

Our Summer Camps

Wilderness Awareness I

Discover the skills you would need to survive in a true emergency! Learn to make fire with and without matches and how to tend the fire safely. Learn knife safety, how to identify and harvest wild edible plants, and campfire cooking. Build shelters and create fun and practical items like baskets, tools or rope.

Primitive Technology I (Beginner)

Craft items using your knowledge and the elements of earth, fire, water and air! Improve your safe use of knives by carving and crafting. Build your own fire, carry water, harvest wood and stone to make cooking pots, hunting tools, traps and more. Use your equipment to complete challenges and improve your skills.

SHERLOCK! Nature Observation and Ecology

At the end of an animal's tracks is a living breathing thing! Track and study wildlife up close to learn how they communicate with each other, their environment and human beings. Test water quality for microbes, and examine the chemical compounds in medicinal plants. Learn the secret language of birds!

Jr. Chef, Permaculture and Wild Foods

Hungry for adventure, wild foods, gardening and cooking? Venture into the forest and fields to find delicious edible plants. Cook with clay pots, hot rocks and more. Learn how to tend fires for cooking, gather and use plants and animals (optional), predict the seasons for plant harvest and carve kitchen tools.

Awakened Heart, Friendship and Compassion

Become a better friend! Create and sustain healthy relationships, expand your self awareness and compassion for people, plants and animals. Manage boundaries and practice assertiveness in a safe atmosphere. Practice awareness, yoga, sit-spots and meditation. Enjoy games, music, dance, stories and circle activities.

Wilderness Awareness II

Learn advanced techniques to help you thrive in the wilderness! Hunt, track and move silently over challenging terrain. Get muddy and dress in natural camouflage while you gather edible and medicinal plants. Make rope, build your shelter then catch frogs and crawfish to cook over a fire made without matches.

Primitive Technology II (Advanced)

Make and fire your very own bow and arrow! Pick your own projects with the freedom and guidance to create baskets, jewelry, pottery, animal traps, and more. Work as part of a team to build bridges, trebuchets, or lookout towers, Create hand tools from harvested wood and stone to help you build more creations.

Adventures in Outdoor Leadership* (Ages 13-14)

A leader is someone who takes care of themselves, others, their community and nature! You will walk the path of the leader. Brainstorm and create a nature based community project. Work with others to accomplish wilderness challenges. Complete rescue missions, learn orienteering skills and take turns leading a team.

Forest Protector, Forestry, Plants and Animals

Learn from trained forestry experts to be a steward of the forest! Create low-impact trails, harvest trees, plants and animals selectively and protect them for future-generations. Track animals and see where they eat, sleep and drink. Learn knife and hatchet safety with both modern and primitive tree felling tools.

Jedy Body, Jedi Mind

Connect mind and body to become a true jedi master! Practice awareness to get in touch with the force in and around you. Expand your senses through force vision and force listening training. Expert guides will help you explore the world of foam sword combat. Build a lightsaber Run the obstacle course and make friends.

Camp Information

WHAT YOU NEED TO KNOW

Each camp is offered in two age groups:
Ages 8-10 (Grade 3-5)
Ages 11-12 (Grade 6-7)

Leadership Camp is only offered to:
ages 13-14

Summer Camp Dates and Rates

ADVENTURES IN OUTDOOR LEADERSHIP
June 22-26

SHERLOCK! NATURE OBSERVATION (*4-day week)
June 29- July 3

WILDERNESS AWARENESS I (Survival)
July 6- 10

PRIMITIVE TECHNOLOGY I (Beginner)
July 13-17

WILDERNESS AWARENESS II (Thrival)
July 20-24

PRIMITIVE TECHNOLOGY II (Advanced)
July 27-July 3

FOREST PROTECTOR: *(4-day week)
August 4-7

JR. CHEF, PERMACULTURE AND WILD FOODS
August 10-14

JEDI BODY, JEDI MIND CAMP
August 17-21

AWAKENED HEART COMPASSION CAMP
August 24-28

*Camp Offerings are subject to change and cancellation
without notice due to low-enrollment*



Offered Programs

Daycare to After School

There are several levels of programs to choose from:

- **Little Seedlings** (18 months - 2)
Full time early learning
- **Forest School** (ages 3-4)
Full time forest learning
- **Forest PreSchool** (ages 5-6)
Full time forest preschool
- **Forest AfterSchool** (ages 6-10)
After School forest learning

Please visit
www.cedarbrookearlylearning.com
For more information and rates



“ Cedar brook is an AMAZING place!
The staff are INCREDIBLE at what
they do. At Cedar Brook they make
everyone feel at home.

HIGHLY RECOMMENDED, 5 stars! ”

-Alisha Deveau
Fredericton, NB

Benefits OF OUR APPROACH

1:10 Instructor to Student Ratio
offers enhanced mentoring and
opportunities for staff to engage
youth in individual learning.

Coyote Mentoring helps develop
a child's curiosity and fuel habits
leading to a love of learning. Staff
use questions to guide youth to
discover their own answers.

An Outdoor Classroom
builds children's physical strength,
resilience, and appreciation for our
natural world. This develops a greater
awareness and respect for the earth.

Inclusive Community
Staff use norm setting exercises and
talking circles to intentionally generate
a positive and safe camp atmosphere.
Helping the kids to make friends and
be themselves.

Wonder and Wanden THROUGH FOREST CAMPS

INSPIRED BY THE WILDERNESS AWARENESS MODEL - Our trained Educators
use the well respected Coyote Mentoring method, pioneered by
Wilderness Awareness School co-founder Jon Young. Our educators act
as mentors to youth, using the child's interests to feed their curiosity
through storytelling, the art of questioning, challenges and practices
that expand a child's awareness of themselves and nature.

Visit us at www.cedarbrookearlylearning.com

Or give us a call...
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