

Townsview School Menu 2019-2020



Meals \$5.25	Monday	Tuesday	Wednesday	Thursday	Friday
January 6-10 January 20-24 February 3-7 February 17-21 March 9-13 March 23-27 April 6-10 April 20-24 May 4-8 May 18-22 June 1-5	Spaghetti With Home Made Meatballs Or Marinara Sauce Fruit of the Day Milk \$5.25	Homemade Pancakes topped with Berries, with or without Ham Slice, Cucumber Slices Milk \$5.25	Homemade Baked Chicken Strips, Mashed Potatoes, Mixed Vegetables, Fruit of the Day Milk \$5.25	Home-style Meat or Veggie Lasagna with Salad, Fruit of the Day Milk \$5.25	Sweet and Sour Meatballs served on Rice, with Stir-Fried Veggies Fruit of the Day Milk \$5.25
January 13-17 January 27-31 February 10-14 February 24-28 March 16-20 March 30-April 3 April 13-17 April 27-May 1 May 11-15 May 25-29 June 8-12	Home Made Mac & Cheese Veggie Sticks Fruit of the Day Milk \$5.25	2 Soft Taco Filled With Beef, with Tossed Garden Salad Fruit of the Day Milk \$5.25	Chicken Alfredo on Noodles, Side of Hot Veggies Fruit of the Day Milk \$5.25	BBQ Chicken Baked potato Fruit of the Day Day Milk \$5.25	Hot Chicken Sandwich with Potato Wedges Corn Fruit of the Day Milk \$5.25
Alternate Meals	<u>Chartwells Lunchables</u> Sliced Ham or Turkey Cheese Stick Crackers Veggie Sticks Cookie bites Fruit of the Day Milk \$5.25	<u>Chartwells Lunchables</u> Naan wedges Pizza Sauce Pepperoni Slices Shredded Cheese Mini Brownie Fruit of the Day Milk \$5.25	<u>Chartwells Lunchables</u> Pinwheel Ham and Cheese Sandwiches Veggie Sticks Mini Rice Krispie Square Fruit of the Day Milk \$5.25	<u>Chartwells Lunchables</u> Naan Wedges Hummus or Salsa Baby Carrots with Dip Banana Loaf Slice Fruit of the Day Milk \$5.25	<u>Chartwells Lunchables</u> 4 Garlic Breadsticks Pizza Sauce Cucumber Slices Mini muffin Fruit of the Day Milk \$5.25
	Daily Options	Pizza Homemade Hamburger, Chicken Breast, Grilled Chicken Snack, Veggie Sticks Or Garden Salad			

Order by Chartwell's website:

www.cafzone.ca

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Stacey Cronkhite

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