**Strand: Safety (Caring for Yourself, Your Family and Your Community)** 

Topic	4 - Excelling	3 - Meeting	2 - Approaching	1 - Working Below
Safety and Injury	Expertly describes the roles	Easily describes the roles of	With prompting describes	Unable to describe the
Prevention	of community members in	community members in	the roles of community	roles of community
	promoting safety and injury	promoting safety and injury	members in promoting	members in promoting
	prevention.	prevention.	safety and injury	safety and injury
			prevention.	prevention.
Diseases	Frequently lists and	Generally lists and	Sometimes lists and	Rarely lists and describes
	describes examples of	describes examples of	describes examples of	examples of infectious and
	infectious and non-infectious	infectious and non-	infectious and non-	non-infectious diseases,
	diseases, as well as their	infectious diseases, as well	infectious diseases, as well	as well as their detection
	detection and prevention	as their detection and	as their detection and	and prevention methods.
	methods.	prevention methods.	prevention methods.	
Evidence	projects, collages			

Strand: Wellness (Personal Wellness)

,	4 - Excelling	3 - Meeting	2 - Approaching	1 - Working Below
Personal Wellness	Consistently lists strategies	Routinely lists strategies for	Partially lists strategies for	Unable to list strategies
	for promoting personal	promoting personal	promoting personal	for promoting personal
	wellness.	wellness.	wellness.	wellness.
	Expertly lists needs	Easily lists needs pertaining	With prompting lists needs	Unable to list needs
	pertaining to student wellness	to student wellness in	pertaining to student	pertaining to student
	in school.	school.	wellness in school.	wellness in school.
	Thoughtfully describes the	Generally describes the	With some difficulty	Unable to describe the
	process required to	process required to	describes the process	process required to
	implement and evaluate a	implement and evaluate a	required to implement and	implement and evaluate a
	change that improves student	change that improves	evaluate a change that	change that improves
	wellness in schools.	student wellness in schools.	improves student wellness	student wellness in
			in schools.	schools.
Evidence	presentations, journals, reports of interviews, personal wellness plans			

July 2015 Page 1

Strand: Use, Misuse and Abuse (Use, Misuse and Abuse of Materials)

·	4 - Excelling	3 - Meeting	2 - Approaching	1 - Working Below
Alcohol and Drugs	Expertly describes the	Easily describes the	With prompting describes	Unable to describe the
	negative effects of alcohol	negative effects of alcohol	the negative effects of	negative effects of alcohol
	and drugs.	and drugs.	alcohol and drugs.	and drugs.
Personal Safety	Through role play, frequently	Through role play, generally	Through role play,	Through role play, rarely
	applies refusal skills when in	applies refusal skills when	sometimes applies refusal	applies refusal skills when
	personal safety situations.	in personal safety	skills when in personal	in personal safety
		situations.	safety situations.	situations.
Healthy or	Expertly identifies peer and	Easily identifies peer and	With prompting identifies	Unable to identify peer
Unhealthy	media influences that impact	media influences that	peer and media influences	and media influences that
Behaviours	choices of healthy or	impact choices of healthy or	that impact choices of	impact choices of healthy
	unhealthy behaviours.	unhealthy behaviours.	healthy or unhealthy	or unhealthy behaviours.
			behaviours.	
Evidence	group work, research projects, presentations, scenarios, analysis of advertisement, application of decision-making			
	model,			

**Strand: Growth and Development** 

	4 - Excelling	3 - Meeting	2 - Approaching	1 - Working Below
Sexuality	Thoughtfully explains that	Generally explains that	Somewhat explains that	Unable to explain that
	sexuality impacts many	sexuality impacts many	sexuality impacts many	sexuality impacts many
	aspects of each of our lives.	aspects of each of our lives.	aspects of each of our	aspects of each of our
			lives.	lives.
Reproductive	Precisely identifies the	Reliably identifies the	Somewhat identifies the	Unable to identify the
Systems	structures and functions of	structures and functions of	structures and functions of	structures and functions of
	male and female reproductive	male and female	male and female	male and female
	systems.	reproductive systems.	reproductive systems.	reproductive systems.
Pregnancy and	Expertly describes	Generally describes	Somewhat describes	Unable to describe
Childbirth	fertilization, pregnancy and	fertilization, pregnancy and	fertilization, pregnancy and	fertilization, pregnancy and
	childbirth.	childbirth.	childbirth.	childbirth.
Relationships	Consistently judges different	Usually judges different	Occasionally judges	Never judges different
	kinds of relationships.	kinds of relationships.	different kinds of	kinds of relationships.
			relationships.	
Evidence	exit slips, worksheets, reflections sheets, self-assessment, research, presentations			

July 2015 Page 2