



**UPCOMING PITA PIT LUNCHES:**

**WEEK 1:** October 19

**WEEK 2:** November 2

**WEEK 3:** November 30

**WEEK 4:** December 14

STUDENT'S NAME: \_\_\_\_\_  
 TEACHER'S NAME: \_\_\_\_\_

**MUST BE RETURNED TO SCHOOL BY:**  
 September 27

SCHOOL NAME: Kingsclear Consolidated  
 ADDRESS: 3188 Woodstock Road

LUNCH CONSISTS OF A 6-INCH PITA SANDWICH (A PITA PIT PETITA™)  
 Place a tick mark beside the pita and the sauce your child wants.  
 Cross out ingredients your child doesn't want. See full instructions below.

PRICE PER LUNCH INCLUDING TAX: **\$ 4.00**

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|--|--|---|--|
| <input type="checkbox"/> <b>BLT</b><br>Whole Wheat Petita™<br>Lettuce<br>Mushrooms<br>Tomatoes<br>Cucumbers<br>Green Peppers<br>Cheddar Cheese<br><b>CHOOSE A SAUCE</b><br><input type="checkbox"/> A- Light Ranch<br><input type="checkbox"/> B- Light Mayonnaise | <input type="checkbox"/> <b>CHICKEN BREAST</b><br>Whole Wheat Petita™<br>Lettuce<br>Mushrooms<br>Tomatoes<br>Cucumbers<br>Green Peppers<br>Cheddar Cheese<br><b>CHOOSE A SAUCE</b><br><input type="checkbox"/> A- Light Mayonnaise<br><input type="checkbox"/> B- Light Caesar   | <input type="checkbox"/> <b>CHICKEN SOUVLAKI</b><br>Whole Wheat Petita™<br>Lettuce<br>Mushrooms<br>Tomatoes<br>Cucumbers<br>Green Peppers<br>Feta Cheese<br><b>CHOOSE A SAUCE</b><br><input type="checkbox"/> A- Tzatziki<br><input type="checkbox"/> B- Mayo | <input type="checkbox"/> <b>GARDEN (VEGGIE)</b><br>Whole Wheat Petita™<br>Lettuce<br>Mushrooms<br>Tomatoes<br>Cucumbers<br>Green Peppers<br>Cheddar Cheese<br><b>CHOOSE A SAUCE</b><br><input type="checkbox"/> A- Honey Mustard<br><input type="checkbox"/> B- Mayo |
| <input type="checkbox"/> <b>HAM</b><br>Whole Wheat Petita™<br>Lettuce<br>Mushrooms<br>Tomatoes<br>Cucumbers<br>Green Peppers<br>Cheddar Cheese<br><b>CHOOSE A SAUCE</b><br><input type="checkbox"/> A- Mustard<br><input type="checkbox"/> B- Tzatziki             | <input type="checkbox"/> <b>HUMMUS (VEGGIE)</b><br>Whole Wheat Petita™<br>Lettuce<br>Mushrooms<br>Tomatoes<br>Cucumbers<br>Green Peppers<br>Cheddar Cheese<br><b>CHOOSE A SAUCE</b><br><input type="checkbox"/> A- Honey Mustard<br><input type="checkbox"/> B- Light Mayonnaise | <input type="checkbox"/> <b>TURKEY</b><br>Whole Wheat Petita™<br>Lettuce<br>Mushrooms<br>Tomatoes<br>Cucumbers<br>Green Peppers<br><b>CHOOSE A SAUCE</b><br><input type="checkbox"/> A- honey mustard<br><input type="checkbox"/> B- Light Mayonnaise         |  |

**INSTRUCTIONS:** Complete this order form by the deadline shown at the top if you would like your child to have a Pita Pit Lunch. Fill in your child's name, his/her teacher's name and lunch selection(s). Cross out any ingredients your child doesn't want in his/her pita sandwich. (All toppings NOT crossed out will be included in the pita.) If pitas have sauce options noted A & B, make the appropriate selection on the order form by placing a tick mark to the left of the sauce desired. If no sauce is selected, no sauce will be applied. Return the completed form, along with your payment, to your child's teacher.

LUNCH WILL BE CATERED BY THE PITA PIT AT Prospect Street TEL: \_\_\_\_\_

