


chartwells
eat. learn. live.



2020

Give Us a Try

	Monday	Tuesday	Wednesday	Thursday	Friday		
Week 1 Sept 14- 18 Sept 28-Oct 2 Oct 12-16 Oct 26-30 Nov 9-13 Nov 23-27 Dec 7-11	Spaghetti with Lean Meat Sauce or Marina Sauce, with Caesar Salad, Fruit of the Day	Chicken Strips, Mashed Potato & Hot Veggies with Side of Fruit	<u>Lunchables</u> 6 Pinwheel Ham and Cheese Sandwiches Veggie Sticks Mini Rice Krispie Square Fruit of the Day	Hamburger with Baked Potato Wedges or Veggie Sticks & Dip and Side of Fruit	<u>Lunchables</u> 4 Garlic Breadsticks Pizza Sauce Cucumber Slices Mini muffin Fruit of the Day	Meal Price : Includes Milk \$5.25 Sandwiches: Grilled Cheese \$3.25 Chicken Salad Sandwich \$3.50 Egg \$3.00 Drinks: 250ml Milk \$0.55 Bottled Water \$1.50 Frozen Juice Cup \$1.50 Juice Boxes \$1.75 Salads: Caesar Salad \$3.50 Garden Salad \$3.30 Add Chicken to your salad \$1.25 Other Pizza \$3.35 Chicken Burger \$4.25 Hamburger \$4.00 Cheeseburger \$4.75 Snack Wraps \$3.75 Snacks: Veggies and Dip \$1.50 Crackers & Cheese \$1.75 Fresh Fruit \$1.25 Fruit Cup \$2.25 Apple Slices w/Dip \$3.00 Pudding Cup \$2.00 Homemade Cookie \$0.75 Homemade Muffin \$1.50 Homemade Banana Bread \$1.50	Daily: Pizza, Hamburger, Chicken Burger, Soft Beef Tacos, Snack Wraps
	Vegetarian or Meat Lasagna with Tossed Salad	Homemade Pancakes topped with Berries, with or without Ham Slice, Cucumber Slices	2 Soft Taco Filled With Beef, with Tossed Garden Salad Fruit of the Day	Chicken Burger, Baked Wedges or Veggie Sticks & Dip	<u>Lunchables</u> Naan Wedges Pizza Sauce Pepperoni Slices Shredded Cheese Mini Brownie Fruit of the Day		
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