

Summary of Discussion from Dialogue Session
May 12th, 2017

Question #1 – Describe your vision – Picture a school that supports all aspects of healthy eating. What would this look like?

- **Community and School Gardens** – all schools have access to a greenhouse or garden where the students are involved in growing fresh produce.
- **Universal Free Lunch Programs** – providing a free nutritious lunch to everyday to every student.
- **Student Involvement** – students are engaged in creating menus, finding recipes and preparing the meals/snacks.
- **Community Involvement** – making it easier for volunteers (target the retired members of the community) to come in and help prepare healthy meals and snacks.
- **Communication and Education (Parents)** – educating the community especially parents about the policy and having them involved in implementation
- **Whole Foods vs Processed Foods** – focusing on preparing and serving whole foods made from scratch rather than serving process pre-prepared foods.
- **Food Environment** – creating a positive atmosphere where all students have enough space and time to eat.
- **Applicable to all age groups** – different nutrition policies for elementary schools and high schools.

Question #2 – What are some strategies and resources that support healthy eating in our schools communities?

- **Human Resources** – hiring a Nutrition Leads for every district to be responsible for overseeing the policy and helping the school principals implement the policy.
- **Access to more grants** – allowing a charitable group such as Nourishing Minds NB to help schools fill out grant forms and setting up ways to receive funding for the breakfast and lunch programs.
- **Menus/Videos/Recipes** – easy access to menus, recipes and other resources available to parents, school administration and cafeterias on a portal or school website.
- **Guidelines vs Policy** – have guidelines for school districts to follow not a policy (let the district come up with their own policies and implementation plans)
- **Strategies for Implementation** – consult with districts, parents, teachers and youth when creating the implementation plan and communication strategies.

Formatted: Highlight

- **School/District Nutrition Committee** – each school or district must have a committee to oversee and help implement the policy.
- **Accountability Food Services** – when the food service providers sign their contract with the district they must adhere to the policy and be held accountable.

Question #3 – How will we know whether Policy 711 is being implemented successfully?

- **Wellness Surveys** – measure the Policy by collecting data through the school wellness surveys.
- **Student lead Evaluations** – have students lead the evaluations and compliance of the policy (create a checklist).
- **District/School Nutrition Committees** – the committee would be responsible for evaluation of the Policy.
- **Clearly define the outcomes** – the outcomes of the policy must be clearly communicated and identified so that districts are aware of their responsibilities.

Formatted: Highlight