THIS FORM										
Mon., Oct. 21		White Milk		Choc. Milk		1				
Tues., Oct. 22		White Milk		Choc. Milk		Waffles		Salad		
Wed., Oct. 23		White Milk		Choc. Milk		Turkey Wrap		Salad		
Thurs., Oct. 24		White Milk		Choc. Milk		Naan Pizza		Salad		
Fri., Oct. 25		White Milk		Choc. Milk		Taco Wrap		Salad		Wedges
TOTAL COST:	\$									